

Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS

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Name: Fatima Cody Stanford

Education

08/96-05/00	Bachelor of Science (BS)	Anthropology & Human Biology (major); Dance (minor)	Emory University- College Atlanta, GA
08/00-08/01	Master of Public Health (MPH)	Health Policy and Management	Emory University- Rollins School of Public Health Atlanta, GA
08/03-05/07	Doctor of Medicine (MD)	General Medicine	Medical College of Georgia School of Medicine Augusta, GA
07/14-05/15	Master of Public Administration (MPA)	Mid-Career Program- Leadership, Policy, and US Politics	Harvard University- Kennedy School of Government Cambridge, MA
03/20-05/21	Master of Business Administration (MBA)	Management Specializations: Advanced Corporate Level Strategy, Strategic Thinking, US Business Law, Startup entrepreneurship	Quantic School of Business and Technology Washington, DC

Postdoctoral Training

07/07-06/08	Clinical & Research Fellow	Orthopaedic Surgery Sports Medicine	Staten Island Orthopaedics & Sports Medicine Staten Island, NY
07/07-06/08	Research Fellow	Orthopaedic Surgery Sports Medicine	Hospital for Special Surgery New York, NY
07/08-06/12	Resident Physician	Internal Medicine/ Pediatrics	Palmetto Health/ University of South Carolina School of Medicine Columbia, SC
07/12-06/15	Clinical & Research Fellow	Obesity Medicine & Nutrition	Massachusetts General Hospital

07/12-06/15 Research Fellow Obesity Medicine & Nutrition Harvard Medical School

Faculty Academic Appointments

07/15-04/19 Instructor Medicine Harvard Medical School

02/16-04/19 Instructor Pediatrics Harvard Medical School

05/19-11/21 Assistant Professor Medicine Harvard Medical School

05/19-11/21 Assistant Professor Pediatrics Harvard Medical School

12/21- Present Associate Professor Medicine Harvard Medical School

12/21- Present Associate Professor Pediatrics Harvard Medical School

Appointments at Hospitals/Affiliated Institutions

07/15-05/18 Assistant in Medicine Medicine; Gastroenterology Massachusetts General Hospital

02/16- Present Assistant in Pediatrics Pediatrics Massachusetts General Hospital

07/18- Present Assistant in Medicine Medicine; Endocrinology-Neuroendocrine Massachusetts General Hospital

Other Professional Positions

06/94-08/94 Research Apprentice Emory University/ National Institutes of Health

05/98-08/98 Biological Anthropology Researcher Emory University SURE Research Program

05/00-08/00 Behavioral Research Intern American Cancer Society

10/00-06/01 “Go Girls” Fitness Coordinator/ “Healthy Body, Healthy Spirit” and WIC Project Assistant Emory University School of Public Health

05/01-08/01 Health Communications Intern Centers for Disease Control & Prevention

12/01-05/03 Prevention Coordinator Dekalb Rape Crisis Center

05/04-08/04 Academic Medicine Fellow Bristol Myers-Squibb

05/04-08/04	Dean's Summer Research Fellow	Medical College of Georgia School of Medicine
07/07-06/09	Resident Physician Advisory Board Member	Elsevier
03/08-08/13	Medical Journalist	LiveStrong.com/ Demand Studios
08/09	"Medicine & Media" Intern	Discovery Channel
10/13-Present	Speaker's Bureau	Academy of Nutrition and Dietetics
10/14-Present	Article Contributor/ Independent Contractor 8 hours/year	Medscape
07/14-Present	Associate	Disparities Solutions Center/ Massachusetts General Hospital
07/15-Present	Affiliated Faculty	Mongan Institute Health Policy Research Center/ Massachusetts General Hospital
07/15-Present	Associate	Boston Nutrition Obesity Research Center (BNORC)
06/15-06/18	Advisory Council Member	MOVE (Making Opportunities Visualizing Empowerment, Inc.)
09/15-06/18	Speaker's Bureau	American Dairy Association and Dairy Council, Inc.
07/16-Present	Advisory Board 8 hours/year	Novo Nordisk
10/16-Present	Medical Advisor 16 hours/year	Doximity
08/18-Present	Social Media Editorial Advisory Board 2 hours/year	MedPage Today
11/19-Present	Medical Advisor and Board Member Vice Chair (9/20- Present) 20 hours/year	Common Threads
12/19-Present	Medical Advisor 16 hours/year	GoodRx

06/20- Present	Clinical Advisor 8 hours/year	Calibrate
07/20- Present	Advisory Board 5 hours/year	Men's Health Magazine
10/20- Present	Editorial Board 2 hours/year	Healio
11/20- Present	Innovation Council 12 hours/ year	Third Culture Capital
01/21- Present	Senior Clinical Advisor and Co-Founder 156 hours/year	Coral Health
02/21- Present	Advisory Board 8 hours/year	Boehringer Ingelheim
03/21- Present	Advisory Board 8 hours/year	Currax Pharmaceuticals
05/21- Present	Venture Advisor 36 hours/ year	Pier 70 Adventures
08/21- Present	Advisory Board 8 hours/year	Rhythm Pharmaceuticals
09/21- Present	Advisory Board 8 hours/year	Pfizer
01/22- Present	Advisory Board 10 hours/ year	Choose Healthy Life
03/22- Present	Clinical Advisor 8 hours/year	Veri
03/22- Present	Clinical Advisor 8 hours/year	Lifeforce
03/22- Present	Health Equity Advisor 10 hours/year	W!LD/ Close Concerns
04/22-10/22	Clinical Advisor 8 hours/year	Alfie
08/22- Present	Clinical Advisor 12 hours/year	Sweetch https://www.prnewswire.com/il/news-releases/sweetch-strengthens-advisory-board-with-appointment-of-obesity-

[medicine-expert-and-innovator-dr-fatima-cody-stanford-301679744.html](https://www.stanford.edu/news/healthcare/2021/06/06-fatima-cody-stanford-301679744.html)

12/22- Present	Clinical Advisor 8 hours/ year	Dox Health
10/22- Present	Clinical Advisor 12 hours/ year	Ilant Health
12/22- Present	Clinical Advisor 8 hours/ year	Lifeness
12/22- Present	Clinical Advisor 8 hours/ year	Vira Health
12/22- Present	Clinical Advisor 8 hours/ year	Upliv

Major Administrative Leadership Positions

Local

2003-2004	Student Course Coordinator	Medical College of Georgia School of Medicine, Students for Community Involvement
2016-Present	Obesity Medicine Subspecialty Elective Director (Internal Medicine)	Massachusetts General Hospital
2019-Present	Diversity Scholar Co-Director	Nutrition Obesity Research Center at Harvard (NORCH)
2019- Present	Director of External Consultative Care	Massachusetts General Hospital Weight Center
2020- Present	Director of Diversity	Nutrition Obesity Research Center at Harvard (NORCH)
2020- Present	Director of Anti-Racism Initiatives	Massachusetts General Hospital Neuroendocrine Unit
2021- Present	Director of Equity	Massachusetts General Hospital Department of Medicine Endocrine Division

National

2020-Present	Workshop Series Director	National Institutes of Health (NIH) Nutrition Obesity Research Center (NORC) Underrepresented in Academic (URiA)
	Director of NRMN Scholars	Building Up Intervention- MGH
2021- Present	Diversity Equity and Inclusion Senior Advisor/ Director of the NORC Working Group on Workforce Diversity	National Institutes of Health (NIH) Nutrition Obesity Research Center (NORC)

Committee Service

Local

1996-1998	Emory University College Council	Freshman & Sophomore Representative
1997-1999	Emory MLK Scholar Selection Committee	Student Committee Representative
1998-1999	Emory University College Council	Vice-President
1998-1999	Emory President's Commission on the Status of Women	Undergraduate Representative
1999-2000	Emory Scholars Selection Committee	Student Committee Representative
1999-2000	Emory Intersorority Council	President
1999-2000	Emory Dance Company	Student Choreographer
1999-2000	Emory Women's Center	Advisory Board Member
2003-2004	Class President	Medical College of Georgia School of Medicine Class of 2007
2004-2005	Admissions Committee	Medical College of Georgia School of Medicine
2008-2012	Ethics Committee	Palmetto Health/ University of South Carolina School of Medicine
2012-2014	Course Development Committee	Harvard Blackburn Obesity Medicine Course
2013-Present	Joint Committee on the Status of Women	Harvard Medical School/Harvard Dental School
2013-Present	Disparities Solution Center (DSC) Associate Member	Massachusetts General Hospital
2014-2015	Student Ambassador	Harvard Kennedy School of Government

2014-2015	Zuckerman & Gleitsman Fellow Field Experience- Obesity Section Lead	Harvard Kennedy School of Government Center for Public Leadership
2015-2018	Partners eCare Pediatric Population Health Committee	Partners Health Care
2015-Present	Department of Medicine Diversity and Inclusion Board- Underrepresented Minority Working Group	Massachusetts General Hospital
2015-2018	Department of Medicine Morton N. Swartz, MD Initiative- support of healthcare through continuum of career	Massachusetts General Hospital
2015-Present	Women's Mid-Career Admissions Initiative	Harvard Kennedy School of Government
2017-Present	Executive Committee on Research (ECOR) Subcommittee on Review of Research Proposals (SRRP)	Massachusetts General Hospital
2017-Present	Diversity Awards Advisory Committee	Harvard Medical School
2018-Present	Visiting Clerkship Program (VCP) Advisor	Harvard Medical School
2018-Present	Health Decisions Sciences Center Weight Based Decision Aid Reviewer	Massachusetts General Hospital
2018-Present	Data Safety Monitoring Board (DSMB) Zoledronic Acid to Prevent High-turnover Bone Loss after Roux-en-Y Gastric Bypass Surgery (PI: Yu)	Massachusetts General Hospital
2018-Present	Executive Committee	Nutrition Obesity Research Center at Harvard (NORCH)
2018-Present	Midlife Women's Health Center Leadership Team	Massachusetts General Hospital
2018-Present	Diversity and Equity Committee Member	Massachusetts General Hospital for Children
2019-Present	Nutritional/Lab Standardization Assessment Group	Partners Healthcare

2020- Present Equity Leadership Council Massachusetts General Hospital

2020- Present COVID-19 Equity Team Massachusetts General Hospital

2021- Present Honors Examiner- Honors in a Special Field Program Harvard Medical School

Regional

2001-2003 Local Public Health Assessment Dekalb County Board of Public Health

2002-2003 Program Committee Georgia Network to End Sexual Assault

National and International

2002-2003 Sexual Assault Advisor National Center for Victims of Crime

2013-2016 Health Workforce Diversity, Expansion, and Training Group Member (Title III of Health Equity and Accountability Act) Health Equity and Accountability Community Working Group (Patient Protection and Affordable Care Act (ACA), Washington, DC)

High Impact Minority Disease Group Member (Title VII of the Health Equity and Accountability Act)

2017- Present Undergraduate College Interviewer Emory University

2018- Present Accredited Health Professional Training/Education (Childhood/Adolescent Obesity) Technical Expert Panel US Department of Health and Human Services Office of Women’s Health

2018- Present Top 40 Under 40 Reviewer Emory University

2018- Present Ambassador National Institutes of Health Loan Repayment Program

2019- Present Diabetes and Cardiovascular Disease Advisory Group National Minority Quality Forum and Sustainable Communities

2019- 2020 Action Collaborative (AC) on Preventing Sexual Harassment in Higher Education Advisory Committee National Academies of Science, Engineering, and Mathematics

2019- Present	Childhood Obesity Expert	Robert Wood Johnson Foundation- Childhood Obesity Prevention Group
2019- Present	Underrepresented Minorities Workshop Committee	Nutrition Obesity Research Centers (national)
2019- Present	Subject Matter Expert- Certificate of Training in Obesity for Pediatrics Pharmacotherapy Module	Academy of Nutrition and Dietetics
2020- Present	Abstract Reviewer	American Diabetes Association
2020- Present	Executive Committee Member- Diversity	NIH NIDDK Nutrition Obesity Research Centers
2021- Present	Subject Matter Expert- Obesity in Older Adults: Succeeding in a Complex Clinical Situation	The Gerontological Society of America
2021- Present	External Advisory Committee	University of Washington Nutrition and Obesity Research Center (UW NORC)
2021- Present	Minority Health Leaders Roundtable	White House
2022- Present	BRIDGES: Bringing Resources to Increase Diversity, Growth, Equity and Scholarship in/for Obesity, Nutrition, and Diabetes Research	NIH NIDDKx

Professional Societies

2000-2001	American College of Health Care Executives (ACHE)	Emory Chapter Secretary
2000-2001	Association of Teachers of Preventive Medicine (ATPM)	Health Communications Intern
2000-2001	Georgia Public Health Association	Emory Chapter Public Relations Chair
2000-2001	Association of Black Public Health Students	Emory Chapter Member

2003-2007; 2018- Present	American Medical Women's Association 2020-Present	Member Mentorship Committee Member
2003-2008	2022-Present American College of Surgeons (ACS) 2005-2007	Obesity Advocacy Lead Committee on Women's Issues
2003-2008	Association of Women Surgeons (AWS) 2004	Georgia Chapter Founder
	2004-2005	Medical Student Section Vice Chair and Chair Elect
	2004-2007	Chapter Development & Liaison Committee Representative
	2005-2006	Medical Student Section Chair
2003- Present	American Medical Association (AMA) 2008-2010	Resident & Fellow Section Public Health Committee Chair
	2010-2012	Resident Outreach Liaison
	2016-Present	Minority Affairs Section At-Large Delegate
	2016-Present	Women's Physician Section
	2017-Present	Academic Physicians Section
	2017-Present	Physicians of Tomorrow Judge
	2017-Present	Research Symposium Judge
	2017-Present	Ambassador
	2018-Present	Physician Education Panel
	2019-2020	Minority Affairs Section Vice Chair
	2020-2021	Minority Affairs Section Chair
	2020-Present	Minority Affairs Section Alternate Delegate
	2021-Present	Minority Affairs Section Immediate Past Chair
2004-2007	Student National Medical Association (SNMA) 2004-2005	Local Chapter Parliamentarian
2004-2008	Christian Medical & Dental Association	Member
2005-2007	Medical Association of Georgia (MAG)	Member
2008- Present	American Academy of Pediatrics (AAP) 2010-2011	Interim Delegate to the American Medical Association Resident & Fellow Section

	2019- Present	Section of Obesity (SOOb) Executive Committee
	2019-Present	Section of Obesity (SOOb) Communications Chair
2008- Present	American College of Physicians (ACP) 2013-2020	Massachusetts Governor's Council
	2014- 2017	Massachusetts Health and Public Policy Committee Co-Chair
	2015-Present	Obesity Special Interest Group (SIG) Facilitator
	2015	Centennial Meeting African American Reception Host
	2015-Present	Massachusetts Medical Student Poster Competition Judge
	2016- Present	ACP Academic Advisory Board
	2017- Present	ACP Representative- Obesity Medicine Education Collaborative Steering Committee (OMEC) for ACGME competencies in obesity medicine
	2018-2019	ACP Education and Publication Committee
	2018-Present	ACP National Poster Judge
	2018-Present	ACP Speaker's Bureau
	2019-2022	ACP Publication Committee
	2019-Present	Massachusetts Academic Advisory Committee
	2019-Present	STOP Obesity Alliance Roundtable
	2019-Present	ACP Obesity Advisory Committee Chair and Lead Subject Matter Expert
2008- 2012	South Carolina Medical Association (SCMA) 2009-2010	

		Resident & Fellow Section At-Large Member / Delegate
2010-2011		
		Resident & Fellow Section Chair & Resident & Fellow Section Board of Trustees Representative
2011-2012		
		Resident Fellow Section Immediate Past Chair
2008- 2014	American Association of Public Health Physicians (AAPHP)	Member
2010- 2012	Southern Medical Association	Member
2011- 2014	Society of General Internal Medicine	Member
2011-2013	Pediatric Academic Societies	Member
2011- Present	World Medical Association	Member
	2012-2013	Junior Doctors Network Socio-Medical Affairs Executive Board Member Co-author of WMA Statement on Physician Well Being: http://www.wma.net/en/30publications/10policies/p9/index.html
2012- Present	Association of Multicultural Members of Partners	Member
2012- Present	Massachusetts Medical Society 2013	Resident & Fellow Section Delegate to AMA
	2013- 2014	Committee on Diversity in Medicine
	2013- Present	Suffolk District Delegate
	2014- Present	Committee on Nutrition and Physical Activity Co-Author of 1) Preventing Weight Stigma and Discrimination toward Persons with Obesity and 2) Updates to MMS Policies on Obesity and Physical Activity
	2015- 2017	Committee on Young Physicians
	2017- 2018	Committee on Young Physicians Vice Chair
	2015- 2016	Committee on Member Services
	2015- Present	Research Symposium Judge
	2016- 2018	

	2018- 2020	Task Force on Ensuring Representative Diversity in MMS Leadership Pathways
	2019- 2020	Committee on Nutrition and Physical Activity Chair
	2020- 2021	Women’s Physician Section Taskforce
	2021-2022	Anti-Racism Advisory Group Media Subject Matter Expert- Internal Medicine, Pediatrics, Obesity Medicine
2012- Present	The Obesity Society	Member
	2015- Present	Fellow
	2016- 2019	Advocacy Committee Co-Chair
	2017- Present	Scientific Meeting Abstract Scorer
	2017- 2019	Annual Program Committee- Policy
	2017	TOS Annual Meeting Spokesperson
	2020- Present	Fellowship Sub-Committee
	2021- Present	Awards Committee
	2021- Present	Public Affairs, Advocacy, and Regulatory Board of Directors Member
2012- Present	World Obesity Federation	Member
	2022-Present	Publications Committee
2013- Present	Obesity Action Coalition	
	2013- Present	Advocacy Committee
2014- Present	Cambridge Fellows	Harvard Fellow Member
2015- Present	NIH NIDDK Network of Minority Health Research Investigators (NMRI)	Member
2015- Present	American Board of Obesity Medicine (ABOM)	Diplomate
	2018-Present	Outreach and Awareness Committee
2016- Present	Cochrane	Reviewer
	2017-Present	International Member
2017- Present	National Medical Association	Member
	2020-Present	Delegate for Massachusetts- House of Delegates

2017-2020	Obesity Medicine Association	Member
	2017- 2020	Obesity Treatment Foundation (OTF) Committee to create practical handbook/ toolkit for Health Care Practitioners
	2018- 2019	American Medical Association (AMA) Alternate Delegate
	2018- 2019	MA State Advocacy Representative (STAR)
2017- Present	American Heart Association (AHA) 2017-Present	Council on Lifestyle and Cardiometabolic Health
	2017-Present	Council on Quality of Care and Outcomes Research
	2019	AHA Representative to National Obesity Collaborative Care Summit
	2019-2021	Go Red for Women Leadership Team- Boston
	2020-2022	Quality of Care and Outcomes Research (QCOR) Specialty Conference Program Committee Member
	2020-2022	Division Board Member- Boston
	2020-Present	Lifestyle Obesity Committee Member- Council on Lifestyle and Cardiometabolic Health
	2022	AHA Representative to American Association of Clinical Endocrinologists (AACE) Obesity Consensus Panel
2018- 2021	Time's Up Healthcare 2019-2021	Founding Member Media Team Member
2019- Present	Academy at Harvard Medical School	Member
2019- Present		Member

Hollywood, Health, and Society- University
of Southern California Annenberg Norman
Lear Center

2020- Present	New England Medical Association	Advisor
2020-2022	American Society of Nutrition	Member
2022- Present	Center for Women in Academic Medicine and Science	Faculty Advisory Network Member

