# Fatima Cody Stanford, MD, MPH, MPA, MBA

Dr. Stanford, a renowned obesity, nutrition, and wellness expert, bridges the intersections of research, public health, policy, and disparities. Her scientific insights into therapies to treat patients with obesity-behavioral, medication, and surgery, combined with her dynamic public engagement with diverse communities and health policy contributions, improve the health of children and adults.

### **Objective**

Service on a public company board, especially a Biopharmaceutical, Health Technology, Fitness, and Wellness, or Nutrition Company

#### **Pertinent Board/Governance Experience**

- Currently, serve on the advisory boards of Boehringer Ingelheim, Currax, Eli Lilly, Gelesis, Novo Nordisk, Pfizer, Rhythm, Calibrate, Coral Health, Doximity, GoodRx, Illant Health, Lifeforce, Lifeness, Sweetch, Upliv, Veri, and Vira Health; previously served on the advisory board for Alfie.
- Serve on not-for-profit boards of the American Heart Association (Boston), Choosing Healthy Life, Common Threads (served as Vice Chair), and W!ld Concerns.
- Venture advisor for Pier 70 Ventures and Innovation Council for Third Culture Capital
- Mass General Brigham Innovation Board of Directors Diversity Development program
- Experience in numerous therapeutic areas, including cardiovascular diseases, obesity, wellness, nutrition, fitness, and health disparities

# **Education and Post-Graduate Training**

- 2021 **Quantic School of Business and Technology,** Washington, DC Executive Master of Business Administration (M.B.A.)
- 2015 Massachusetts General Hospital/ Harvard Medical School, Boston, Massachusetts Obesity Medicine & Nutrition Fellow
- 2015 **Harvard University- Kennedy School of Government**, Cambridge, Massachusetts Master of Public Administration (M.P.A.)
- 2012 University of South Carolina/ Palmetto Health Richland, Columbia, South Carolina Internal Medicine/ Pediatrics Resident
- 2008 Hospital for Special Surgery & Staten Island Orthopaedics and Sports Med, NYC, New York Orthopaedic Surgery Sports Medicine Fellow
- 2007 **Medical College of Georgia**, Augusta, Georgia Doctor of Medicine (M.D.)
  - Emory University, Atlanta, Georgia
    - Master of Public Health, Health Policy, and Management (M.P.H.)
- 2000 Emory University, Atlanta, Georgia
  Bachelor of Science, Anthropology and Human Biology, Major, Pre-medicine, Dance, Minor

### **Experience**:

2001

- 2015- Harvard Medical School, Boston, Massachusetts
  - Associate Professor of Medicine and Pediatrics
  - Director of Diversity- Nutrition Obesity Research Center at Harvard (NORCH)
- 2015 Massachusetts General Hospital, Boston, Massachusetts
  - Obesity Medicine Physician, Assistant in Medicine, Assistant in Pediatrics, Core Faculty-Mongan Institute of Health Policy, Director of Equity-Endocrine Division
- 2004 **Bristol Myers-Squibb and Medical College of Georgia**, Augusta, Georgia Academic Medicine Fellow and Dean's Summer Research Fellow
- 2001-3 DeKalb Rape Crisis Center, Decatur, Georgia
  - Prevention Coordinator

#### Honors and Awards:

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National Academy of Medicine Scholar in Diagnostic Excellence (2022); Diversity MBA Top 50 Under 50 Emerging Leaders (2022); American Medical Association Dedication to the Profession Award (2021); Massachusetts Medical Society Outstanding Contributions to Medical Education (2021); Emory University Rollins School of Public Health Distinguished Alumni Award (2021); Harvard Medical School Young Mentor Award (2021); The Obesity Society Clinician of the Year (2020); American Medical Women's Association Fellow (2020); Massachusetts Medical Society Reducing Health Disparities Award (2019); Massachusetts Medical Society Suffolk Community Clinician of the Year (19); Massachusetts Medical Society Women's Health Award (2017); Harvard Medical School Harold Amos Diversity Award (2017); National Minority Quality Forum Top 40 Under 40 (2016); AMA Inspirational Physician Award (2015); Fellow of the Obesity Society (2015); Harvard University- Zuckerman Fellow (2014); Harvard Medical School- Excellence in Tutoring (2014); American College of Physicians Johnson Leadership Award (2013); earlier honors/awards-available upon request

### **Selected Leadership Roles and Organizational Involvement:**

- The Obesity Society Board of Directors (2021-Present)
- American Academy of Pediatrics Section on Obesity Communications Chair (2019-Present)
- American College of Physicians Obesity Advisory Committee Chair (2019- Present)
- American Medical Association Minority Affairs Section Chair (2020-1)
- American Heart Association Board Member and Go Red for Women Executive Team (2019-21)
- American College of Physicians Publications Committee (2020-22)
- Massachusetts Medical Society Nutrition and Physical Activity Chair (2018- 20)
- Obesity Medicine Association (OMA) American Medical Association Alternate Delegate (2018-9)
- American College of Physicians Education and Publication Committee (2018-9)
- American College of Physicians Academic Advisory Board (2016-9)
- Massachusetts Medical Society Nutrition and Physical Activity Committee Vice Chair (2017-8)
- Massachusetts Medical Society Young Physicians Section Vice Chair (2017-8)
- American Medical Association Minority Affairs Section Governing Council (2016-21)
- The Obesity Society Advocacy Co-Chair (2016-20)
- American College of Physicians MA Chapter Governor's Council & Health Policy Co-Chair (2013-8)
- Massachusetts Medical Society Committee on Physical Activity and Nutrition Committee (2012-8)
- Obesity Action Coalition Advocacy Member (2013-9)
- World Medical Association Junior Doctors Network Socio Medical Affairs Officer (2012-3)

#### **Expertise and Research Impact**

- More than 400 invited presentations on obesity at local, regional, national, and international meetings.
- Published over 170 peer-reviewed articles, serving as the first author 30 and senior author 90 in obesity and health disparities and one of the most highly cited scientists in the field
- Peer reviewer for more than 60 medical journals on the topics of obesity, nutrition, physical activity, public health, health disparities, and health policy
- Member of grant review committees in obesity for the American Heart Association (AHA) and the governments of Romania and Kazakhstan
- Serve as a clinical expert on obesity for the United States Department of Health and Human Services Office of Women's Health, the American Academy of Nutrition and Dietetics, the American College of Physicians (ACP), Dynamed/Ebsco, and the Robert Wood Johnson Foundation (RWJF).
- Conducted clinical research across a broad spectrum of topics in clinical and policy in obesity medicine
  for pediatric and adult patients, including funding from NIH NIDDK R-Level Award and Diversity
  Supplement, the MGH Physician Scientist Development Award, a Harvard Catalyst pilot award, and a
  sponsor-initiated research project with Amazon
- Over 500 media placements in local, regional, national, and international media news outlets, including CNN, ABC, CBC, NBC, FOX, PS, NPR, Time, Bloomberg, NY Times, Associated Press, Boston Globe, Self, Women's Health, Glamour, AMA News Wire, ACP Internist, Harvard Center for Public Leadership, Harvard Gazette, Boston Herald, STAT News, US News & World Report, Harper's Bazaar, Cosmopolitan