Grant Review Activities

2011- Present	Foreign Research Evaluation 2011- Present	Romanian Government National Council for Scientific Research Expert Foreign Research Evaluator
2015- Present	Pilot & Feasibility Grant 2018- Present	Nutrition Obesity Research Center at Harvard (NORCH) Peer Reviewer
2019- Present	Expert Reviewer	Kazakhstan National Center of Science and Technology Evaluation (NCSTE)
2021- Present	Grant Reviewer	The Ohio State University Center for Clinical and Translational Science Artificial Intelligence and Machine Learning In Translational Science and Human Health
2022- Present	Grant Reviewer	Oak Ridge Associated Universities (ORAU) Nazarbayev University Research Council in Astana, Kazakhstan

Editorial Activities <https://publons.com/a/493833/>

Ad-Hoc Reviewer

Academic Medicine
Acta Paediatrica
American Association of Clinical Endocrinologists (AACE) Journals
American Heart Journal (AHJ)
American Journal of Clinical Nutrition (AJCN)
American Journal of Preventive Medicine (AJPM)
American Journal of Public Health (AJPH)
AMA (American Medical Association) Journal of Ethics
Annals of Internal Medicine
Applied Physiology, Nutrition, and Metabolism

BMC Medicine
BMC Pediatrics
BMJ Best Practice
BMJ Case Reports
BMJ Open
Bulletin of the World Health Organization
Cardiovascular Diabetology
Childhood Obesity
Cochrane Systematic Reviews- Cochrane Heart
Contemporary Clinical Trials
Diabetes/Metabolism Research and Reviews
Digital Health
Eastern Mediterranean Health Journal
Endocrine, Metabolic & Immune Disorders - Drug Targets
Expert Opinion on Pharmacotherapy
Frontiers in Pediatrics
Global Health Research Review
Health Equity
International Journal of Molecular Sciences (IJMS)
International Journal of Obesity (IJO)
Journal di Pediatria
Journal of Clinical Psychiatry
Journal of Health Care for the Poor and Underserved
Journal of Medical Systems
Journal of the American Heart Association (JAHA)
Journal of the American Medical Association (JAMA)
Journal of the American Medical Association Pediatrics
Journal of the National Medical Association (JNMA)
Journal of Physical Activity and Health (JPAH)
Journal of Racial and Ethnic Health Disparities (REHD)
Journal of Sport and Health Science
Journal of Women's Health
Lancet Diabetes and Endocrinology
Mayo Clinic Proceedings
Medical Education
Medical Research Archives
Menopause
Minerva Pediatrica
Molecules
Nature Communications
New England Journal of Medicine (NEJM)
Nutrients
Nutrition
Obesity
Obesity Reviews
Obesity Science and Practice
Open Access Journal of Sports Medicine
Pediatrics

Pediatric Obesity
 Physician and Sportsmedicine
 PLoS One
 Postgraduate Medical Journal (PMJ)
 Preventing Chronic Disease (PCD)
 Preventive Medicine (PM)
 Preventive Medicine Reports
 Psychosomatics
 Revue d'Epidémiologie et de Santé Publique
 Scientific Reports
 Stigma and Health

Other Editorial Roles

2004-2009	Medical Text Reviewer	Lippincott, Williams, and Wilkins
2004-2009	Medical Text Reviewer	McGraw Hill
2004-2010	Copy Editor/ Journalist	Journal of the National Medical Association
2005-2006	Executive Editor	Journal of the Student National Medical Association
2009-2010	Theme Issue Editor (Obesity)	American Medical Association Journal of Ethics
2012-2014	Peer Reviewer	American Journal Experts
2013-Present	General Editor- Internal Medicine, Pediatrics, and Obesity	EBSCO/ Dynamed
2016-Present	Associate Editor of Pediatric Gastroenterology and Hepatology	Frontiers in Pediatrics
2017-2019	Topic Editor: Childhood Obesity Treatment	Frontiers in Pediatrics
2017-Present	Healthy Weight Website Reviewer	US Department of Health and Human Services (HHS) Office of Women's Health
2017-Present	Editorial Board	International Journal of Obesity (IJO)
2017-Present	Editorial Board	Health Equity
2017-Present	Peer Reviewer	Research Square
2019-Present	Peer Reviewer	MIT Press
2019-2020	Editorial Board	International Journal of Environmental Research and Public Health (IJERPH)

2020-Present	Deputy Editor		Contemporary Clinical Trials
2021-Present	Editorial Board		Endocrine Today
2021-Present	Editorial Board		Childhood Obesity
2022-Present	Associate Editor		Frontiers in Public Health
2022-Present	Commissioner		Lancet Commission on Clinical Obesity in partnership by The Lancet Diabetes & Endocrinology (TLDE) and King's Health Partners (KHP)

Honors and Prizes

1996-2000	Emory MLK Scholarship	Emory University	Selected for full undergraduate merit/academic scholarship to attend Emory University
1996-2000	Governor's Scholarship	State of Georgia	Chosen for undergraduate scholarship for being selected as high school valedictorian
1996-2000	Georgia Pacific Scholar	Georgia Pacific Corporation	1 of 3 community scholars selected from region for undergraduate scholarship
1997	Herman L. Reese Community Service Award	Emory Caucus of Emory Black Alumni (CEBA)	Community service rendered to Emory and greater Atlanta
1999	Precious Petal Award	Delta Sigma Theta Sorority, Inc.	Most outstanding collegiate sorority woman in the Southern Region
1999	Multicultural Award of Excellence	Emory Office of Multicultural Programs & Services	Received for Leadership/Service to the Emory community
2000	Emory College Hall of Fame	Emory University	1 of 4 students for highest honor in Emory College for scholarship, leadership, and service to Emory community
2000	Outstanding Contribution to the Greek Community	Emory Office of Greek Life	Sorority woman who has contributed most to betterment of the Greek community

2000	Greek Woman of the Year	Emory Office of Greek Life	Service and Leadership to the Greek community
2000	Multicultural Award of Overall Excellence	Emory Office of Multicultural Programs & Services	Received for Academic Excellence and Leadership/Service to Emory
2000	Black Student Alliance Outstanding Leadership	Emory University	Selected as the undergraduate with the greatest leadership contribution to the Emory community
2000	Order of Omega Honor Society	Emory Office of Greek Life	Academic Achievement and Contribution to Emory
2000	Class Marshal	Emory University Dean's Office	Chosen to lead graduating class at Commencement Services
2001	Gold Congressional Medal	United States Congress	Highest honor Congress bestows upon youth for volunteerism, physical fitness, personal development, and expedition
2003-2007	George Stoney Medical Scholar	Stoney Medical Foundation	Recipient of full tuition scholarship to Medical College of Georgia School of Medicine
2003-2004	National Minority Leadership Award	United States Achievement Academy	Selected for outstanding leadership at the Medical College of Georgia School of Medicine
2005	Wilbert C. Jordan Best Overall Clinical Research Presentation	Student National Medical Association	Best Clinical Research presentation at 21 st annual research competition
2005	Best Overall Clinical Science Presentation	Eastern Atlantic Student Research Forum	Best Overall Clinical Science Presentation at 31 st Annual ESRF competition
2005	Best Orthopaedic Surgery Poster	National Student Research Forum	Best Poster Presentation at 46 th Annual NSRF competition
2005	Foundation Leadership Award Recipient	American Medical Association	1 of 20 medical students selected in the nation for outstanding non-clinical leadership in

			advocacy, community service, and education
2006	Medical Student Scholarship	Ruth Jackson Orthopaedic Society	1 of 2 female medical students selected to attend American Academy of Orthopaedic Surgery annual meeting
2006	Timothy J. Stephens Jr., MD Award	National Medical Association	3 rd Place Recipient of the Orthopaedic Section Research Competition
2006	Visiting Clerkship Program Participant	Harvard Medical School Office for Diversity and Community Partnership	Selected to participate in Harvard Medical School Exchange Clerkship Program
2007	General Scholarship	Medical College of Georgia School of Medicine	Monetary award for academic qualifications
2007	National Dean's List	Medical College of Georgia School of Medicine	Selected for academic excellence demonstrated by G.P.A.
2008	Intern of the Month	Palmetto Health/ University of South Carolina School of Medicine Department of Internal Medicine	Selected by internal medicine chief residents for superior performance on clinical rotation
2009	Resident Physician Teacher of the Rotation	Palmetto Health/ University of South Carolina School of Medicine Department of Pediatrics	3 rd year medical students select the best resident teacher for their 8-week clinical rotation
2009	Paul Ambrose Award	American Medical Association	Selected as the resident physician who has contributed the most to the field of public health
2010	1 st Place Oral Research Competition	American College of Physicians- South Carolina Chapter	Best Oral Research Presentation
2010	1 st Place Health Policy Poster	American Medical Association	Best Health Policy Poster
2011	<i>Be Our Voice</i> Legislative Conference Scholar	American Academy of Pediatrics	1 of 20 pediatric residents chosen for advocacy training on children's rights on Capitol Hill

2011	1 st Place Poster Competition	South Carolina Medical Association	1 st place recipient of the Residents & Students Scientific poster competition
2012	Regional Candidate	White House Fellows	Selected as a regional candidate for the White House Fellows. 90 candidates selected from 1000+ applications in the US
2012	Excellence in Ambulatory General Medicine	Palmetto Health/ University of South Carolina School of Medicine	Presented to the resident who best demonstrates the competencies of an ambulatory general internist through participation in the Ambulatory IM block and continuity clinic experience
2012	Top 40 Health Professional Under 40	National Medical Association	Awarded to individuals under the age of 40, in the Health Professional Community, who are working to change the face, practice, and future of medicine for the better.
2013	Johnson Leadership Award	American College of Physicians	The award recognizes an Associate member of the College who has demonstrated qualities that exemplify the College's mission "to enhance the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine."
2013	Certificate in Applied Biostatistics	Harvard Catalyst	Selected for 35-week course in Applied Biostatistics
2013	Loan Repayment Program Grantee	National Institutes of Health Health Disparities	Selected by National Institute on Minority Health and Health Disparities (NIMHD) to complete research in obesity health disparities research.
2014	Certificate of Excellence in Tutoring	Harvard Medical School	Awarded to HMS faculty who serve as tutors in the required New Pathway courses in Years I and II and receive a score of 1.25 or above based on evaluation of

			students in their tutorial group with a minimum of 6 evaluations received, 6 minimum teaching sessions in the Health Policy course.
2014	Zuckerman Fellow	Harvard University	Selected by the Harvard Committee on General Scholarships for full tuition and co-curricular program for fellowship which equips people from the fields of medicine, law, and business to provide leadership for the common good.
2015	Fellow	The Obesity Society	Fellowship is one of the highest honors The Obesity Society bestows, and this prestigious mark of distinction highlights contributions to the field of obesity research, treatment, and prevention.
2015	Inspirational Physician Honoree	American Medical Association- Women Physicians Section	The Inspirational Physician program is designed to recognize physicians who have contributed to the achievements of women in the medical profession.
2015	Young Leadership Award	American College of Physicians- MA Chapter	Recognition for dedication and volunteerism to the MA Chapter of the American College of Physicians.
2016	Top 40 under 40 Leaders in Health	National Minority Quality Forum	The award recognizes all of your accomplishments in the healthcare field and our potential to continue positively impacting minority communities.
2016	Fellow	American Academy of Pediatrics	Fellowship is based upon board certification in pediatrics and an ongoing commitment to lifelong learning and advocacy for children.

2016	Fellow	National Institutes of Health/ National Medical Association	Fellowship for physicians preparing for careers in research or academic medicine and especially those who are interested in research in disease areas that disproportionately impact the health of minorities and underserved communities.
2016	Nominee	Harvard Medical School	Nominee for the Donald O’Hara Faculty Prize for Excellence in Teaching (Years I & II)
2016	Nominee	Massachusetts General Hospital	Nathaniel Bowditch Prize recognizes significant contributions to enhance the delivery of quality patient care while also reducing the cost of that care.
2017	Young Achiever	American College of Physicians	Members in training or early career who have been selected for an ACP award or who have been successful in a ACP competition.
2017	Harold Amos Faculty Diversity Award	Harvard Medical School	The Harold Amos Diversity Award has been established to recognize HMS/HSDM faculty (clinical, pre-clinical, research, administrative) who have made significant achievements in moving HMS/HSDM toward being a diverse and inclusive community.
2017	Women’s Health Award	Massachusetts Medical Society	The Women’s Health Award recognizes a physician for outstanding contributions advancing Women’s Health in Massachusetts.
2017	Top 40 under 40 Inaugural Class	Emory University	The Top 40 under 40 are selected based upon whose professional success represents the significant reach and impact of Emory Alumni.

2017	Honorable Mention	National Compassionate Caregiver of the Year Award	The Schwartz Center for Compassionate Healthcare selects health providers and care teams who demonstrate empathy for patients and families.
2018	Fellow	American College of Physicians (ACP)	Invited Fellowship is an honor achieved by physicians who are recognized by ACP leaders for their personal integrity, superior competence in internal medicine, professional accomplishment, and demonstrated scholarship.
2018	Newsworthy Abstract and Presidential Poster Competition	Endocrine Society (ENDO)	Abstract selected for being particularly newsworthy singled out for special media attention in annual Research Summaries Book (RSB). It was also selected for Presidential Poster Competition for a top-scoring abstract.
2018	NIH R13 Early Career Investigator Award	National Medical Association (NMA)	Selected by the NMA Internal Medicine Section to deliver a podium presentation on obesity and body image in the Black community.
2018	Loan Repayment Program Grantee	National Institutes of Health (NIH) Clinical Research	Selected by National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) to complete clinical research in obesity while receiving funding to pay for qualified student loan debt.
2019	Suffolk Community Clinician of the Year Award (CCYA)	Massachusetts Medical Society (MMS)	Selected as a physician in the community who has provided service “above and beyond the call” to his or her own patients.
2019	Reducing Health Disparities Award	Massachusetts Medical Society (MMS)	The Committee on Diversity in Medicine recognizes an individual who has made outstanding contributions to reducing health disparities due to race, ethnicity, socioeconomic status, age, education, disability,

			geographic location, sexual orientation, and other determinants.
2019	Fellow	American Heart Association (AHA)- Council on Lifestyle and Cardiometabolic Health	Fellowship recognizes and awards premium professional members for excellence, innovative and sustained contributions in the areas of scholarship, practice and/or education, and volunteer service within the AHA/ASA.
2020	Merit Based Scholarship	Quantic School of Business and Technology	Selected for a partial merit-based scholarship to pursue the highly selective Executive MBA.
2020	Anne Klibanski Visiting Scholar Award	Massachusetts General Hospital (MGH)	Presented to women faculty clinicians, educators, researchers and women postdocs at MGH, who have shown exceptional promise as leaders in their field and whose careers would specifically benefit from speaking, mentoring and networking opportunities at the national or international level.
2020	Clinician of the Year	The Obesity Society	Founded in 2015 by the Clinical Management of The Obesity Section of the Society to recognize significant contributions for the evidenced-based treatment of obesity.
2021	Fellow	American Medical Women's Association	The American Medical Women's Association Fellowship Program serves to recognize and honor distinguished members of AMWA who have accomplished outstanding achievements in science, medicine or academia.
2021	Semi-Finalist	STAT News	Selected as top 4 of 64 finalists for best innovations in biomedicine in STAT Madness Bracket Competition on

Diversity in COVID-19
Messaging

2021	Dr. Edmond and Rima Cabbabe Dedication to the Profession Award	American Medical Association	Recognizes a physician who demonstrates active and productive improvement to the profession of medicine through community service, advocacy, leadership, teaching, or philanthropy. https://youtu.be/7mEj6o0BoRI
2021	Young Mentor Award	Harvard Medical School	The Young Mentor Award was established in 2005 to recognize faculty who are still in the early stages of their career but are devoting their time to providing mentoring for others.
2021	Grant V. Rodkey, MD Award for Outstanding Contributions to Medical Education	Massachusetts Medical Society	Presented annually to a physician who has demonstrated outstanding commitment to the education and welfare of medical students and who has made significant contributions to medical students, both in the hospital and in organized medicine.
2021	Outstanding Manuscript Award	Nutrition Obesity Research Center at Harvard (NORCH)	This annual outstanding manuscript award is intended for an Assistant Professor, Instructor, or Post-Doctoral Fellow who has made a significant scientific contribution as First Author of a manuscript.
2021	Distinguished Alumni Award	Emory Rollins School of Public Health	Each year the Rollins School of Public Health presents an award to an alumnus/a who has made an outstanding contribution in the field of public health. Given in recognition of a lifetime of career achievement, recipients exemplify dedication to the public health ideals of promoting health and preventing disease.

2021	Friend of Weight Management Dietetic Practice Group	Academy of Nutrition and Dietetics	To honor a respected professional whose work has enhanced the field of weight management and who has been a consistent supporter of Registered Dietitian/Nutritionists (RDNs) and the DPG
2021	Mentoring for Diversity and Inclusion Award	Nutrition Obesity Research Center at Harvard (NORCH)	To recognize a faculty member who has provided meaningful, sustained mentorship to young investigators from underrepresented in medicine (URM) backgrounds in the fields of nutrition, obesity, and metabolism.
2022	Dr. Anthony E. Karpas Memorial Lecture Award	Georgia Society of Endocrinology	Selected for annual award based upon commitment to equity and education about obesity named in honor of the 1 st president of the society.
2022	Memorial Lecture Award	Department of Nutrition Federal University of Santa Catarina- Florianopolis, Brazil	Selected for inspiring, making more effective health professionals, and promoting international research collaboration.
2022	Scholar in Diagnostic Excellence	National Academies of Medicine (NAM)	Selected as an exceptional individual interested in focusing on diagnosis-related work from a broad range of disciplines and professions.
2022	Top 100 under 50 Emerging Leaders	Diversity MBA	Chosen for impact on leadership based upon your position within my company, scope of responsibility, civic achievement, and the advanced degree held.

Report of Funded and Unfunded Projects

Funding Information

Past

- 1994 **The expression of recombinant flavodoxin in *Escherichia coli***
 Emory/NIH Minority Research Apprentice Program Grant
 Co-Investigator; PI: Dale Edmondson, PhD
 The major goal of the study was to determine the quantity of recombinant flavodoxin that could be obtained through column chromatography. Flavodoxin is capable of converting nitrogen in the air into nitrogenous compounds that can be used in the soil.
- 1998 **The prevalence of tetracycline labeling in a Nubian X-Group (24-I-3) Population 350-550 CE**
 Emory Summer Undergraduate Research Program (SURE) Grant
 Co-Investigator, PI: George Armelagos, PhD
 The major goal of this study was to determine the prevalence of tetracycline in ancient Nubian femurs.
- 2003 **Remodeling of transplanted fascia in developmental joint reconstruction**
 Bristol Myers Squibb National Medical Fellowship/ Medical College of Georgia Dean's Research Program
 Principal Investigator; Total funds: \$7000
 The major goal of this study was to determine if a New Zealand white rabbit autologous lumbar fascia graft that was placed in a transmetaphyseal fashion would cause varus or valgus deformities or cause leg length discrepancy when compared with the contralateral non-operative limb.
- 2009 **Determining the level of physical activity in attending physicians, resident and fellow physicians, and medical students in the United States**
 Richland Memorial Hospital Research & Education Fund
 Principal Investigator, Total Funds: \$3500
 The major goal of this study was to determine the level of physical activity in a representative sample in the physician population. Studies indicate that physicians that are more active are more likely to encourage such behavior in their patient population.
- 2011 **Moving and Losing: A pilot study incorporating physical activity to decrease obesity in the pediatric population.**
 Richland Memorial Hospital Research & Education Fund, University of SC IRB Study # Pro00008206
 Principal Investigator, Total Funds: \$5875
 The major goal of this study was to determine if the incorporation of pedometers and age-appropriate fitness DVDs had an impact on physical activity and obesity parameters in a cohort of overweight and obese children and adolescents.
- 2014- 2015 **Patient Race and the Likelihood of Undergoing Bariatric Surgery Among Patients Seeking Surgery**
 National Institutes of Health (R01DK073302)
 Co-Investigator, PI: Christina Wee, MD, MPH
 The major goal of this study was to determine whether ethnic minority adults who seek bariatric surgery are less likely to proceed with surgery than Caucasians.

2015

Bariatric Surgery and the influence of an individual's weight perception on its acceptance in the US

ConscienHealth, PI: Caroline Apovian, MD

Co-Investigator

The major goal of this study was to assess the proportion of U.S. adults with excess weight and obesity who consider bariatric surgery to be appropriate for themselves and how their own weight perception influences this consideration.

2014-2015 **Employer Wellness Programs, Weight Outcome Hurdles, and Obesity Treatment Access**

ConscienHealth, PI: Ted Kyle, RPh

Co-Investigator

The major goal of this study was to assess whether US employers (1) requires participation in a wellness program to receive full health benefits; (2) sets goals for weight and other health indicators; and (3) includes coverage for evidence-based obesity treatment in their health plan.

2015-2016 **Demonstrating the use of combination therapy (bariatric surgery and anti-obesity medication) the treatment of moderate to severe obesity**

Principal Investigator \$50,000

Department of Medicine, Division of Gastroenterology, Massachusetts General Hospital
The major goal of this study was to demonstrate that multiple modalities are often needed to achieve a healthy weight in patients with moderate ($BMI \geq 35-39.9$) to severe obesity ($BMI \geq 40$) in conjunction with bariatric surgery. Bariatric surgery patients often have inadequate weight loss or weight regain after bariatric surgery. We sought to demonstrate that anti-obesity medications are an important tool to use as an adjunct for weight loss in this patient population.

2015-2018 **Bone Metabolism in Adolescents Undergoing Bariatric Surgery**

National Institutes of Health (R01 DK103946-01A1) - Diversity Supplement

Massachusetts General Hospital Department of Medicine Sanchez and Ferguson Research Faculty Award

Co-Investigator, PIs: Madhusmita Misra, MD, MPH and Miriam Bredella, MD

The major goal of this study is to investigate effects on Roux-en Y gastric bypass (RYGB) and vertical sleeve gastrectomy (VSG) on bone in adolescents (14-21 years old) with severe obesity compared to adolescents without severe obesity followed without surgery.

2018-2020 **Determining Imaging Biomarkers of Metabolic Syndrome in Abdominal CT scans**

Massachusetts General Hospital (MGH) Department of Radiology

Co-Investigator, PI: Avinash Kambadakone, MD

Our goal is to identify imaging biomarkers of metabolic syndrome in patients with this condition undergoing abdominal CT for various indications. Recognition of an imaging biomarker for metabolic syndrome on abdominal CT scan will allow it to be used as a screening method for identifying potential patients of metabolic syndrome or those at risk for this condition which undergoing abdominal CT scans for unrelated reasons such as abdominal pain. This will potentially allow early intervention so that appropriate treatment can be instituted.

- 07/17- 06/21 **Exploring Referral Patterns and Shared Decision-Making Regarding Weight Loss Surgery Adolescents and Young Adults with Moderate to Severe Obesity**
 Massachusetts General Hospital Physician Scientist Development Award (PSDA)
 Principal Investigator \$138,000
 This proposal seeks to understand predictors of referrals to tertiary weight management and subsequent weight loss surgery in adolescents and young adults. We will assess shared decision-making surrounding weight loss surgery and develop a decision aid (DA) to help adolescents and young adults with moderate to severe obesity decide if weight loss surgery might be a useful tool to treat their obesity.
- 09/19- 06/21 **Legal protection against weight discrimination: A potential macro-environmental lever to prevent eating disorders**
 Harvard Catalyst
 Principal Investigator \$50,000, No Cost Extension
 This research-to-policy study focuses on anti-weight discrimination law, and it employs mixed methods (interviews and surveys) to explore this legislative effort. To explore these hypotheses, we examine with key stakeholders the evolution of anti-weight discrimination legislation in Michigan and Massachusetts; apply the anti-stigma principle to ascertain perceptions and knowledge amongst legislators in Massachusetts of the experiences of people living in larger bodies; and through these activities support generation of a coalition to facilitate legislative efforts in Massachusetts.
- 09/20-06/21 **Evaluation of the accuracy of a computer vision-based tool for assessment of total body fat percentage**
 Amazon \$135,000
 Co-Principal Investigator
 The aim of this study is to acquire 2D electronic images of the adult human body with a novel computer vision tool (VBC) and to compare these images to corresponding body composition as measured by dual-energy x-ray absorptiometry (DXA), Bod Pod, several bioimpedance analysis (BIA) systems, and previously validated 3D optical devices.
- 09/20- 09/21 **Building Up a Diverse Pipeline for the Biomedical Research Workforce**
 National Institutes of Health NIGMS: U01GM132133-01
 Site Principal Investigator (MGH); PI: Doris Rubio, University of Pittsburgh
 This study randomized 25 academic health centers to receive an intervention designed for underrepresented postdocs and junior faculty in health-related sciences. Our goal is to diversify and improve retention.
- 03/20- 06/21 **Elucidating the Relationship Between Obesity and Severity of COVID-19**
 Principal Investigator
 We will assess obesity and cardiovascular disease risk factors in patients with obesity and discern their role in COVID-19 prevalence and disease severity and develop a prognostic score to help guide patient care.
- 03/20- 06/21 **Relationship between Race and SES and the Incidence and Severity of COVID-19**
 Co-Investigator, PI: Peter Masiakos, MD, MS
 This retrospective study which seeks to compare difference in key socioeconomic factors, the incidence of COVID-19, the severity of COVID-19 disease, as well the prevalence of

co-morbidities, the prevalence of presentations due to flu-like illness symptoms (both inpatient and outpatient) to those of the previous year and determine the rate COVID-19 testing (both positive and negative) among these patients, referral patterns between outpatient-> inpatient providers to discern how these may have influenced testing rates between white and non-white patients admitted to Partners Healthcare hospitals

04/20- 06/21 **COVID-19 Health Messaging to Minority Communities**
Site Principal Investigator (MGH); Overall PI: Esther Duflo, PhD
We will assess messaging to majority and minority communities with regards to how to improve health outcomes during the COVID-19 pandemic in the United States.

**Current
Funded**

08/18-07/23 **Nutrition Obesity Research Center at Harvard - Administrative Supplement**
National Institutes of Health NIDDK: P30 DK040561-24S1
PI: Steve Grinspoon, Co-Investigator
This Center grant supports the Nutrition Obesity Research Center at Harvard (NORC-H), the goals of which are to provide critical support to research in nutrition and obesity throughout the Harvard community, to facilitate novel directions in nutrition and obesity research through pilot funding and scientific exchange, to promote interactions and collaborations among investigators to advance the science of nutrition and obesity, and to foster the development of junior faculty in these research areas.

05/21- 07/23 **Establishing an Infrastructure for Diversity and Inclusion in the NIH NIDDK NORCs**
National Institutes of Health NIDDK: P30 DK040561-24S2
PI: Steve Grinspoon, Co-Investigator
This supplement was established to develop an infrastructure for diversity and inclusion in all of the NORCs (Nutrition Obesity Research Centers) funded by the NIH as an executive member of the Nutrition Obesity Research Center at Harvard (NORC-H), the goals of which are to provide critical support to research in nutrition and obesity throughout the Harvard community, to facilitate novel directions in nutrition and obesity research through pilot funding and scientific exchange, to promote interactions and collaborations among investigators to advance the science of nutrition and obesity, and to foster the development of junior faculty in these research area.

08/21-5/23 **Increasing the Effectiveness and Diffusion of COVID-19 Messaging in the United States**
National Institutes of Health NIA: 3P30AG064190-02S1
PI: Erica Warner, Co-Investigator
Coordination with COVID symptom application developer. Enrollment of and messaging delivery to COVID symptom app users. Data linkage for existing and new app users, and outcome data collection.

01/22-12/23 **Effects of semaglutide on bone and muscle endpoints in adults with obesity**
National Institutes of Health NIDDK: 1R03DK131155-01
PI: Melanie Schorr Haines, Co-Investigator

The goals of this project are to investigate the effects of the glucagon-like peptide 1 receptor agonist, semaglutide, compared to an intensive lifestyle intervention for weight loss on muscle and bone endpoints in adults with obesity.

07/22-6/27 **Creating Opportunities for Underrepresented Researchers to Achieve Growth and Excellence (COURAGE)**
National Institutes of Health NIDDK: 1U24DK132733-01
Co-Principal Investigator
Obesity, nutrition, and diabetes research in the United States suffers from a lack of diversity in the research community, as underrepresented (UR) investigators face more challenges than their majority counterparts and leave academic research positions at a higher rate. We propose a comprehensive longitudinal career advancement program, Creating Opportunities for Underrepresented Researchers to Achieve Growth and Excellence (COURAGE), to provide skill-building, leadership development, hands-on mentored experience in manuscript writing and grant preparation, and multi-level mentoring to support UR researchers in obesity, nutrition, and diabetes.

08/22-7/23 **Beyond Body Mass Index (BMI): Improving Diagnosis of Obesity to Better Inform Treatment Strategies**
National Academy of Medicine
Principal Investigator
This project seeks to provide a strategy to assess adult and pediatric obesity which aligns with actual health risk. Unlike BMI which relies solely on height and weight, these tools will utilize height and weight with a host of other easily obtained clinical parameters to better assess the impact of one's weight status on their overall health, even in resource limited settings.

Unfunded

06/20- 05/22 **Multi-Center Outcomes of Vertical Sleeve Gastrectomy in Adolescents and Young Adults**
Maternal and Child Health Research Institute (MCHRI)
Site Principal Investigator (MGH)
The aim of this retrospective multi-center study is to determine weight and metabolic outcomes of metabolic and bariatric surgery, in the form of vertical sleeve gastrectomy, in adolescent and young adults.

Report of Local Teaching and Training

Teaching of Students in Courses

2000	Undergraduate Health Freshman- Senior Undergraduate Students	Emory University Taught 50 hours to undergraduate students for fall semester
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2001-2003	MCAT General Chemistry Pre-medical students	Princeton Review (Buckhead, Emory, GA Tech) Taught 80 hours per semester for undergraduates preparing for the Medical College Admissions Test
2001-2003	GMAT Pre-business students	Princeton Review (Buckhead) Taught 40 hours per semester for students preparing for the Graduate Medical Admissions Test
2001-2003	SAT Pre-college students	Princeton Review (Buckhead) Taught 15 hours per semester for students preparing for the SAT
2012-2016	Introduction to Clinical Nutrition 2 nd year medical students	Harvard Medical School 10 hours per year
2012	Respiratory Course 2 nd year medical students	Harvard Medical School 6 hours per year
2013-2016	Health Policy New Pathways Course 1 st year medical students	Harvard Medical School 25 hours per year
2017-2020	Health Policy Pathways Course 4 th year medical students	Harvard Medical School 25 hours per year
2019-2020	Masters of Bioethics Capstone Mentor Masters Students	Harvard Medical School 60 hours per year
2020- Present	Essentials of the Profession Course- Disparities Lecturer Pre-Clerkship	Harvard Medical School 5 hours per year
2020- Present	Community Engagement in Clinical Research Community of HMS 5 th year Investigators	Harvard Medical School 5 hours per year
2022	Racism and the Roots of Vaccine Mistrust College Students	Harvard College 3 hours per year

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

2010	Diabetes Mellitus Overview Internal Medicine Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1-hour lecture
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2010	Acute Pancreatitis Internal Medicine Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1-hour lecture
2010	Aspiration Pneumonia Internal Medicine Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1-hour lecture
2010	Approach to Pediatric Obesity Pediatric Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1-hour lecture
2010	Mycobacterium Avium Intracellulare Internal Medicine Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1-hour lecture
2011	Pediatric Obesity Co-morbidities Pediatric Residents and Faculty	Palmetto Health/ University of South Carolina School of Medicine 1-hour lecture
2013	Hunter-Gather Energetics and Human Obesity Obesity Medicine Faculty, Fellows, & Post-Docs	Massachusetts General Hospital Obesity Metabolism & Nutrition Institute/ Harvard Medical School 1.5-hour journal club
2013	Poverty and Obesity Obesity Medicine Faculty, Fellows, & Post-Docs	Massachusetts General Hospital Obesity Metabolism & Nutrition Institute/ Harvard Medical School 1.5-hour journal club
2013	Identifying/ Addressing Disparities in Obesity Care Obesity Medicine Faculty, Fellows, & Post-Docs	Massachusetts General Hospital Obesity Metabolism & Nutrition Institute/ Harvard Medical School 1.5-hour journal club
2014	Fried Food Consumption, Genetic Risk, and Body Mass Index: Gene- Diet Interaction Analysis in 3 US Cohort Studies Obesity Medicine Faculty, Fellows, & Post-Docs	Massachusetts General Hospital Obesity Metabolism & Nutrition Institute/ Harvard Medical School 1.5-hour journal club
2014	Obesity: The Epidemic, Its Consequences, and Treatments	Massachusetts General Hospital Internal Medicine Residents Noon Conference 1-hour lecture
2016	Obesity in Childhood: Navigating Current Research Insights and Clinical Practice	Massachusetts General Hospital Pediatric Endocrinology Didactic Conference 1-hour lecture

2017	Obesity in Adolescents and Young Adults: Role of Pharmacotherapy	Massachusetts General Hospital Pediatric Endocrinology Didactic Conference 1-hour lecture
2018	Weight Bias and Stigma in Pediatrics	Boston Children's Hospital Pediatrics Didactic Conference 1-hour lecture
2019	Medications for the Treatment of Obesity	West Virginia University Internal Medicine Didactic Conference 1-hour lecture
2019	Caring for the Patient after Metabolic and Bariatric Surgery- What Ambulatory Physicians Should Know	Massachusetts General Hospital Internal Medicine Ambulatory Didactic Conference 1-hour lecture (delivered 4 times)
2020	Optimizing Treatment for Pediatric Patients with Overweight and Obesity	Massachusetts General Hospital Pediatric Noon Conference 1-hour lecture
2021	Optimizing Treatment for Adult Patients with Overweight and Obesity	Massachusetts General Hospital Internal Medicine Noon Conference 1-hour lecture

Clinical Supervisory and Training Responsibilities

2008-2011	University of South Carolina School of Medicine 1 st and 2 nd year medical student preceptor	3 hours per week during 2 nd semester of academic year
2012- Present	MGH Weight Center- Medical Students, Residents, Dietitian Students	4 hours every week
2015- Present	Obesity Medicine and Nutrition Fellowship Supervisor and Mentor	4 hours every week
2016- Present	Obesity Medicine Core I Clerkship 2 nd and 3 rd year medical students	4 hours every week

Research Supervisory and Training Responsibilities:

2016- Present	Independent Study 4 th year medical students	Harvard Medical School 60 hours/ year
2019- Present	Masters of Bioethics Capstone Mentor Masters Students	Harvard Medical School 60 hours per year

Formally Mentored Harvard Medical, Dental, and Graduate Students:

- 2013- 2018 Gricelda Gomez, MD, MPH, Urology Resident, Brigham and Women's Hospital/ Harvard Medical School
Guided through USMLE exams, scholarship applications, and provided career mentoring. Under my guidance, she was selected as AMA-MAS medical student representative and accepted at Harvard School of Public Health. Supervised research endeavors for research abstract for the MGHfC Research Day. Supervised manuscript on weight loss medications after bariatric surgery in *Surgery for Obesity and Related Diseases*. Supervised work on weight loss medication tiering in the US in the *International Journal of Obesity*. Supervised work on review article on obesity in women in *Journal of Women's Health*.
- 2015-2019 Zujaja Taqueer, MD, DPhil, MSc, Ophthalmology Resident, University of Pennsylvania School of Medicine
Provided career mentoring. Guided selection as student editor for the *American Medical Association Journal of Ethics*. Supervised work on review article on obesity in women in *Journal of Women's Health*. Supervised work on role of media in the obesity epidemic in *Current Obesity Reports*.
- 2015- 2016 Nasreen Alfariis, MD, MPH, Obesity Medicine and Nutrition Physician, Saudi Arabia, Faculty Member, Harvard Medical School Center for Global Health Delivery-Dubai, Obesity Medicine and Nutrition Fellow, Massachusetts General Hospital and Harvard Medical School
Supervised work on manuscript on weight loss pharmacotherapy after weight loss surgery, letter to the editor accepted in the *NEJM*, and editorial on weight bias in weight loss medication prescribing in the *International Journal of Obesity*.
- 2016- Present Igor Lucas Gomes dos Santos, PhD, Post-Doctoral Fellow, Department of Radiation Oncology, Massachusetts General Hospital and Harvard Medical School
Served as research mentor and clinical collaborator on the beneficial role of exercise in obesity-associated breast cancer (tumor perfusion and oxygenation, inflammatory tumor microenvironment, and immunotherapy efficacy).
- 2017-2018 Sonali Malhotra, MD, Instructor of Pediatrics, Massachusetts General Hospital and Harvard Medical School
Supervised work on comparison of outcomes of weight loss surgery in adolescent and adult patients. Supervised book chapter on obesity in *Facing Overweight and Obesity*. Supervised manuscript on bariatric surgery in the treatment of adolescent obesity in *Expert Reviews in Endocrinology and Metabolism*.
- 2017-2018 Michael Raspuzzi, BA and Julie Loiland, BA Harvard Graduate School of Design
Supervised work on design and implementation of a population project to address overweight and obesity in mothers and children in Boston.
- 2018- Present Takara Stanley, MD, Associate Professor of Pediatrics, Massachusetts General Hospital and Harvard Medical School

Serve on dissertation committee for Epidemiology PhD at Boston University on project entitled: “Clinical Effectiveness of Obesity-Related Screening in the Primary Care Setting”.

- 2018-
Present
- Numa Perez, MD, General Surgery Resident, Massachusetts General Hospital and Harvard Medical School
Serve as faculty mentor on several research endeavors. Guided publication on “National Trends in the Use of Metabolic and Bariatric Surgery Among Pediatric Patients with Severe Obesity” published in *JAMA Pediatrics*. Served as faculty on manuscript “Beyond Insurance: Race Disparities in the Use of Metabolic and Bariatric Surgery for the Management of Severe Pediatric Obesity” published in *Surgery for Obesity and Related Diseases*. Guided publication “Pharmacotherapy for the Treatment of Overweight and Obesity in Children, Adolescents, and Young Adults in a Large US Health System” published in *Frontiers in Endocrinology*. Supervise work on weight promoting medications in children and adolescents in the United States. Supervised manuscript on pediatric obesity training, perspectives, and management options published in *Obesity*.
- 2018-
Present
- Siddharth Yarlagadda, AB, Harvard College graduate
Supervised shadowing experience in the MGH Weight Center (adult and pediatric patients). Supervised work on Letter to the Editors on People First Language in Peer Reviewed Journals. Co-authored Weight Bias in *Current Opinion in Endocrinology & Diabetes and Obesity*. Supervise work on coverage of obesity in American Board of Medical Specialties (ABMS) examinations.
- 2019-
Present
- Aisha James, MD, MPH, Internal Medicine Chief Resident, Internal Medicine/Pediatrics Physician, Massachusetts General Hospital and Harvard Medical School
Serve as senior faculty mentor on project which received a Massachusetts General Hospital Department of General Internal Medicine Innovation Award for her work, “Advocacy Skills for Physicians a Multifaceted Curriculum.”
- 2020-
Present
- Kathryn Czepiel, MD, Pediatric Gastroenterology Fellow, Stanford Medical School, Former Pediatric Resident, Massachusetts General Hospital and Harvard Medical School
Serve as faculty advisor on review “Preoperative Considerations for the Pediatric Patients Undergoing Metabolic and Bariatric Surgery” published in *Seminars in Pediatric Surgery*. Guided publication “Pharmacotherapy for the Treatment of Overweight and Obesity in Children, Adolescents, and Young Adults in a Large US Health System” published in *Frontiers in Endocrinology*. Supervise work on weight promoting medications in children and adolescents in the United States. Supervised manuscript on bariatric surgery in the treatment of adolescent obesity in *Expert Reviews in Endocrinology and Metabolism*. Supervised original article on pharmacotherapy utilization for the treatment of obesity in the US in the *Mayo Clinic Proceedings*. Supervised manuscript on pediatric obesity training, perspectives, and management options published in *Obesity*.
- 2019-
Present
- Chika Anekwe, MD, MPH, Instructor of Medicine, Massachusetts General Hospital
Supervised manuscript on diabetes compliance after metabolic and bariatric surgery for *Current Diabetes Reports*. Supervised case report on submission on ketogenic diet in *Cureus*. Supervised manuscript for *Current Obesity Reports* on Socioeconomics of Obesity. Supervised review on pharmacotherapeutic options for weight regain published in

Current Treatment Options in Gastroenterology. Supervised review on weight regulation in menopause in *Menopause*.

- 2019-
Present Shreya Sabharwal, PharmD, Masters of Bioethics Student, Harvard Medical School
Serve as faculty advisor for Capstone project on weight-based discrimination legislation in Massachusetts and throughout the US and bioethics implications.
- 2020-
Present Julia Hiserodt, MD Candidate, Harvard Medical School
Supervised manuscript for *Current Obesity Reports* on Socioeconomics of Obesity.
- 2020-
Present Sujatha Seetharaman, MD, Obesity Medicine Fellow, Massachusetts General
Supervised review on pharmacotherapeutic options for weight regain published in *Current Treatment Options in Gastroenterology*. Supervised manuscript on bariatric surgery in the treatment of adolescent obesity in *Expert Reviews in Endocrinology and Metabolism*.
- 2020-
Present Nonyerem Acholonu, MD, Pediatric Resident, Massachusetts General Hospital and
Harvard Medical School
Supervise Perspective Piece on Processed Food and Sugary Drinks to Blacks and Hispanics. Oversee review for *Current Obesity Reports* on Racial and Ethnic Disparities in Obesity in Children and Adolescents. Supervise work on weight promoting medications in children and adolescents in the United States.
- 2020-
Present Eftitan (Efi) Akam, MD, Internal Medicine/ Pediatric Resident, Massachusetts General
Hospital and Harvard Medical School
Supervise research to evaluate bias of nursing on patients and families of color in the clinical setting. Supervised manuscript on bariatric surgery in the treatment of adolescent obesity in *Expert Reviews in Endocrinology and Metabolism*. Supervised review on weight regulation in menopause in *Menopause*.
- 2020-
Present Simar S. Bajaj, AB Candidate, Harvard College
Supervised manuscript published in *NEJM* on racism and vaccine hesitancy, letter published in *Obesity Surgery* on the need for people first language in obesity, manuscripts on alienation of immigrants from the COVID-19 vaccine in *Postgraduate Medical Journal*, inclusive blood donation during COVID-19 in *Blood Transfusion*, the DentalSlim Diet and bias in the *International Journal of Obesity*, the struggles in academic for black women physician scientists in *Lancet*, respectful language in obesity in the *European Heart Journal*, and stigma and bias in obesity in the *British Dental Journal*. Supervised original article on pharmacotherapy utilization for the treatment of obesity in the US in the *Mayo Clinic Proceedings*.
- 2020-
Present Daniel Aaron, MD, JD, Harvard Law graduate, FDA
Supervised manuscript on obesity and systemic racism published in the *Journal of Internal Medicine*.
- 2020-
Present Ashley Shaw, MD, MBA, Pediatric Resident, Massachusetts General Hospital and Harvard
Medical School
Supervised manuscript on bariatric surgery in the treatment of adolescent obesity in *Expert Reviews in Endocrinology and Metabolism*. Supervised manuscript on pediatric obesity training, perspectives, and management options published in *Obesity*.

- 2020-
Present Lucy Tu, AB Candidate, Harvard College
Supervised manuscript on alienation of immigrants from the COVID-19 vaccine in *Postgraduate Medical Journal*, inclusive blood donation during COVID-19 in *Blood Transfusion*, the DentalSlim Diet and bias in the *International Journal of Obesity*, the struggles in academic for black women physician scientists in *Lancet*, respectful language in obesity in the *European Heart Journal*, and stigma and bias in obesity in the *British Dental Journal*.
- 2021-
Present Shradha Chhabria, MPH Candidate, Harvard Chan School of Public Health, MD Candidate, Geisinger Medical School
Supervised manuscript on needle length in COVID-19 vaccination in patients with obesity published in *Vaccine*. Supervised review on pharmacotherapeutic options for weight regain published in *Current Treatment Options in Gastroenterology*.
- 2021-
Present Lawson Ung, MD, Research Fellow, Massachusetts Eye and Ear Infirmary
Supervised manuscript on wage equity published in the *New England Journal of Medicine*.

Other Mentored Trainees and Faculty:

- 2000-
Present Hope Jackson, MD, Assistant Professor of Surgery, George Washington University School of Medicine
Serve as a career and professional mentor. Guided review on diabetes compliance after metabolic and bariatric surgery for *Current Diabetes Reports*. Serve as senior faculty mentor on review of weight regain after metabolic and bariatric surgery for *Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy*.
- 2011-2012 Louisa Houston Vann, MPH, University of South Carolina Arnold School of Public Health
Supervised one project and publication accepted in the *Journal of the South Carolina Medical Association*.
- 2011-
Present Mechelle Claridy, PhD, MPH, University of Georgia School of Public Health, Epidemiology & Biostatistics
Supervised publications accepted to *Obesity, International Journal of Family Medicine, and American Journal of Managed Care*. Provided career advice for her MPH and PhD applications. Supervise work on weight promoting medications in children and adolescents in the United States. Supervised original article on pharmacotherapy utilization for the treatment of obesity in the US in the *Mayo Clinic Proceedings*.
- 2013-2015 Neilda Alves, MBA, MGH Executive Health Administrative manager
Advised through GMAT and MBA application and scholarship process. Guided her to her career path as practice manager at Massachusetts General Hospital.
- 2015-
Present Carl Palad, BS, Northeastern University graduate, NYMC medical student
Supervised shadowing experience in the MGH Weight Center (adult and pediatric patients). Provided guidance on MCAT exam, medical school admissions, and career in obesity medicine. Supervised work on chapter on obesity co-morbidities in *Facing Overweight and Obesity*. Supervised work on Letter to the Editors on People First

- Language in *American Journal of Clinical Nutrition*. Co-authored Weight Bias in Pediatrics Review in *Current Opinion in Endocrinology & Diabetes and Obesity*.
- 2016- 2017 Elizabeth Ruth Wilson, PhD, MPP, Harvard Kennedy School of Government
Supervised work on manuscript on obesity coverage in the United States published in *Obesity*.
- 2016- 2018 Alexander T. Toth, BA, Clinical Research Coordinator, Massachusetts General Hospital
Supervised work in clinical study of bone health in adolescents with overweight and obesity. Supervised work on weight loss pharmacotherapy in young adults and elderly who have undergone weight loss surgery in *Bariatric Surgical Practice and Patient Care and Children*. Supervised work on review on racial and ethnic disparities in obesity in *Current Obesity Reports*.
- 2017- Present Angel Byrd, MD, PhD, Post-Doctoral Fellow, Johns Hopkins University Hospital
Supervised work on review on racial and ethnic disparities in obesity published in *Current Obesity Reports*.
- 2017- 2018 Olivia Umoren, BS, Master of Public Health Student, George Washington University
Supervised work on Letter to the Editors on People First Language in *Clinical Nurse Specialist*. Supervised work on weight promoting drugs in the Women's Health Initiative (WHI) cohort published in *Menopause*.
- 2017-2020 Karen Joanie Campoverde Reyes, MD, Research Assistant, Massachusetts General Hospital
Supervised work on project assessing referral patterns and shared decision making in adolescents and young adults who might be considered for weight loss surgery. Supervised work on comparison of outcomes of weight loss surgery in adolescent and adult patients published in *Frontiers in Pediatrics*. Guide work on manuscript about weight loss pharmacotherapy in pediatrics and referral patterns to tertiary care for pediatric patients with obesity published in *Frontiers in Endocrinology*. Supervised manuscript on pediatric obesity training, perspectives, and management options published in *Obesity*.
- 2018- Present Veronica Johnson, MD, Obesity Medicine Physician, Northwestern Medical Center
Guided through fellowship training in obesity medicine. Served as faculty mentor on project evaluating American Board of Obesity Medicine (ABOM) diplomates in the United States in *Obesity*. Serve as senior faculty mentor on article, "Strategies in the Management in Adolescent Obesity" for *Current Pediatrics Reports*. Supervised manuscript on adolescent and young adult patient narratives regarding metabolic and bariatric surgery. Oversee review for *Current Obesity Reports* on Racial and Ethnic Disparities in Obesity in Children and Adolescents.
- 2017-2019 Marissa Mastrocola, MD, University of Massachusetts School of Medicine Orthopaedic Surgery resident
Provide career mentorship. Guided systematic review project on obesity education throughout the world published in the *International Journal of Obesity*.
- 2018-2019 Priscilla Cortez, University of Arizona, BS Candidate

Supervised project on hypogonadism in obesity in *Children*. Guided project on comparing long term outcomes of weight loss surgery on adolescents and adults at a single site published in *Frontiers in Endocrinology*.

2018-
Present Tasnim Mushannen, Cornell University- Qatar, MD candidate
Supervised project on hypogonadism in obesity in *Children*. Guided project on comparing long term outcomes of weight loss surgery on adolescents and adults at a single site published in *Frontiers in Endocrinology*. Serve as faculty mentor on article, "Strategies in the Management in Adolescent Obesity" for *Current Pediatrics Reports*.

2018-
Present Lauren Benning, BA, Campbell University, DO Candidate
Guided systematic project on obesity education throughout the world published in the *International Journal of Obesity*. Serve as career mentor in obesity medicine.

2018- 2020 Ruben Valera, BA, Tufts University School of Medicine, MD Candidate
Serve as a career and professional mentor. Oversaw work on review on the care for metabolic and bariatric surgery in pediatrics in *Seminars in Pediatric Surgery*.

2018-
Present Sebastian Roque, MD candidate, Tufts University School of Medicine.
Guided systematic project on obesity education throughout the world published in the *International Journal of Obesity*. Oversaw work on review on the care for metabolic and bariatric surgery in pediatrics in *Seminars in Pediatric Surgery*. Supervised work on obesity and its impact on emergency medicine care.

2019-
Present Kathi Earles, MD, obesity medicine physician, Novo Nordisk executive
Guided editorial on a need for focus on obesity medicine in the black community with consideration in *Journal of the National Medical Association*. Serve as mentor on work regarding obesity and orthopaedic disparities in minority communities in the US.

2019-
Present Alana Nichols, JD, MD Candidate, University of Alabama at Birmingham School of Medicine
Serve as faculty advisor on project evaluating the racial achievement gap in medical school education.

2019-
Present Shohinee Sarma, MD, MPH, PhD candidate, Endocrinology Fellow, University of Toronto
Supervise work on weight gain associated with commonly prescribed medications in large cohorts in the US and around the world.

2020-
Present Max Jordan Nguemeni Tiako, MS, MD candidate, Yale University School of Medicine
Supervise work on Letter to the Editor on Race and Obesity in the *Journal of Internal Medicine*.

2020-
Present Amy Dolan, BS, Medical School Candidate, University of Massachusetts Amherst
Oversee review for *Current Obesity Reports* on Racial and Ethnic Disparities in Obesity in Children and Adolescents.

- 2020- Present Ashwin Krishnan, BS Candidate, Emory University
Provide career guidance on medical school. Oversee review for *Current Obesity Reports* on Racial and Ethnic Disparities in Obesity in Children and Adolescents.
- 2020- Present S. Michelle Ogunwole, MD, General Medicine Fellow, Johns Hopkins School of Medicine
Served as senior author on article in *JAMA* entitled Obesity Management in Women of Reproductive Age.
- 2021- Present Bhav Jain, BS Candidate, Massachusetts Institute of Technology (MIT)
Served manuscript on health infrastructure in the *American Journal of Public Health* and perspective on racial disparities in senior healthcare in the *Journal of the American Geriatrics Society*.

Formal Teaching of Peers

- | | | |
|------|---|---|
| 2013 | Systematic Review of the Benefits and Risks of Metformin in Treating Obesity in Children
MGH Weight Center Physicians, Psychologists, Dietitians, and Staff | Lecture
Massachusetts General Hospital/ Harvard Medical School |
| 2013 | Obesity Epidemiology/ Health Economics
Harvard Blackburn Course in Obesity Medicine: Practical Approaches and Board Review | Lecture
Cambridge, MA |
| 2013 | Racial Disparities and Obesity
Harvard Blackburn Course in Obesity Medicine: Practical Approaches and Board Review | Lecture
Cambridge, MA |
| 2013 | Obesity Medicine Inter-Hospital Rounds: Beta-Blocker Induced Weight Gain
Harvard Blackburn Course in Obesity Medicine: Practical Approaches and Board Review | Lecture
Cambridge, MA |
| 2014 | Practical Use of Weight Loss Medications- Phentermine/ Topiramate
Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2014 | Workshop (6 hours)
Cambridge, MA |
| 2014 | Obesity Medicine Inter-Hospital Rounds: Use of Weight Loss Medications after Bariatric Surgery
Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2014 | Lecture
Cambridge, MA |

2015	Obesity and Sleep Harvard CME Course- Lifestyle Medicine	Lecture Boston, MA
2015	Obesity Clinical Management MGH Primary Care Team Lead Forum	Lecture Boston, MA
2016	Practical Use of Weight Loss Medications- Phentermine/ Topiramate Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2017	Workshop (6 hours) Cambridge, MA
2017	Practical Use of Weight Loss Medications- Phentermine/ Topiramate Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2017	Workshop (6 hours) Cambridge, MA
2018	Healthcare Disparities in Obesity Treatment Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2018	Plenary Lecture Cambridge, MA
2018	Harvard/ Massachusetts General Hospital 58 th Annual Internal Medicine Review Course	Endocrinology Panel Cambridge, MA
2019	Healthcare Disparities in Obesity Treatment Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2019	Plenary Lecture Cambridge, MA
2019	Navigating the Treatment of Obesity in Children and Adolescents Massachusetts General Hospital for Children Pediatrics Primary Care CME Course	Lecture Boston, MA
2020	Obesity Medicine: Proven Strategies for Daily Practice Harvard Lifestyle Medicine CME	Lecture Boston, MA
2020	Healthcare Disparities in Obesity Treatment Harvard Blackburn Course in Obesity Medicine: Treating Obesity 2020	Plenary Lecture Cambridge, MA
2020	Stress and the Role it Plays in Obesity and Weight Regulation The Herbert Benson, MD Course in Mind Body Medicine, the Benson-Henry Institute for Mind Body Medicine's Annual CME	Lecture Boston, MA

2020	Racism and Policy Brutality MGH Weight Center Townhall Massachusetts General Hospital	Lecture/ Discussion Boston, MA
2020	Impact of Racism in Healthcare MGH Equity Townhall Massachusetts General Hospital	Panel Discussion Boston, MA
2020	Building Up Study Orientation	Lecture/Discussion Boston, MA
2021	Building Up: Biosketches and CVs	Lecture/Discussion Boston, MA
2021	How to Leverage Medical Knowledge to Engage in External Education at Harvard Medical School Harvard Medical School Office of External Education	Panel Discussion Boston, MA
2021	Medical Management of Obesity Clinical Endocrinology 2021 Harvard Medical School CME Course	Lecture Boston, MA
2021	Obesity Medicine: Proven Strategies for Daily Practice Harvard Lifestyle Medicine CME	Lecture Boston, MA
2021	Taking on Your Next Challenge: Tips and Strategies for Success Career Advancement and Leadership Skills for Women in Healthcare Harvard Medical School CME Course	Panel Discussion Boston, MA
2022	Obesity in Adolescents and Young Adults and Shared Decision Making Optimizing Transition from Pediatric to Adult Care Harvard Medical School CME Course	Lecture Boston, MA
2022	Disparities and Inequities in Obesity Diabetes Update 2022 Harvard Medical School CME Course	Lecture Boston, MA
2022	My Journey with Racism in Medicine and Strategies to Address the Issue	Lecture Boston, MA

Career Advancement and Leadership Skills
for Women in Healthcare
Harvard Medical School CME Course

Local Invited Presentations

- 2010 Obesity and Barriers to Bariatric Surgery Referral/ Grand Rounds
Department of Medicine, Palmetto Health/ University of South Carolina School of
Medicine
- 2010 Pediatric Journal Club
Department of Pediatrics, Palmetto Health/ University of South Carolina School of
Medicine
- 2011 The effect of human chorionic gonadotropin (HCG) in the treatment of obesity/ Journal
Club
Department of Medicine, Palmetto Health/ University of South Carolina School of
Medicine
- 2011 Medical Ethics Confronts Obesity/ Ethics Noon Conference
Departments of Medicine, Pediatrics, and Psychiatry, Palmetto Health/ University of South
Carolina School of Medicine
- 2011 Benefits of Pursuing a Medical Career in Internal Medicine/ Pediatrics
University of South Carolina School of Medicine, Pre-clinical (1st and 2nd year medical
students)
- 2012 HIV/ AIDS Care and Ethics/ Ethics Noon Conference
Departments of Medicine, Pediatrics, and Psychiatry, Palmetto Health/ University of South
Carolina School of Medicine
- 2012 Obesity Pharmacotherapy
MGH Obesity Medicine Attending Physicians and Fellows
- 2012 Obesity Economics in the United States
MGH Obesity Medicine Attending Physicians and Fellows
- 2013 Obesity Rounds: A Case-Based Approach to Patients Who Struggle with Their Weight
Internal Medicine/ Pediatric Physicians, Massachusetts General Hospital/ Harvard Medical
School
- 2014 The Impact of Obesity & Global Policy Implications
Harvard Kennedy School of Government Mid-Career Seminar
- 2015 Grand Rounds: Obesity: Understanding the Disease, Navigating Treatment Strategies
Department of Medicine, Cambridge Health Alliance/ Harvard Medical School
- 2016 Grand Rounds: Obesity: Understanding the Disease to Inform Treatment

Department of Endocrinology, Beth Israel Deaconess Medical Center/ Harvard Medical School

- 2016 Faculty Lecture: Obesity: Understanding the Disease to Target Solutions
Mongan Institute- Health Policy Unity, Massachusetts General Hospital/ Harvard Medical School
- 2016 Faculty Lecture: Obesity: Gaining Insight on the Disease to Inform Research and Target Treatment
Edwin L. Steele Laboratories, Massachusetts General Hospital/ Harvard Medical School
- 2016 Grand Rounds: Obesity: Understanding the Disease and the Importance of Obstetricians/Gynecologists in Prevention and Treatment
Department of Obstetrics and Gynecology, Massachusetts General Hospital/ Harvard Medical School
- 2016 Alumni Crucible Moments with Bacon, Emirates, and Zuckerman Fellows
Harvard Kennedy School Center for Public Leadership
- 2017 Keeping Current Seminar: Racial and Ethnic Disparities in Obesity
Disparities Solutions Center, Massachusetts General Hospital
- 2017 Medical and Surgical Treatment Options for the Management of Obesity
Department of Internal Medicine/ Bulfinch Medical Group
Massachusetts General Hospital
- 2017 Grand Rounds: Weighing in on the Medical Management of Obesity
Department of Internal Medicine/ Division of Gastroenterology
Massachusetts General Hospital/ Harvard Medical School
- 2017 Options for the Management of Obesity
Massachusetts General Hospital Midlife Women 2017: A Multidisciplinary Approach to Care
- 2017 Racial/Ethnic Disparities and Access to Surgical Treatments for Obesity
18th Annual Postgraduate Nutrition Symposium, Harvard Medical School Division of Nutrition
<https://hms.mediasite.video.harvard.edu/Mediasite/Play/ee5acff7487541e98ab666d6d9c322721d>
- 2017 New England Journal of Medicine: Clinicopathologic Conference (CPC)
Management of Patient's Vitamins and Nutrients after Bariatric Surgery
Massachusetts General Hospital/ Harvard Medical School
- 2018 How to Navigate and Approach Care in Your Patients with Obesity
Obesity and Asthma: Approaches to Care
Harvard T.H. Chan School of Public Health

- 2018 Obesity: It is More Complex than You Think
Science Lecture Series on Epidemics
Radcliffe Institute for Advanced Study at Harvard, Cambridge, MA
- 2018 Grand Rounds: Weight Bias and Stigma and Impact on Care in Pediatrics
Department of Pediatrics
Massachusetts General Hospital for Children/ Harvard Medical School
- 2018 Women & Weight- A Midlife Challenge
Massachusetts General Hospital Midlife Women 2017: A Multidisciplinary Approach to Care
- 2018 Obesity and Nutrition
Mini-Medical School
Harvard Medical School Longwood Seminar Series
- 2018 Shaping the Future of Healthcare
Boston Alumni Event
Emory University
- 2018 The Experience of Irrational White Fear #Living While Black Panel
Race, Racism, and Mental Health Conference
Harvard Law School
- 2019 Healthcare and Healthcare Disparities
4th Annual Conference on Poverty and Inequality
Harvard Kennedy School
- 2019 Human Models of Extremes of Lifespan
Longevity and Aging: Nutritional and Metabolic Mechanisms
20th Annual Harvard Nutrition and Obesity Symposium
- 2019 Grand Rounds: Endocrinology
Clinical Case Conference: Anti-Obesity Medications
Department of Medicine, Division of Endocrinology
Massachusetts General Hospital/ Harvard Medical School
- 2020 Pinning Ceremony Graduation Keynote Address
Physician Assistant Program
MGH Institute of Health Professions
- 2021 Understanding the Challenges of a Black Woman Academic Physician Scientist
Black History Month Speaker
MGH Committee of Latino Initiatives (CLI)
- 2021 Obesity and COVID-19: What You Need to Know
The Faith Based Cancer Disparities Network

Dana-Farber/Harvard Cancer Center
Boston, MA

- 2021 Black Womxn in Medicine Panel
Harvard Medical School EMPOWER: A Symposium on Underrepresented Voices in
Medicine
Harvard Medical School's Student National Medical Association (SNMA), Latino Medical
Student Association (LMSA), and LGBTQ+ and Allies at Harvard Medical School
(LAHMS)
- 2021 Metabolism, Weight and Genetics Research
Mass General Answering the Call Virtual Seminar Series
Boston, MA
- 2021 Obesity in Pediatrics: Our Understanding and Pharmacologic and Surgical Treatment
Approaches
Chester Pierce Research Society
Center for Diversity and Inclusion (CDI)
Massachusetts General Hospital
Boston, MA
- 2021 Medical Therapies for Obesity
Grand Rounds
Cambridge Health Alliance
Cambridge, MA
- 2021 Obesity as a Chronic Disease and the Need for General Internists to Treat
Grand Rounds
Division of General Internal Medicine
Massachusetts General Hospital
Boston, MA
- 2021 Weight Bias and Stigma in Health Professionals and Its Impact
Harvard Undergraduate Women in Medicine
Harvard College
Cambridge, MA
- 2022 United Against Racism Through Storytelling
Stoeckle Center Grand Rounds
Division of General Internal Medicine
Massachusetts General Hospital
Boston, MA
- 2022 My Life in Medicine and Academia
Office of IDEAS (Inclusion, Diversity, Equity, and Social Justice)
Department of Emergency Medicine
Brigham and Women's Hospital
Boston, MA

- 2022 Social Media: How to Build Your Personal Brand and Promote Your Science
Leadership Development Program
MGH Center for Faculty Development
Boston, MA
- 2022 Social Media Workshop- Social Media Do's and Don'ts
Center for Diversity and Inclusion (CDI)
Massachusetts General Hospital
Boston, MA
- 2022 Obesity: My Work and Its Importance in Cancer
Brief Update Series on Obesity and Cancer
Dana-Farber/ Harvard Cancer Center
Boston, MA
- 2023 Navigating the Treacherous Road to Success in Academia as a Black Woman Physician
Scientist
Career Advancement subcommittee
Joint Commission on the Status of Women (JCSW)
Harvard Medical School
Boston, MA

Report of Regional, National and International Invited Teaching and Presentations

Invited Presentations and Courses

Those presentations below sponsored by outside entities are so noted and the sponsor(s) is (are) identified.

Regional

- 2004 How Minority Medical School Applicants May Attain Success on the Medical College
Admissions Test/ Speaker
American Association of Medical Colleges/ Emory University, Atlanta, Georgia
- 2008 General Anesthesia: A Safe Effective Method for Arthroscopic Shoulder Surgery in the
Beach Chair Position. (abstract)
New York University/ Hospital for Joint Diseases Scientific Program, New York, NY
- 2008 MRI Coronal Plane Anatomy of the Native Anterior Cruciate Ligament. (abstract)
16th Annual Fellows' Sports Medicine Conference at West Point, West Point, NY
- 2012 Comparison of Physical Activity Levels in Physicians and Medical Students into the
General Adult Population in the US (abstract)
Southern Society of General Internal Medicine Annual Meeting, New Orleans, LA
- 2014 Obesity: The Epidemic, Its Consequences, and Cures
Lawrence Memorial Hospital of Medford Grand Rounds/ Visiting Clinician Program,
Medford, MA

- 2014 Obesity: Strategies to Tackle the Epidemic
American College of Physicians, Massachusetts Chapter, Annual Meeting, Waltham, MA
- 2014 Obesity: Disease Prevalence, Pathophysiology, Novel Concepts, and Treatment Strategies
Cooley Dickinson Grand Rounds, Northampton, MA
- 2015 NEJM Career Center Conversations: Extracting the Benefits of Mentorship
Featured Expert
New England Journal of Medicine and Medstro, Boston, MA
- 2015 Keynote Address: Why is Weight loss so challenging for so many?
Massachusetts Medical Society Alliance Annual Meeting, Boston, MA
- 2015 NEJM Career Center Conversations: A Controlled Trial of Liraglutide for Weight
Management- Featured Expert
New England Journal of Medicine and Medstro Boston, MA
- 2015 Childhood Obesity: Navigating Current Research Insights and Clinical Practice
Grand Rounds Speaker
Golisano Children's Hospital at SUNY Upstate Medical Center, Syracuse, NY
- 2017 Obesity: Understand the Disease and Treat Appropriately
Grand Rounds Speaker
Lemuel Shattuck Hospital, Boston, MA
- 2017 NEJM Career Center Conversations: Healthcare Inequality- Featured Expert
New England Journal of Medicine and Medstro Boston, MA
- 2017 Racial and Ethnic Disparities in Obesity
Grand Rounds Speaker
Lemuel Shattuck Hospital, Boston, MA
- 2017 NEJM Resident 360: Standing on the Shoulders of Giants: Establishing and Fostering
Successful Mentorship: Featured Expert
New England Journal of Medicine and Medstro Boston, MA
- 2018 Weight Bias and Stigma and Its Impact on the Lives of Persons with Overweight and
Obesity
Massachusetts Medical Society (MMS) CME Program:
Gender and Bias in Medicine- Effect on Physicians, Impact on Patients, Waltham, MA
- 2019 Obesity and Stigma
American Society for Metabolic and Bariatric Surgery (ASMBS)- Connecticut Chapter
Obesity Medicine Summit 2019, Mashantucket, CT
- 2019 Weight Bias and Its Impact on Health
Breaking the Silence: Impact of Bias on Health

Tufts University School of Medicine and Tufts' Friedman School of Nutrition Science and Policy, Boston, MA

- 2019 Weight Bias in Medicine and its Impact on Care
Grand Rounds Speaker
Lemuel Shattuck Hospital, Boston, MA
- 2019 Disparities and Their Impact on Obesity
Plenary Speaker
Society for General Internal Medicine (SGIM)- New England Chapter
Boston, MA
- 2019 Managing Obesity in Primary Care Practice
Pri-Med's East Annual Conference
Boston, MA
- 2020 Is There A Doctor on Board? Racial Profiling and Health
Dean's Diversity and Inclusion Seminar
Boston University School of Public Health
Boston, MA
<https://youtu.be/GlteiR-Oayk>
- 2020 Cardiovascular Health and Self Care in Women
Go Red for Women Boston
American Heart Association
Boston, MA
- 2020 Charting the Treacherous Path Through Academia as a Black Woman Physician-Scientist
16th Annual Office of Women in Medicine and Science (OWIMS) Professional
Development Conference
Warren Alpert Medical School of Brown University
Providence, RI
- 2020 Embarking on Life in Medicine Post COVID-19
Commencement Speaker- Physician Assistant Class of 2020
MGH Institute of Health Professions
Boston, MA
- 2020 Medical Racism in the Era of COVID-19
Joint Massachusetts Medical Society (MMS) and Massachusetts Health & Hospital
Association
Boston, MA
- 2020 Obesity and its Management: What You Need to Know as a Sleep Medicine Physician/
Provider
Sleep Medicine Conference
Yale School of Medicine
New Haven, CT

- 2020 COVID-19 and How Structural Racism Plays a Role
Community Conversations
American Heart Association- Boston Chapter
Boston, MA
- 2020 The Tough Road for Those Underrepresented in Medicine
Continuing Medical Education Program
South Shore Hospital
South Weymouth, MA
- 2020 Personal Reflections of Systemic Racism in the Medical Community
Massachusetts Medical Society Alliance
Waltham, MA
- 2020 Optimizing Care for the Patient with Obesity: Considerations for Health Care Providers
Medical Grand Rounds
Whittier Street Health Center
Boston, MA
- 2021 Bridging Gaps in Medicine - Rebuilding Trust with Communities of Color
White Coats for Black Lives
Tufts School of Medicine
Boston, MA
- 2021 Effective Policy Solutions for Advancing Systemic Change in Health Care
Diversity and Health Equity Conference
Massachusetts Health and Hospital Association
Burlington, MA
- 2021 Bias in Medicine- Learning the Error of Our Ways
Massachusetts Academy of Dermatology Annual Meeting
Waltham, MA
- 2021 Exploring the Intersection of Racism in Medicine
Medicine and Justice Scholars
The Nathan Smith Society
Dartmouth College
Hanover, NH
- 2021 Exploring the Intersection of Obesity and Disparities in Pediatrics
The Impact of Social Determinants of Health: The Provider Role in Mitigating Risk and
Promoting Resilience in Youth
Maine Chapter American Academy of Pediatrics Meeting
Manchester, MA
- 2021 Strategies to Reduce Racial Disparities in Health Outcomes

Jameel Poverty Action Lab (J-PAL) North America's 2nd Health Care Delivery Initiative Meeting
Massachusetts Institute of Technology (MIT)
Cambridge, MA

2021 The Impact of Inequity on Obesity and Mental Health Issues
10th Annual Let's Go! National Obesity Conference
Maine Health
Portland, ME

2021 Recognize and Tackle Racism in Medicine
Grand Rounds
Milford Regional Medical Center
Milford, MA

2021 Obesity as a Chronic Disease
Policy Forum
Massachusetts Association of Health Plans (MAHP)
Boston, MA

2021 Bias in Medicine: Practical Advice on Navigating Your Way
Black Women in Medicine Conference
Massachusetts Medical Society (MMS)
Boston, MA

2022 Obesity: Strategies to Address the Disease as an Internist
Grand Rounds and Maine ACP Annual Meeting
Maine Medical Center
Portland, ME

2022 Managing Obesity in Primary Care Practice
Primary Care Now
Pri-Med
Boston, MA

2022 Racism and Its Threat to Progress in Medicine
Grand Rounds
Hartford HealthCare
University of Connecticut School of Medicine
Hartford, CT

2022 Healthcare Disparities in Obesity Treatment
35th Annual Blackburn Course in Obesity Medicine
Dartmouth Geisel School of Medicine
Hanover, NH

National

- 2005 An Introduction to Sexual Violence and Gender Roles in American Society/ Plenary Talk
American Medical Women's Association, 89th Annual Meeting, Washington, D.C.
- 2006 Remodeling of Transplanted Fascia in Developmental Joint Reconstruction (abstract)
National Medical Association, 104th Annual Meeting, Dallas, TX
- 2013 Innovations in Medicine- Obesity Medicine and Obesity as a Chronic Disease
American Medical Association, 167th Annual Meeting, Chicago, IL
- 2013 Keynote on Fundamental Research and Current Practice Guidelines
Certificate of Training in Childhood & Adolescent Weight Management
Academy of Nutrition and Dietetics/ Commission on Dietetic Registration, Denver, CO
- 2014 Racial Disparities and Obesity
National Black Nurses Association, Inc. Health & Wellness Webinar, Silver Spring, MD
- 2014 Physical Activity Habits of Physicians and Medical Students
American College of Sports Medicine Annual Meeting, 5th World Congress on Exercise
is Medicine, and World Congress on the Role of Inflammation in Exercise, Health, and
Disease, Orlando, FL
- 2015 Keynote on Fundamental Research and Current Practice Guidelines
Certificate of Training in Childhood & Adolescent Weight Management
Academy of Nutrition and Dietetics/ Commission on Dietetic Registration, Charlotte, NC
- 2015 Clinical Triads: The Experts Weigh in on Obesity
American College of Physicians, 100th Annual Meeting, Boston, MA
- 2015 Keynote on Fundamental Research and Current Practice Guidelines
Certificate of Training in Childhood & Adolescent Weight Management
Academy of Nutrition and Dietetics/ Commission on Dietetic Registration, Buffalo, NY
- 2016 Obesity: When Lifestyle Interventions Alone are Ineffective- Optimizing Medication
Management
Mayo Clinic 28th Annual Selected Topics in Internal Medicine 2016, Waikoloa, HI
- 2016 Cases in Medication Management for Obesity
Mayo Clinic 28th Annual Selected Topics in Internal Medicine 2016, Waikoloa, HI
- 2016 Overcoming Barriers to Access
The American Journal of Managed Care (AJMC)- 4th Annual Patient Centered Diabetes
Care, Teaneck, NJ
- 2016 Obesity in Women: Insights for the Clinician
Academy of Women's Health Women's Health 2016: The 24th Annual Congress,
Arlington, VA

- 2016 Obesity: Exploring the Disease in the Pediatric and Adult Population
Mayo Clinic Joint General Internal Medicine and Pediatric Lecture
Rochester, MN
- 2016 Obesity and Breastfeeding: Exploring the Relationship
Eighth Annual Summit on Breastfeeding, Breastfeeding *Medicine*, and Academy of Breastfeeding
Washington, DC
- 2016 Exploring Discrimination Against People with Obesity
Paso del Norte Institute for Healthy Living/ Paso del Norte Health Foundation
El Paso, TX
- 2016 Sustaining Long Term Bone Viability after Weight Loss Surgery
33rd Annual American Society of Metabolic and Bariatric Surgery (ASMBS) Meeting, Obesity Week
New Orleans, LA
- 2016 Healthcare 2.0: The Use of Mobile Apps and Wearable Technology to Help Patients Manage Chronic Diseases
American Medical Association (AMA) Interim Meeting
Orlando, FL
- 2017 AMA Journal of Ethics Discussion Forum: Stigma in Healthcare
Weight Bias in Healthcare- Featured Expert
Chicago, IL
- 2017 Keynote: Advances in Diabetes and Obesity Management
Obesity: Understanding the disease to Better Inform Our Medical Treatment Strategies
University of Iowa
Iowa City, Iowa
- 2017 PechaKucha: Weighting Out Obesity: It's More than "Calories In and Calories Out"
American College of Physicians, 102nd Annual Meeting, San Diego, CA
- 2017 Weighing in on Medical Management of Obesity
American College of Physicians, 102nd Annual Meeting, San Diego, CA
- 2017 Plenary: Obesity and Interconception Health
California WIC Association Annual Conference and Trade Show, San Diego, CA
- 2017 Workshop: Obesity, Breastfeeding, and Interconception Health
California WIC Association Annual Conference and Trade Show, San Diego, CA
- 2017 Obesity: Addressing Racial and Ethnic Disparities
Academy of Women's Health Women's Health 2017: The 25th Annual Congress
Washington, DC

- 2017 Pharmacotherapy for the Treatment of Obesity
Internal Medicine Obesity Program: Improving Obesity Related Outcomes in Underserved Populations
115th National Medical Association Annual Convention and Scientific Assembly,
Philadelphia, PA
- 2017 Managing Obesity as a Disease in Minority Populations
NIH Small Conference Grant Scientific Session with NMA Faculty
115th National Medical Association Annual Convention and Scientific Assembly
Philadelphia, PA
- 2017 Current Trends in Obesity in the US and Its Impact on the African American Community
National Medical Association (NMA) News Hour
115th National Medical Association Annual Convention and Scientific Assembly
Philadelphia, PA
- 2017 Weight Stigma and Its Impact
Obesity Medicine Association Overcoming Obesity 2017
San Antonio, TX
- 2017 Obesity and Its Impact on the African American Community
National Medical Association (NMA) 2nd Annual Professional Development Series at the
Congressional Black Caucus Foundation, Inc. (CBCF) 47th Annual Legislative
Conference (ALC)- *“The Urgency of Now: Creating a Culture of Health Equity”*
Washington, DC
- 2017 Pharmacotherapy’s Role in Mitigating Post-Surgical Weight Regain
34th Annual American Society of Metabolic and Bariatric Surgery (ASMBS) Meeting,
Obesity Week
Washington, DC
- 2017 Telemedicine: Improving patient care and health outcomes
American Medical Association (AMA) Interim Meeting
Honolulu, HI
- 2018 Obesity- A comprehensive approach to treatment and investigation
University of Chicago Pritzker School of Medicine
Chicago, IL
- 2018 Pharmacotherapy as an Adjunct to Bariatric Surgery to Confer Weight Loss
Lunch and Learn Series
UCSF Fresno Medical Education Program
Fresno, CA
- 2018 Physicians and Personal Branding: How it Can Work for You
American Medical Association Practice Transformation Unit
Chicago, IL

- 2018 Multiple Small Feedings for the Mind (MSFM)
Obesity and Nutrition in Internal Medicine
American College of Physicians, 103rd Annual Meeting, New Orleans, LA
- 2018 Weight Loss Medications for Inadequate Weight Loss and Weight Regain After Bariatric Surgery
Obesity Medicine Summit 2018: Recognizing Obesity as a Disease,
Obesity Medicine Association
San Diego, CA
- 2018 Telemedicine and Its Role in the Treatment of Obesity
Obesity Medicine Summit 2018: Recognizing Obesity as a Disease
Obesity Medicine Association
San Diego, CA
- 2018 Engaging Patients with Diabetes Facing Many Challenges and Costs
Bridging the Equity Gap Across the Lifespan to Achieve Healthy Communities
2018 NMQF Leadership Summit on Health Disparities and Spring Health Braintrust
National Minority Quality Forum
Washington, DC
- 2018 From disruption to reform: Learn to spark change and move medicine forward
American Medical Association Annual Meeting 2018
American Medical Association (AMA)
Chicago, IL
- 2018 Obesity in the African American Population, Addressing the Role of Ethnic Body Images
Internal Medicine Obesity Program
116th National Medical Association Annual Convention and Scientific Assembly
Orlando, FL
- 2018 Pharmacologic Combination Treatment Options for Obesity Management
Obesity Medicine Association
Overcoming Obesity 2018
Washington, DC
- 2018 The Clinician Advocate
Obesity Medicine Association
Overcoming Obesity 2018
Washington, DC
- 2018 Obesity: The Need for Treatment to Enhance Patient Health Outcomes
Endocrine Grand Rounds
The Johns Hopkins University School of Medicine
Baltimore, MD
- 2018 Keynote on Fundamental Research and Current Practice Guidelines
Certificate of Training in Childhood & Adolescent Weight Management

Academy of Nutrition and Dietetics/ Commission on Dietetic Registration, Pittsburgh, PA

- 2018 Obesity: Understanding the Disease in the Context of Patients with Kidney Disease
2018 Renal Care Symposium
Greenfield Health Systems
Plymouth, MI
- 2018 Unique Challenges in People of Color with Obesity
2018 National Caucus Addressing Musculoskeletal Health Disparities
Movement is Life Caucus
Washington, DC
- 2018 Physician Well-Being
American College of Physicians Speaker's Bureau
St. John's Hospital, Ascension Health
Detroit, MI
- 2018 Pharmacotherapy for the Treatment of Obesity
American College of Physicians Speaker's Bureau
St. John's Hospital, Ascension Health
Detroit, MI
- 2018 Obesity: The Disease, The Challenges, The Treatments
American College of Physicians Speaker's Bureau
St. John's Hospital, Ascension Health
Detroit, MI
- 2019 Fundamentals of Obesity Treatment Course
Obesity Medicine Association
Dallas, TX
- 2019 Obesity: Understand the Disease to Guide Treatment and Improve Patient Outcomes
Internal Medicine Grand Rounds
SUNY Downstate
Brooklyn, NY
- 2019 Obesity: Understanding the Disease Is Crucial to Best Treat Patients
Department of Medicine Grand Rounds
West Virginia University
Morgantown, WV
- 2019 Building a Treatment Plan (Medication)
Obesity Medicine 2019
Obesity Medicine Association
Houston, TX
- 2019 Medication for Treatment of Obesity (Case Presentation)
Obesity Medicine 2019

- Obesity Medicine Association
Houston, TX
- 2019 Facilitated Discussion: Using the Four Pillars to Treat Patients in Your Practice
Obesity Medicine 2019
Obesity Medicine Association
Houston, TX
- 2019 Optimizing Obesity Treatment with Pharmacology- Point/Counterpoint
Obesity Medicine 2019
Obesity Medicine Association
Houston, TX
- 2019 Multiple Small Feedings of the Mind: Neurology, General Internal Medicine, and
Nutrition & Exercise
American College of Physicians, Centennial Annual Meeting, Philadelphia, PA
- 2019 Obesity in the Pediatric Population: The Disease and Its Treatment
Pediatric Grand Rounds
St. Louis Children's Hospital, Washington University
St. Louis, MO
- 2019 The Importance of Diversity and Inclusion in the Healthcare Workforce Townhall
Meeting
The Importance of Diversity and Inclusion Across the Healthcare Continuum
National Minority Quality Forum National Annual Summit on Health Disparities
Washington, DC
- 2019 Treatment and prevention interventions that work – and that don't – with respect to
pediatric weight management
Combating Childhood Obesity Summit
US News and World Report
Houston, TX
- 2019 What Frontline Providers Need to Know with respect to pediatric weight management
Combating Childhood Obesity Summit
US News and World Report
Houston, TX
- 2019 How to Incorporate Public Health into A Career as a Physician
Resident and Fellow Education Session
American Medical Association Annual Meeting
Chicago, IL
- 2019 Racial Disparities and Obesity Treatment
Internal Medicine Grand Rounds
University of California- San Diego
San Diego, CA

- 2019 Obesity and Women's Health: Understanding Obesity Across the Life Continuum
Annual Doris H. Merritt, M.D. Lectureship in Women's Health
Obstetrics and Gynecology Grand Rounds
Indiana University School of Medicine
Indianapolis, IN
- 2019 Obesity- The Leading Chronic Disease and Its Treatment
Endocrinology Grand Rounds
University of California- San Diego
San Diego, CA
- 2019 Obesity: Understanding the Neglected Chronic Disease and Its Complexity in Patient Care
Internal Medicine Grand Rounds
Detroit Medical Center
Huron Valley-Sinai Hospital
Commerce Charter Township, MI
- 2019 Health Disparities in Obesity
Annual Obesity Symposium Keynote Address
Legacy Health and Oregon Health Sciences Center
Portland, OR
- 2019 Medical Management in the Treatment of Obesity
Annual Obesity Symposium Breakout Sessions
Legacy Health and Oregon Health Sciences Center
Portland, OR
- 2019 American Board of Obesity Medicine (ABOM) Pharmacotherapy Review and Lightning
Round
Overcoming Obesity 2019
Obesity Medicine Association Fall Obesity Summit 2019
Boston, MA
- 2019 Complex Cases in Obesity Treatment: Treating Obesity Across the Lifespan
Overcoming Obesity 2019
Obesity Medicine Association Fall Obesity Summit 2019
Boston, MA
- 2019 The Role of Weight and Race Bias in Health Outcomes
Diversity MBA 3rd Annual National Inclusive Leadership Healthcare Summit
Atlanta, GA

- 2019 Unique Challenges in People of Color with Obesity and Obesity Related Diseases
2019 National Caucus Addressing Musculoskeletal Health Disparities
Movement is Life Caucus
Washington, DC
- 2019 Obesity and Treatment
Fall Psychopharmacology CME Meeting
American Society of Clinical Psychopharmacology (ASCP)
New York, NY
- 2019 A Population Health Imperative: Tackling Childhood Obesity
Seventh Annual Healthcare of Tomorrow Forum
U.S. News
Washington, DC
- 2019 Health Care Disparities in Obesity in the Black Community
Bluff City Medical Society
Sixteenth Annual Dr. Robert J. Smith Lecture and Scholarship Gala
Memphis, TN
- 2020 Medication Case Study: Managing Inadequate Weight Loss and Weight Regain After
Bariatric Surgery
Obesity Medicine Association Webinar
Denver, CO
- 2020 Navigating the Complexities and Disparities in the Treatment of Obesity
Surgery Grand Rounds
Oregon Health Sciences University
Portland, OR
- 2020 Bariatric Surgery for the Underserved Population
Expert Panel on Bariatrics
Optum Healthcare
Eden Prairie, MN
- 2020 Obesity and Its Treatment: Tackling a Rising Threat to Global Health
Spring Psychopharmacology CME Meeting
American Society of Clinical Psychopharmacology (ASCP)
Los Angeles, CA
- 2020 *What's New in Obesity? ***Invited, but rescheduled due to COVID-19**
Primary Care CME/CE
Pri-Med Regional Meeting
Phoenix, AZ
- 2020 *What's New in Obesity?
25th Annual Pri-Med West CME/CE Meeting
Pri-Med Annual Meeting

Anaheim, CA

- 2020 *What's New in Obesity?
Primary Care CME/CE
Pri-Med Regional Meeting
Houston, TX
- 2020 *Medicine for life: Obesity education and certification for future physicians
Academic Physicians Section
American Medical Association (AMA) annual meeting 2020
Chicago, IL
- 2020 Challenges in Academia Life of Underrepresented Minorities
NIDDK-sponsored Nutrition Obesity Research Centers (NORC) Symposium-
Enhancing Diversity and Progress in Academics
Birmingham, AL
- 2020 Social Determinants and How Health Inequities are Impacting Communities During
COVID-19 outbreak
The Association of Health Care Journalists
Columbia, MO
- 2020 Created in His Image: Reversing Racism's Effects on Health and Healthcare
<https://www.youtube.com/watch?v=L-Yjry8uva8>
Christian Medical and Dental Association
Washington, DC
- 2020 Knowledge, Care, and Treatment of the Adult Patient with Obesity
Internal Medicine Grand Rounds
The Ohio State University School of Medicine- Wexner Medical Center
Columbus, Ohio
- 2020 Medical Racism in the Age of COVID-19
Our Health Matters Panel Discussion
Princeton University
Princeton, NJ
- 2020 Understanding the Complexity of Pediatric Obesity and Potential Opportunities
Grand Rounds
Nemours/ Alfred I. duPont Hospital for Children
Wilmington, DE
- 2020 Obesity Across the Life Continuum of Women: Challenges and Opportunities
Women's Health 2020
Virginia Commonwealth University Institute for Women's Health
Norfolk, VA

- 2020 *Managing Obesity in Primary Care Practice
Pri-Med's Regional Conference
Tampa, FL
- 2020 Certificate of Training in Obesity for Pediatrics
Keynote Presentation Virtual Program
Academy of Nutrition and Dietetics
Cleveland, OH
- 2020 Understanding the Complexity of Obesity in Children and Adolescents
Common Threads
Miami, FL
- 2020 Obesity in Primary Care Practice: Practical Tips in Communication and Treatment
Association of Black Cardiologists /National Medical Association Joint Symposium: The
Obesity and Cardiovascular Disease Conundrum
National Medical Association Annual Meeting
Atlanta, GA
- 2020 Challenges in Women and People of Color with Obesity and Obesity Related Diseases
Obesity Course 2020: Etiology, Prevention, and Treatment
Columbia University Institute of Human Nutrition/ Weill Cornell Medicine
New York, NY
- 2020 Social Determinants of Health
Common Threads
Austin, TX
- 2020 A Call to Action in Addressing Obesity in Communities of Color during COVID-19
National Minority Quality Forum Webinar Series
Washington, DC
<https://www.youtube.com/watch?v=wq0G4vCT0hM>
- 2020 Maneuvering Down the Perilous Road in Health Care as a Black Woman Physician
Scientist
Medical Affairs Education Lecture
Sponsored by Novo Nordisk
Princeton, NJ
- 2020 A Potpourri of Research in Pediatric and Adult Obesity
Inaugural Speaker
Emerging Investigators in Metabolism Series
Weill Cornell Medical School
New York, NY
- 2020 Racial Disparities as it relates to Obesity Care and Management
Medical Affairs Education Lecture
Novo Nordisk

Princeton, NJ

- 2020 American Board of Obesity Medicine Board Review- Pharmacotherapy
Overcoming Obesity 2020
Obesity Medicine Association Fall Obesity Summit 2020
New Orleans, LA
- 2020 Off-Label Use of Anti-Obesity Pharmacotherapy
Overcoming Obesity 2020
Obesity Medicine Association Fall Obesity Summit 2020
New Orleans, LA
- 2020 Obesity in Communities of Color ~ A Closer Look at Addressing Existing Disparities
through Education, Awareness and Access in the Age of COVID-19
2020 National Minority Quality Forum (NMQF) Annual Summit on Health disparities
Washington, DC
- 2020 Real life challenges and experiences of being Underrepresented in Academia (URiA): The
role of institutional challenges and racism
NIH NORC Initiative to Advance the Careers of Researchers from Groups
Underrepresented in Academia
Birmingham, AL
- 2020 Political Determinants of Health
Minority Affairs Section
American Medical Association
Chicago, IL
- 2020 A Real Conversation about Obesity, Healthy Lifestyles, and Women of Color ~
Addressing Disparities through Education, Awareness, and Access
Black Women's Health Imperative
Washington, DC
- 2020 Off-Label Use of Medications for Obesity Treatment
Obesity Medicine Association
Denver, CO
- 2020 Assessment of Pediatric Obesity and Its Comorbidities
Weighing the Options in Pediatric Care
Obesity Week 2020
The Obesity Society
Atlanta, GA
- 2020 * Managing Obesity in Primary Care Practice
Primary Care Now
Pri-Med Midwest Regional Conference
Chicago, IL
- 2020 The Color of COVID-19

- COVID and Obesity Cross-Links: From Biology to Clinical Care
Obesity Week 2020
The Obesity Society
Atlanta, GA
- 2020 Highlights from the NORC Symposium on Diversity
Obesity Week 2020
The Obesity Society
Atlanta, GA
- 2020 Obesity in the United States--Pearls for the Primary Care Internist to Treat and De-
stigmatize the Disease
American College of Physicians Washington State Annual Meeting
Opening Plenary
Seattle, WA
- 2020 Advancing the Careers of Scientists from Underrepresented Groups
Update on NORC P&F Projects for URGs
Seminar series on Advancing the Careers of Scientists from Underrepresented
Groups in Academia
Bethesda, MD
- 2020 The Role of Weight and Race Bias in Health Outcomes
The Human Right to Food
Food Systems Friday
Prescott College
Prescott, AZ
- 2020 Post-Election Policy Perspectives of Medical Society Leaders on the Future of Minority
Health
Minority Affairs Section Business Meeting
American Medical Association
San Diego, CA
- 2020 Insights from Women Leaders Series: Fatima Cody Stanford, MD, MPH, MPA
Salus Vitae Group
Chicago, IL
- 2020 My Collision with Racism in Medicine
Storytelling session on racism at SfN Global Connectome: A Virtual Event
Society for Neuroscience (SfN)
Washington, DC
- 2021 Childhood Obesity Through the Lens of Equity/Diversity/Inclusion
CATCH (Community Access to Child Health) conference
South Carolina American Academy of Pediatrics (AAP)
Charleston, SC

- 2021 Racial Disparities in Delivery of Bariatric Surgery
Disparity in the Delivery of Bariatric Surgery
American Society for Metabolic and Bariatric Surgery (ASMBS) Virtual Meeting 2021
- 2021 Fundamentals of Pediatric Obesity
Certificate of Training in Obesity in Pediatrics and Adults Virtual Course
Academy of Nutrition and Dietetics
Cleveland, OH
- 2021 Racial and Medical Profiling and Health and How it Contributes to Disparities
Department of Surgery
Visiting Professor in Health Disparities and Bariatric Surgery
Stanford University School of Medicine
Palo Alto, CA
- 2021 Outcomes of Surgery and Race, Ethnicity, and Gender: What are Similarities? What are Differences?
Webinar on Medical Management of the Metabolic Bariatric Surgery Patient
ObesityWeek 2021
The Obesity Society
Dallas, TX
- 2021 Panel: Optimizing Weight Loss and Outcomes
Webinar on Medical Management of the Metabolic Bariatric Surgery Patient
ObesityWeek 2021
The Obesity Society
Dallas, TX
- 2021 Heterogeneity in Obesity by Socio-demographics
Overcoming Methodological Challenges in Obesity Research
ObesityWeek 2021
The Obesity Society
Dallas, TX
- 2021 Understanding the Complexities of Obesity and Its Impact on Different Demographics
Sponsored by Boehringer Ingelheim
World Obesity Kickoff Meeting
Ridgefield, CT
- 2021 Obesity in Older Adults in the Black and Brown Communities in the United States
Momentum Discussion
The Gerontological Society of America
Washington, DC
- 2021 Obesity Care, COVID, and Communities of Color
Obesity Care Week Congressional Briefing
Obesity Care Advocacy Network
Washington, DC

- 2021 Obesity Medicine: Bridging the Intersection of Medicine, Public Health, Policy, and Disparities
Nutrition Obesity Research Center and the Department of Nutrition Sciences
University of Alabama School of Medicine
Birmingham, AL
- 2021 Tailoring weight management for diverse populations
Weight Management Virtual Symposium: Weighing the Evidence: Solutions for Success
Weight Management Dietetic Practice Group
Academy of Nutrition and Dietetics
New Orleans, LA
- 2021 Challenging Cases in Obesity Medicine
Obesity Medicine 2021
Obesity Medicine Association
Denver, CO
- 2021 Case-based Learning: Assessment and Comorbidities of Obesity
2021 Pediatric Obesity Management: Evidence Based Strategies and Practical Approaches
American Academy of Pediatrics Section on Obesity
Itasca, IL
- 2021 Disparities, Racism, and the Impact on Obesity in Pediatrics
2021 Pediatric Obesity Management: Evidence Based Strategies and Practical Approaches
American Academy of Pediatrics Section on Obesity
Itasca, IL
- 2021 Understanding White Privilege and Racism in Medicine
White Privilege Conference 2021
Mesa, AZ
- 2021 The Challenge of Obesity: Best Practices in Pharmacology, Diet and Exercise, and Surgical Management
ACP Internal Medicine Meeting 2021: Virtual Experience
Meet the Professor
Orlando, FL
- 2021 Medial Therapies for Pediatric Obesity
Pediatric Obesity Virtual Symposium
Tower Health
Reading, PA
- 2021 Racial Disparities in Pediatric Obesity
Pediatric Obesity Virtual Symposium
Tower Health
Reading, PA

- 2021 Equity in Assessment: The Racial Achievement Gap
New and Emerging Trends in Health Professions Education
American Association of Medical Colleges (AAMC)
Washington, DC
<https://www.aamc.org/what-we-do/mission-areas/medical-education/curriculum-inventory/establish-your-ci/webinars#trends>
- 2021 Obesity in the African American Community
National Medical Association (NMA) Talks
Silver Spring, MD
- 2021 Racial disparities within health care *vis-a-vis* the challenges connected to recruiting, hiring and retaining BIPOC healthcare providers
Virtual Diversity Summit 2020
Fort Dodge, IA
- 2021 *Leadership on Social Determinants of Health & Tools and Resources for Health Care Providers to Address Them
Phi Delta Epsilon Medical Fraternity
Louisville, KY
* Sponsored by GoodRx
- 2021 Managing Obesity in Primary Care
PrimaryCareNow
Pri-Med, LLC
Virtual Conference
Boston, MA
- 2021 Challenging Disparities in Obesity Care: Fighting for Equity and Equality
Your Weight Matters Annual Convention & Expo
Obesity Action Coalition (OAC)
Las Vegas, NV
- 2021 Age Does Matter - Managing Obesity through Life Stages
Your Weight Matters Annual Convention & Expo
Obesity Action Coalition (OAC)
Las Vegas, NV
- 2021 Navigating Disequilibrium as a Black Woman Internal Medicine Physician
Webinar Series on Micro/Macro Aggressions
American College of Physicians
Philadelphia, PA
- 2021 Diversity and Inclusion: The Way Forward
Leadership Seminar
Women in Surgery Committee
American College of Surgeons
Chicago, IL

- 2021 Obesity in Communities of Color – A Closer Look at Addressing Existing Disparities
Racism Makes Me Sick
Annual Leadership Summit on Health Disparities and Spring Health Braintrust
National Minority Quality Forum (NMQF)
Washington, DC
- 2021 Addressing Cultural Diversity in Obesity Management
Obesity Management in Primary Care Certificate Program
American Academy of Physician Assistants (AAPA), The Obesity Society (TOS), and
Integrated Learning Partners (ILP)
Alexandria, VA
- 2021 Top Questions in Managing Pre/Post Bariatric Surgery, Health Disparities, HCV
PrimaryCareNOW
Pri-Med LLC Virtual Meeting
Boston, MA
- 2021 Applying an Equity Framework to Address Childhood Obesity
Antiracism Approaches to Reducing Childhood Obesity
Pediatric Obesity Initiative at Columbia University Vagelos College of Physicians and
Surgeons
New York, NY
- 2021 Racism in the Field on the Nutrition
Nutrition Equity and Ethics Summer Institute
Johns Hopkins University School of Public Health
Baltimore, MD
- 2021 Chronic Disease and Disparities in Older Adults
Age + Action Virtual Conference
National Council on Aging
Arlington, VA
- 2021 #MeToo in Medicine Roundtable Discussion
AMA Young Physicians Section, LGBTQ Advisory Committee, Minority Affairs Section,
and Women Physicians Section
American Medical Association Annual Meeting
Chicago, IL
<https://www.ama-assn.org/member-groups-sections/young-physicians/yps-june-2021-meeting-highlights>
- 2021 What Are the Support and Treatment Paradigms Needed to Address Disparities?
Health Disparities among People with Obesity
American Diabetes Association 81st Virtual Scientific Session
Arlington, VA

- 2021 Debate—Are the Metabolic Benefits of Roux-en-Y Gastric Bypass Due to Weight Loss Alone?
American Diabetes Association 81st Virtual Scientific Session
Arlington, VA
- 2021 Coffee with the Professor
The Early Career Committee
The Obesity Society
Washington, DC
- 2021 The Epidemic Within the Pandemic: Managing Complications in Populations with Obesity
Continuing Medical Education Outfitters (CMEO)
Bethesda, MD
- 2021 Obesity Management Strategies That Can Reap the Benefits of Long-term Weight Loss
Clinical Care Options (CCO) and Practicing Clinicians Exchange (PCE)
Reston, VA
- 2021 Start with Patient Engagement: Effective Approaches to the Treatment of Patients with Obesity Patient Progressions – An Online Video Case-Based Platform with Jeopardy Gamification
Med Learning Group
New York, NY
- 2021 Policy Solutions for Advancing Systemic Change in Healthcare
General Internal Medicine 2021: Healthcare Delivery Transformation
National Medical Association Annual Meeting
Washington, DC
- 2021 Clinical Risk Factors, Epidemiology and Long-Term Risk for Children and Adults
Long Term CVD Risks Related to COVID in Communities of Color and Women
American Heart Association (AHA) Scientific Sessions 2021
Boston, MA
- 2021 Is an Executive Level MBA Worth It?
Ivy Exec Webinar
Quantic School of Business and Technology
Washington, DC
- 2021 Understanding the Complexity of Pediatric Obesity and Potential Opportunities
Pediatric Grand Rounds
University of South Carolina School of Medicine
Columbia, SC
- 2021 Writing as a Physician: Using Writing as an Advocacy and Leadership Tool
National Leadership Institute
Student National Medical Association

Providence, RI

- 2021 Introduction to Rare Genetic Diseases of Obesity
Genetic Obesity Learning Development (GOLD) Academy
15th Annual Diabetes, Obesity and Cardiovascular Disease Virtual Summit
Cleveland, OH
*Sponsored by Rhythm Pharmaceuticals
- 2021 Addressing the Role of Obesity in Primary Care
Global Obesity Forum 2021
World Obesity Federation, Unicef, and United Nations
New York, NY
- 2021 The Challenge of Obesity: Best Practices in Pharmacology, Diet and Exercise, & Surgical
Management
University of New Mexico School of Medicine
Internal Medicine Grand Rounds
Albuquerque, New Mexico
- 2021 Obesity- How to Navigate the Treatment Paradigm to Provide Optimal Care
American College of Physicians (ACP)- TX Chapter
Annual Virtual Meeting
Austin, TX
- 2021 Body Image and Cultural Compassion: Reimagining Nutrition Intervention
Food Nutrition and Conference & Expo
Academy of Nutrition and Dietetics
Cleveland, OH
- 2021 Advancing Obesity Care for All Patients Through Health Equity Lens
Modernization of Health Policy and Improvement of Care for People with Obesity
The Hill
Washington, DC
- 2021 Obesity in Older Adults
Virtual Obesity Roundtable
National Council on Aging (NCOA)
Arlington, VA
- 2021 How Women Physicians Navigate Challenges in the Health Care Workplace
Henry Blackwell Circle Listening Session
American Medical Women's Association
Schaumburg, IL
- 2021 Recognition of Obesity as a Disease to Drive Positive Health Outcomes
Grand Rounds Lecture Series
Uniformed Services University/Walter Reed Grand Rounds lecture series
Bethesda, MD

- 2021 The Social Determinants of Cardiovascular Health
American Heart Association Annual Meeting
Boston, MA
- 2021 Clinical Risk Factors, Epidemiology and Long-Term Risk for Children and Adults
Long Term CVD Risks Related to COVID in Communities of Color and Women
American Heart Association Annual Meeting
Boston, MA
- 2021 Science and Storytelling: How to make sure physicians' voices are the loudest in the room
Physician Influencer Panel
American Medical Association Plenary Session
Chicago, IL
- 2021 Guidelines - A Behind-the-Scenes Look at the Drafting of a Clinical Practice Guide (CPG)
The Obesity Society (TOS)/AAP Joint Symposium: American Academy of Pediatrics
Obesity Treatment
Obesity Week 2021
Washington, DC
- 2021 Racial/Ethnic Disparities in Academia and Medicine: A Roadmap to Equity
The Obesity Society (TOS)/ Weight Management Dietetic Practice Group (WMDPG)
Joint Symposium: Systemic Racism as a Public Health Crisis - How It Affects Our Patients and the Field of Obesity
Obesity Week 2021
Washington, DC
- 2022 All Calories are Not Created Equal
Summus Master Class
New York, NY
- 2021 The Science of Obesity and Anti-Obesity Pharmacotherapy
Obesity, Motivational Interviewing, Bariatric Surgery
Obesity Panel Discussion
Pri-Med East
Boston, MA
- 2022 Racism in Medicine: The Journey of a Physician Scientist
Pediatric Grand Rounds
Duke School of Medicine and Duke Health
Durham, NC

- 2022 Equity in Medicine: A Day in the Life of a Physician Scientist
Humanity as a Physician Researcher
Southeastern Medical Scientist Symposium
Vanderbilt University Medical Center
Nashville, TN
- 2022 Obesity as a Disease- Beyond Food and Its Role
Food Literacy for All
University of Michigan
Ann Arbor, MI
- 2022 Adiposity as a Disease
Georgia Society of Endocrinology
Annual Scientific Meeting
Atlanta, GA
- 2022 Treatment Principles: Goals and Principles
Chief Residents Summit on Obesity
Primary Care Metabolic Group
Charlotte, NC
- 2022 Treatment Principles: Pharmacology
Chief Residents Summit on Obesity
Primary Care Metabolic Group
Charlotte, NC
- 2022 Racism in Medicine: The Journey of a Physician Scientist
Palliative Care Grand Rounds
Duke School of Medicine and Duke Health
Durham, NC
- 2022 Exploring the Intersection of Weight and Race Bias
Minority Association of Pre-Medical Students (MAPS)
Northwestern University
Chicago, IL
- 2022 Health Equity in Obesity Treatment
Expert Panel for Bariatrics
*Optum RX
Minneapolis, MN
- 2022 Why We Struggle with Weight
Summus Master Class
New York, NY

- 2022 Strategies to Engage Racial/Ethnic Diverse Women in Clinical Research
Nutrition Science and Practice Conference
ASPEN (American Society for Parenteral and Enteral Nutrition) 2022
Seattle, WA
- 2022 Obesity in Women Across the Life Course - Strategies to Address the Disease
Clinical Hot Topics
American Medical Women's Association 107th Annual Meeting
Washington, DC
- 2022 Curbside Consults: Top Questions from PCPs in Bariatric Surgery
Primary Care CME/CE Conference & Expo
Pri-Med Southwest
Houston, TX
- 2022 Weight Matters: Refocusing Diabetes Care in People with Obesity
Primary Care CME/CE Conference & Expo
Pri-Med Southwest
Houston, TX
- 2022 Updates in Obesity and Ask the Experts: Endocrinology
Primary Care CME/CE Conference & Expo
Pri-Med Southwest
Houston, TX
- 2022 Addressing Bias, Stigma & Racial Disparities in Obesity Care
Great Debates in Cardiometabolic Medicine
Cardiometabolic Health Congress (CMHC) 2022
Scottsdale, AZ
- 2022 Challenging Cases & Expert Panel Discussion
Great Debates in Cardiometabolic Medicine
Cardiometabolic Health Congress (CMHC) 2022
Scottsdale, AZ
- 2022 Social and Environmental Factors Impacting MOMMA's and Babies
Maternal Health Panel
National Minority Quality Forum Annual Meeting
Washington, DC
- 2022 Multiple Small Feedings for the Mind: Metabolism
Internal Medicine 2022 Annual Meeting
American College of Physicians (ACP)
Chicago, IL

- 2022 What is Obesity and Why is it important
2nd Annual Pediatric Obesity Course
American Academy of Pediatrics (AAP)
Itasca, IL
- 2022 Food as a Medical Intervention: The Impact of Eating Habits on Our Global Health
Internal Medicine 2022 Annual Meeting
American College of Physicians (ACP)
Chicago, IL
- 2022 Addressing Health Disparities and Health Equity in the Treatment of Obesity
Treating Obesity to Treat Type 2 Diabetes
Pennington Biomedical Research Center's Satellite Symposium
82nd American Diabetes Association (ADA) Scientific Sessions
New Orleans, LA
- 2022 Exploring Obesity and Health
American Medical Association Improving Health Outcomes Webinar with the American
College of Preventive Medicine
Chicago, IL
- 2022 Racism: My Life Story and How to Address in Medicine & Surgery
Grand Rounds
University of Wisconsin School of Medicine and Public Health
Madison, WI
- 2022 Medical Treatment of Obesity
Addressing Disparities in Weight Management
Internal Medicine Section, Obesity Subspecialty
National Medical Association Annual Convention and Scientific Assembly
Atlanta, GA
- 2022 Deliver Equitable Care for Patients with Obesity
Association of Diabetes Care & Education Specialists (ADCES)
ADCES22 Annual Conference
Baltimore, MD
- 2022 Exploring the International Impact of Weight Bias and Disparities in Obesity
MMO NA-LA EPIC Meeting
Eli Lilly
Atlanta, GA
- 2022 Obesity: Body, Mind, and Community
51st Annual Legislative Conference
Congressional Black Caucus
Washington, DC
- 2022 Diabetes: A Sweet Pill to Swallow

- 51st Annual Legislative Conference
Congressional Black Caucus
Washington, DC
- 2022 Understanding How to Deliver Optimal Care for Patients with Obesity
Twenty-Seventh Annual Physician CME Symposium
Hendrick Health
Abilene, TX
- 2022 #Blackness Is Not a Risk Factor
Culturally Competent Care
The Obesity Society Annual Meeting
San Diego, CA
- 2022 Access to GLP-1 RA Therapy for Obesity and Impact on Health Equity
To GLP-1 RAs and Beyond! The Future of Obesity Pharmacotherapy
American Heart Association Scientific Sessions 2022
Chicago, IL
- 2022 The Impact of Perimenopause and Menopause on Weight Status
Keynote Address
North American Menopause Society (NAMS) Annual Meeting
Menopause Science and Care- An Inclusive Perspective
Atlanta, GA
- 2022 Dispelling Common Myths About Obesity
Challenging Obesity Cases and Panel Discussion
Cardiometabolic Health Congress (CMHC) Annual Meeting
Boston, MA
- 2022 Barriers and Facilitators to Access to Obesity Treatments in Health Care Systems
Advancing Interventions for Adult Obesity to Promote Health Equity: State of the
Science and Research Opportunities
NHLBI-led Trans-Agency Obesity Workshop
National Institutes of Health
Bethesda, MD
- 2022 Measuring progress in reducing obesity bias and stigma
Defining Progress in Obesity Solutions through Structural Changes
Translating Knowledge of Foundational Drivers of Obesity into Practice
National Academies of Science, Engineering, and Mathematics (NASEM)
Washington, DC
- 2022 Vaccine Apartheid and Imperialism
Teach-In Series
UCSF REPAIR (REParations and Anti-Institutional Racism) Project
San Francisco, CA

- 2022 Obesity Q&A
Biobehavioral Health 101
Pennsylvania State University
University Park, PA
- 2022 Obesity as a Cardiovascular Risk Factor: Assessment and Management
American College of Cardiology
Colorado Chapter
Denver, CO
- 2022 Obesity as a Cardiovascular Risk Factor: Assessment and Management
American College of Cardiology
Oregon Chapter
Portland, OR
- 2022 Obesity as a Cardiovascular Risk Factor: Assessment and Management
American College of Cardiology
Louisiana Chapter
Metairie, LA
- 2022 Obesity as a Cardiovascular Risk Factor: Assessment and Management
American College of Cardiology
Indiana Chapter
Indianapolis, IN
- 2022 Obesity as a Cardiovascular Risk Factor: Assessment and Management
American Heart Association Annual Meeting
Chicago, IL
- 2022 Obesity as a Cardiovascular Risk Factor: Assessment and Management
American College of Cardiology
Wisconsin Chapter
Madison, WI
- 2022 Obesity in women across the lifespan: Strategies to address the disease
Merry and Richard Slone Grand Rounds
Katz Institute for Women's Health
Northwell Health
Lake Success, NY
- 2022 Obesity as a Cardiovascular Risk Factor: Assessment and Management
American College of Cardiology
Ohio Chapter
Columbus, OH

- 2022 Obesity: Understanding the Disease and Strategies to Address It
Diabetes Center Grand Rounds
Albert Einstein-Mt. Sinai Regional Diabetes Center
Bronx, NY
- 2023 Addressing Health Disparities and Health Equity In The Treatment of Obesity
Grand Rounds
Pennington Biomedical Research Center (PBRC) Metabolic Surgery
Baton Rouge, LA
- 2023 Understanding Obesity to Deliver Optimal Care
Grand Rounds
Medstar Health
Baltimore, MD
- 2023 Current Perspectives on Child Obesity: Words and Metrics Matter
Robert Wood Johnson Foundation (RWJF) Healthy Eating Research Program's
17th Annual Grantee Meeting
Durham, NC
- 2023 The Clinical Science of Obesity & Addressing Weight Stigma
Keynote Address
Art & Science of Health Promotion Conference
Colorado Springs, CO
- 2023 Clinical Triad: Three Dimensions of Obesity Care: Lifestyle, Medications, Surgery
American College of Physicians Annual Meeting
San Diego, CA

***Invited, but rescheduled due to COVID-19**

International

- 2018 Obesity Visiting Professor: Understanding Obesity as a Disease
Master's degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2018 Obesity Visiting Professor: Weight Bias and Stigma and Its Impact on Health
Master's degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2018 Obesity Visiting Professor Pharmacotherapy for the Management of Obesity
Master's degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2018 Obesity Visiting Professor: Racial and Ethnic Disparities in Obesity
Master's degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine

University of Pavia, Italy

- 2018 Obesity Visiting Professor: Childhood Obesity: Etiology and Treatment
Master's degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2019 Obesity Visiting Professor: Complications and Treatment of Obesity
Master's degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2019 Obesity Visiting Professor: Research Strategies to Address Obesity
Master's degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2019 Charting Through Treacherous Waters- Today as a Woman in Medicine
2019 Dr. F. Marguerite Hill Lecturer Department of Medicine
University of Toronto
Toronto, Ontario, Canada
- 2020 Obesity: Understanding the Global Disease to Drive Better Treatment and Care
Grand Rounds
Weill Cornell Medical College- Qatar
Doha, Qatar
<https://qatar-weill.cornell.edu/continuing-professional-development/pearls-of-grand-rounds/article/obesity-a-rising-threat-to-global-health>
- 2020 The Time is Now: Accelerating action on obesity during the COVID-19 pandemic
Webinar
World Obesity Federation
London, United Kingdom
- 2020 Obesity and Its Impact on Global Health
Monash University School of Public Health and Preventive Medicine,
Melbourne, Australia
- 2020 Obesity- It is More Complex Than You Think
Research Methodology of Nutrition in Food Service
Master and Doctorate Program in Nutrition.
Federal University of Santa Catarina - UFSC (Florianópolis - SC - BRAZIL)
Florianopolis, Santa Catarina, Brazil
- 2020 COVID-19 and Obesity: Final 2020 Reflections
Webinar
World Obesity Federation
London, United Kingdom

- 2020 What Treatment Options Can We Offer for Obesity?
Dealing with a Big Issue- Weight Gain in Midlife
International Menopause Society
Rome, Italy
- 2021 Obesity Visiting Professor: Obesity as a Disease
Master's degree in Dietetics and Clinical Nutrition (MDCN), Faculty of Medicine
University of Pavia, Italy
- 2021 Fit City: Tools and Strategies for Preventing Obesity
Superstar Cities. Transforming for Success
Moscow Urban Forum 2021- 10th Annual
Moscow, Russia
- 2021 Racism and Discrimination in Social Determinants of Health and Medicine
World Medical Association General Assembly
London, United Kingdom
- 2021 Treating Obesity in Women
AAACE Communities: Middle East
Dubai, United Arab Emirates
- 2022 Obesity- The Multifactorial Disease and Its Myriad of Treatments
Research Methodology of Nutrition in Food Service
Master and Doctorate Program in Nutrition
Federal University of Santa Catarina - UFSC (Florianópolis - SC - BRAZIL)
Florianopolis, Santa Catarina, Brazil
- 2022 My Life and Journey in Medicine
Distinguished Speakers Series
Implementation for Service
Federation of African Medical Students' Associations
Ibadan, Nigeria
- 2022 Obesity and COVID-19: Risk, Susceptibility to Severe Disease, and Management
Risk factors and disease sequelae
Understanding COVID-19 to prepare for the next pandemic
2022 Nature Conference
London, United Kingdom
- 2022 Physical and Mental Manifestations of Weight Stigma in Patients with Obesity
Signs and Symptoms of Clinical Obesity
Lancet Commission on Obesity
London, United Kingdom

Report of Clinical Activities and Innovations

Current Licensure and Certification

2011-2022 Commonwealth of Massachusetts Full Medical License
 2014-2024 American Board of Obesity Medicine
 2015-2025 American Board of Pediatrics

Practice Activities

2015- Present	Ambulatory and Inpatient	MGH Weight Center, Massachusetts General Hospital 2015-Present	Obesity Medicine Physician (24 hr./ wk. clinical, 36 hr./wk. research)
2019- 2020	Ambulatory	MGH Executive Health	Executive Health Physician (8 hr./ wk. clinical)

Clinical Innovations

2013- 2016	Worked with EMR team in the transition from Longitudinal Medical Record (LMR) to EPIC to ensure that patients with overweight and obesity are appropriately identified by BMI criteria in the EMR to aid clinicians in treatment of this disease process.
2013-Present	Developed lecture series on the pathophysiology and novel treatment strategies for pediatric and adult obesity. Serve as one of the most sought after national and international lecturers of the treatment of obesity across the lifespan. One of the first fellowship trained obesity medicine physicians in the world.
2015- Present	Developed treatment protocol for patients with inadequate weight loss and/or weight regain after metabolic and bariatric surgery. My treatment protocol has been published by the American Society of Metabolic and Bariatric Surgery and is utilized in the US and internationally to help achieve weight loss in the post-operative course.
2016- Present	Serve as one of the international pioneers of “people first language” in the treatment of obesity. Helped draft resolutions to ensure such language is used in Massachusetts through the Massachusetts Medical Society and nationally through the American Medical Association.
2019-Present	Developing artificial intelligence to discern the use of weight promoting medications in patients (patent application pending).
2020-Present	Developing artificial intelligence to discern the role of obesity in patients admitted with COVID-19.

Report of Education of Patients and Service to the Community

Activities

1996- Present	College Mentor/ Lecturer Present church and school programs to encourage students to attend college and introduce students to college preparation skills.
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- 1998-2003 **Atlanta Public Schools Science Fair/ Judge**
Judge for science fairs at Inman Middle School, Benjamin E. Mays High School, and the Atlanta City Congress.
- 1998-2003 **Meals on Wheels Volunteer**
Help deliver meals to the elderly and the chronically ill in the Metro Atlanta area.
- 1998-2003 **Project Open Hand/ Volunteer**
Volunteered with this organization to fix meals for AIDS victims in Atlanta, Georgia.
- 2003-2007 **Junior Medical League Module Leader/ Boys & Girls Club of Augusta, GA**
Developed a module about medical research careers to introduce students to that facet of medicine.
- 2008 **Unity Games/ Team Physician**
Served as a physician for the Unity Games Staten Island, a 2-day basketball event for middle school students of different race and socioeconomic status, with the goal of promoting unity and cohesion.
- 2008- Present **Caucus of Emory Black Alumni/ Mentor**
Mentor students interested in entering the medical profession.
- 2010-2011 **American Medical Association Conley Medical Ethics Essay Competition/ Judge**
Serve on panel to judge medical student ethics essays for the American Medical Association's *Virtual Mentor*.
- 2010 **Hopkins Middle School, Columbia, SC**
Presented lecture on obesity in the pediatric population.
- 2011 **Emory University Scholars Program**
Served as keynote speaker for Emory Scholars Graduating Class of 2011.
- 2011 **Delta Sigma Theta Sorority, Inc. University of SC Chapter/ Speaker**
Presented lecture on Depression in the African American Community.
- 2011 **Junior League of Columbia/ Speaker**
Presented lecture on obesity in the pediatric population.
- 2012 **Delta Sigma Theta Sorority, Inc. University of SC Chapter/ Speaker**
Presented lecture on Obesity in the African American Community
- 2012-2015 **Massachusetts General Hospital Youth Scholars**
Mentor 10th grade students in Boston Public Schools who are interested in science careers.
- 2013 **Appalachian Mountain Club and Massachusetts General Hospital for Children**
Worked on Outdoors RX program, a program designed to help encourage physical activity in children outdoors.

- 2014 **Cooley Dickinson Health Care Lecture**
Presented a lecture entitled- “There is more to losing weight than Dieting and Exercise”.
- 2015 **MA State Legislature- MA House Bill 1764 Testimony**
Testified to the Joint Committee on Labor and Workforce Development in support of this bill to make discrimination on the basis of height and weight unlawful in the Commonwealth of Massachusetts.
- 2015 **Syracuse Pediatric Obesity Roundtable Lecture and Discussion**
Presented a lecture on Pediatric Obesity Research and Clinical Practice. Discussed creating a culture of wellness where we live. Discussed collaboration between schools and their respective community partners that collectively achieve greater health and academic outcomes among students.
- 2017-2020 **New England Science Symposium (NESS) Oral Session Judge**
Served as an oral session judge for The New England Science Symposium (NESS), which provides a forum for postdoctoral fellows; medical, dental and graduate students; post-baccalaureates; college and community college students (particularly for African-American, Hispanic/Latino and American Indian/Alaska Native individuals) to share their biomedical and health-related research activities through oral or poster presentations, to engage in discussions related to career development in the sciences, and to exchange ideas and to expand their professional networks.
- 2017-2018 **The Obesity Society Twitter Spokesperson (General Obesity and Pediatric Obesity)**
Served as a content expert for general public question on general and pediatric obesity questions on the social media for Twitter.
- 2018 **Health Professions Recruitment and Exposure Program (HPREP) at Harvard Medical School**
Served as physician career mentor for HPREP, an extracurricular program aimed at recruiting high school students, particularly those from under-served or underrepresented backgrounds, into science and medicine.
- 2018 **Massachusetts General Hospital Association of Multicultural Members of Partners (AMMP) Martin Luther King, Jr. Keynote Speech**
“Change begins with self”- What are the challenges, progress that are important to you that are well connected to Dr. Kings dream? Also, reflected in your journey and your day-to-day work what would be your message to the AMMP members on ways to create economic empowerment and equal platform for access to healthcare, good life, good nutrition values that would resonate to Dr. Kings spirit.
<https://youtu.be/rv4-BATtNUQ>
- 2018 **Massachusetts General Hospital for Children Parenting Series**
Presented a discussion-style talks for employees with children that focus on parenting and health-related topics related to weight management in children and adolescents.
- 2018 **Massachusetts General Hospital HUBWEEK**
Presented a talk on kids and sleep and obesity to understand the connection.

- 2019 **Massachusetts General Hospital the Maxwell and Eleanor Blum Patient and Family Learning Center within the Institute for Patient Care**
Understanding Optimal Weight and Nutrition in Children and Adolescents
Presented a talk on obesity and nutrition in children for National Nutrition Month.
- 2019-
Present
Sirius XM Just Jenny Satellite Radio
Weight Wednesday (Recurring Role)
Discuss obesity, its complexity, weight bias, and treatment for long term health.
- 2019 **Smith+ Saint Girl Bosses of Boston Panel Event**
Spoke on panel to educate the young women of Boston on how to build a brand, be a female entrepreneur, and how connections and mentors have helped you along the way.
- 2019 **Massachusetts General Hospital Russell Museum of Innovation**
Obesity: A Rising Threat to Global Health
Presented a talk on obesity and the science and medicine around and behind it.
- 2019 **Massachusetts General Hospital Patient Care Services, Collaborative Governance Diversity and Inclusion Committee**
Weight Bias: Its Impact on Patient and Employee Health
Presented a lecture and engage in a discussion on weight bias and its impact on the health of patients and healthcare workers.
- 2019 **MassChallenge Global Competition**
Served as a judge and expert for the MassChallenge, a company committed to strengthening the global innovation ecosystem by accelerating high-potential startups across all industries.
- 2019 **Boston Area Health Education Center (BAHEC), Boston Public Health Commission, and Boston University School of Medicine Summer Health Career Expo Keynote Speaker**
Served as keynote speaker on unique challenges to first generation and underrepresented STEM scholars who are considering the healthcare field.
- 2019 **NOWmed Weight Management Event**
Keynote Speaker
Served as the keynote speaker for the NOWmed urgent care on the importance of medical weight loss, the African American community with respect to the perception of weight, the effects of obesity with respect to other risk factors.
- 2019 **Indiana University Women of INfluence Annual Symposium**
Obesity in the US in Women and Girls: Understanding the Impact of Weight Bias Health
Served as keynote speaker on the obesity epidemic in women and girls in the US to laypersons and community health providers.
- 2019 **Healthy Churches 2020**
The Science of Obesity and Black Folks: What We Should Know and Do!

Served as closing plenary speaker on the topic of obesity in black churchgoers predominantly in the American south.

2020 **Voice of Reason Boston**
WEZE 590 AM

Served as guest on radio broadcast on obesity and its impact on social justice.
<https://t.co/wzm7pFxeWl?amp=1>

2020 **Blackdoctor.org**

Coronavirus and the Black Community: Maintaining Physical and Mental Health

Served as physician expert on obesity and its role in the black community during COVID-19.

2020 **Essence Magazine Townhall**

How to handle life after COVID-19

<https://essencestudios.com/events/wellness-house-20200508/session/survivor-stories>

Serve as a physician expert on panel to explore steps patients should take after recovering from COVID-19.

2020 **US Congresswoman Ayanna Pressley**
COVID-19 Tele Town Hall

Serve as physician expert to address information about COVID-19, public health implications of physical distancing, response from the hospitals, and how to access healthcare during pandemic.

2020 **Association of Healthcare Journalists**

How to cover disparities and COVID-19

Serve as a physician and media physician expert on panel to healthcare journalists.

2020 **Resilient Sisterhood Project**

Food justice and obesity in Black and Brown communities

<https://vimeo.com/423747280>

Serve as a physician expert to discuss food justice from a medical lens in terms of obesity in Black and Brown communities.

2020 **Wellness Wednesday with US Congress Candidate Maya Rockey Moore- Cummings**
COVID-19 and obesity

<https://www.facebook.com/MayaForCongress/videos/535678943979099/>

Served as a physician and policy expert on COVID-19 and obesity in the United States.

2020 **Race and Coronavirus**

Black Health and the Coronavirus Crisis

<https://raceandcoronavirus.substack.com/p/black-health-and-the-coronavirus>

Served as a physician expert on African American health and coronavirus, plus bias and racism.

2020 **Addressing Inadequate Weight Loss and Weight Regain After Bariatric Surgery**
Massachusetts General Hospital Weight Center Post-Surgical Group

Served as physician lecturer on metabolic adaptation and the use of pharmacotherapy after metabolic and bariatric surgery.

- 2020 **Extreme Tech Challenge (XTC) Global Finals 2020 Announcer**
<https://youtu.be/vpfk6y3Zoc8>
The Extreme Tech ChallengeSM (XTC) is a 501(c)(3) nonprofit devoted to elevating the next generation of entrepreneurs creating new technologies and innovations to benefit humankind. Announced the Telehealth recipient.
- 2020 **Live Lively- Heidi and Rachel**
Served as speaker on obesity as a disease to moms.
- 2020 **The Fit Geek Show**
Served as expert on podcast which aims to bring the world's best, most renowned fitness researchers, professionals, athletes, martial artists, and case studies to impart fitness education.
- 2020 **Flip the Script Podcast**
<https://podcasts.apple.com/us/podcast/flip-the-script/id1402777078?i=1000497103379>
Discussed my work focusing on racial disparities in obesity as a chronic illness, disparities in access to treatment, stigma, and patient experiences in clinical settings.
- 2020 **The Hill**
The New Frontier of Diabetes Care
The Hill brings together policymakers and health experts for an in-depth look into the newly digitized world of diabetes care and discuss how we can open the door to advanced, preventative care for all.
- 2020 **Harvard Foundation for International Medical Relief of Children (FIRMC)**
Addressing Healthcare Provider Bias in the Patient Experience
The Harvard FIRMC is part of a non-profit on a mission to bring improved healthcare to communities across the globe.
- 2020 **National Baptist Convention**
Diabetes Awareness Webinar
Discuss the impact of diabetes, obesity, nutrition, and exercise on church community.
- 2021 **Hearts on the Line Podcast**
Conversation on Overweight and Obesity
Discuss overweight and obesity with its unique issues in the black community.
- 2021 **Westminster Presbyterian Church, Pittsburgh, PA**
COVID and Health Disparities
Discuss the impact of COVID on health disparities through a faith context as part of the Justice and Peace series.
- 2021 **Brigham and Women's Hospital Center for Community Wellness Community**
Convos

Exploring Obesity, Health Disparities, and COVID-19

Discuss the prevalence of obesity in the black community, health disparities, and COVID-19.

2021 **Black Women’s Health Imperative and HealthyWomen
*Reclaim Your Wellness***

Discussion on making obesity a healthcare priority, while improving the lives of people with obesity; changing how the world sees, prevents and treats obesity as a disease; and ensuring people living with obesity have access to science-based, comprehensive care.

2021 **Biologos: Care and Disparity
Language of God: Episode 69**

<https://biologos.org/podcast-episodes/care-and-disparity>

Dr. Fatima Cody Stanford has seen the effects of how healthcare is provided differently across the population, both in her work and in her own experiences as a patient in the healthcare system. One outcome of the disparities in healthcare—the mistrust of the healthcare system—is now hindering the ability to get vaccinations to many of those who are at risk. We talk about the causes and some possible solutions and look at how some of the same issues play out in the treatment of obesity—the most prevalent chronic disease in the United States.

2021 **The Healthy Project Podcast
The Importance of Diversity and Inclusion in Medicine**

<https://www.buzzsprout.com/1142708/8162604-the-importance-of-diversity-an-inclusion-in-medicine-with-dr-fatima-cody-stanford-md-mph-mpa>

In Season 1, Episode 36, Dr. Stanford addresses health disparity, nutrition education for physicians and her role in obesity medicine.

2021 **Obesity Action Coalition
Childhood Obesity Day 2021**

Interview to explore the implications of obesity in childhood and the care associated with the disease from the physician and parent perspective.

2021 **The Great Girlfriends Podcast
Reclaim Your Wellness with Dr. Fatima Cody Stanford**

<https://thegreatgirlfriends.com/reclaim-your-wellness-with-dr-fatima-stanford/>

What are your thoughts regarding obesity? Did you know that obesity is a multi-factor disease? Great Girlfriends partnered with Healthy Women and Black Women’s Health Imperative to discuss obesity as a chronic disease with Dr. Fatima Stanford.

2021 **Black Enterprise Health and Wellness Summit
Stopping the Silent Killers: Diabetes, Heart Disease, Cancer, and Obesity**

<https://www.facebook.com/BLACKENTERPRISE/videos/stopping-the-silent-killers-diabetes-heart-disease-cancer-and-obesity-behealth/988397934900525/>

Served as key expert on obesity and its impact on the Black Community in the United States.

2021 **Tedx Babson College 2021**

Obesity, COVID, and Racism- A Collision of Three Pandemics

<http://bit.ly/tedxbabfcs>

Discuss the intersectionality of three major pandemics of obesity, COVID, and racism for Ted talk.

- 2021 **National Medical Association (NMA) Talks**
National Minority Health Month
Addressing Obesity in the African American Community
<https://www.youtube.com/watch?v=GMmiaP7nUdE>
Served as obesity medicine expert on the prevalence in the Black Community in the United States.
- 2021 **Weight Matters Magazine**
Dear Doctor, I have obesity. Should I get the COVID-19 Vaccine?
<https://www.obesityaction.org/wp-content/uploads/SPRING-2021web-1.pdf>
Wrote article for the Obesity Action Coalition Weight Matters magazine on the importance of the COVID-19 vaccine in patients with obesity
- 2021 **Examining Anti-Racism One Conversation at a Time**
Conscious Anti-Racism with Dr. Jill Wener, MD
Episode 34: Dr. Fatima Cody Stanford
<https://anchor.fm/drjillwenermd/episodes/Episode-34-Dr--Fatima-Cody-Stanford-evl4cr>
Spoke about the need to address anti-racism in academic medicine.
- 2021 **Quacks and Hypochondriacs**
Betr Health
The Obesity Prejudice with Harvard Medical's Dr. Fatima Stanford
<https://podcasts.apple.com/us/podcast/12-obesity-prejudice-harvard-medicals-dr-fatima-stanford/id1543741676?i=1000521747807>
Harvard Medical's Dr Fatima Stanford recently published a study on the impact of systemic racism on obesity. In this episode, she discusses the alarming results and what we can all do about it.
- 2021 **The Exam Room**
Physicians Committee
Obesity Science: Why We Struggle with Weight
<https://www.youtube.com/watch?v=SAgOKPK6JBA>
Served as expert for the Exam Room on why people struggle with obesity.
- 2021 **Brain Chat with the Nerdy Neurologist**
Multiple Sclerosis and Co-Morbidities
<https://anchor.fm/thenerdyneurologist/episodes/Comorbidities-and-Multiple-Sclerosis-e11fu7r>
Spoke about obesity as a co-morbidity for multiple sclerosis (particularly in black women).

- 2021 **Get Real Health with Dr. Chana Davis**
Ep. 027: Obesity Is a Disease: Causes & Treatments, Pt. 1
<https://open.spotify.com/episode/6jxV7x1PFBC82wnoZvIIVo?si=F8CEQ8SPRYuGpA9ChcJhNQ&nd=1>
 Dr. Fatima Cody Stanford challenges the way we think and talk about obesity. In this episode, she joins Dr. Chana Davis for a conversation about obesity - causes, treatments, and how to support loved ones battling this disease.
- 2022 **Women Who Win #Dreamcatchers: 5 Tips to Avoid Obesity - Obesity & Weight Management Strategies for 2022**
<https://www.youtube.com/watch?v=G9xO5uMWdhE>
 This informative and timely webinar as co-founder Dr. Deepa Jhaveri talks with leading expert, Dr. Fatima Cody Stanford, an Obesity Medicine Physician at Mass General/Harvard Medical School. A national and international sought-after expert in obesity medicine, Fatima shares essential tips for weight management, obesity & childhood obesity, and addresses the question on all of our minds - the relationship between metabolism & age.
- 2022 **Black Women's Health Imperative and Eastern Conference- The Links Eastern Area Health and Human Services, Nex-Gen and Platinum/Alumna Affairs Green Table Talk**
 Discussion on the complexity of obesity and its importance in the health of black women.
- 2022 **Authentic Conversations: Wellness Through Weight Management**
 8 Changes for Racial Equity ([8CRE](#)) and 7 Acts for Change ([7Acts](#))
<https://www.youtube.com/channel/UCW5G6B4Hrp11r3X7DHGfEcw>
 Authentic Conversations is a series of public discussions aiming to inspire and engage STEM/health professionals with uplifting personal stories highlighting threats that bind us.
- 2022 **Black Women in Healthcare and Medicine**
Black Women in Science & Engineering
<https://www.youtube.com/watch?v=n6G4XnGKOzQ>
 Black women in the field who are disillusioned and ready to quit. That's why it's so critical that we address their needs to help them and the communities of color that they serve.
- 2022 **The Curbsiders Podcast**
#324: Obesity Medicine FAQ with Dr. Fatima Cody Stanford
<https://thecurbsiders.com/podcast/324>
 Obesity treatment has been around since the 1950s, but we've been underutilizing it for far too long! Not only that, we've been thinking about obesity the wrong way for decades. Join us with Dr. Fatima Cody Stanford (@AskDrFatima) of Massachusetts General Hospital as we reframe our approach to this disease and learn tips on prescribing older, but still very effective, medications used to treat obesity.

- 2022 **Obesity Action Coalition- Obesity Care Week
Obesity Treatment with Dr. Fatima Cody Stanford**
<https://www.youtube.com/watch?v=nVWm8RMECTU>
We are discussing obesity treatment: Where are we today? What does the future look like? Today we are discussing obesity treatment: Where are we today? What does the future look like? Featuring: Fatima Cody Stanford, MD, MPH, MPA, MBA Moderator: James Zervios, Obesity Action Coalition
- 2022 **AMA: Moving Medicine
What Doctors Wish Patients Knew About Physical Activity**
<https://open.spotify.com/episode/5klyyUJjgaT29ipH4LYpjF>
Physical activity can help reverse prediabetes and lower BP. Harvard obesity medicine physician scientist Dr. Fatima Stanford shares what patients should keep in mind, including how to up your physical activity game by finding your "soul-mate workout."
- 2022 **Braver Angels: Should public health decisions be made by experts, not by ordinary citizens?**
<https://youtu.be/7SXDgXy4ODM>
Even prior to the COVID-19 pandemic, public trust in science showed some strains. The urgency of the pandemic and the level of political polarization in our country have led to an increasing politicization of science. This has been compounded by a 24-hour news and social media cycle that allows little to no time for review of and reflection on scientific research findings. Some believe that ordinary citizens cannot assess this information accurately enough to make decisions about public health issues and are willing to trust the experts. Others believe that experts alone are not deserving of the public's trust, that experts are often dismissive of citizens' rights and values, and that citizens should have a critical role in shaping public health decisions. **Can we find a way to rebuild trust between citizens and public health leaders?**
- 2022 **World Obesity Federation: Unlearn to Learn Podcast
Ethnicity and Weight Stigma**
<https://open.spotify.com/episode/47x7DjiIDSKBb7huoh170G>
Episode 2 focuses on the variations of obesity across different ethnic groups – how weight stigma and attitudes towards obesity vary greatly across cultures. As well as analyzing and examining the myriad cultural differences relating to obesity, Dr Stanford takes Alexander through a history of bias in the media, and how healthcare professionals and practitioners can avoid stigma and influence from harmful stereotypes.
- 2022 **Human Health Education and Research Foundation
Overcoming Obesity - A Holistic Approach to Achieving and Maintaining Health**
<https://www.youtube.com/watch?v=ZY4sXJul87w>
In this webinar, Dr Ossamah Salamah, CEO of the @Human Health Education and Research Foundation is discussing the reasons of obesity and the impact the disease has on people's lives. His guest in this webinar is Dr Fatima Cody Stanford, obesity medicine physician-scientist, educator, and policymaker at Massachusetts General Hospital and an Associate Professor of Medicine and Pediatrics at Harvard Medical School.

- 2022 **BWISE (Black Women in Science and Engineering) 1st Annual Conference- Women Hold Up Half the Sky**
Keynote: Superhuman, But Never Enough: Black Women in Medicine
 Black women have traditionally had the same opportunities as other groups in medicine and healthcare leadership. This conference seeks to address potential solutions.
- 2022 **Media Empathy Foundation**
Leaders in Academia and Pop Culture Address Weight Stigma
<https://youtube.com/embed/SDGLbUOGnGI>
 Panel discussion to address weight stigma in popular culture with industry leaders in film, broadcast media, fashion, and journalism.
- 2022 **Physicians Weekly**
inDepth: the Value of Telehealth
<https://www.physiciansweekly.com/indepth-the-value-of-telehealth>
 We spoke with Professor Fatima Cody Stanford, who is an obesity medicine physician scientist at Massachusetts General Hospital and Harvard Medical School. She co-authored papers in both Nature Medicine and Lancet Digital Health on how telehealth can both support and exacerbate health disparities
- 2022 **Inspiring Women with Laurie McGaw**
EP. 93 Changing the status quo means required and measured change, says Dr. Fatima Cody Stanford “As a black woman, I don’t turn off my blackness…”
<https://www.inspiringwomen.show/2022/07/26/ep-93-changing-the-status-quo-means-required-and-measured-change-says-dr-fatima-cody-stanford-as-a-black-woman-i-dont-turn-off-my-blackness/>
 Dr. Stanford lives by her three F’s - Family, Faith, and Fitness. I’ll add a fourth - Fierce. Her seemingly endless drive began early, still laughing about her spelling bee story (age 4). Today that energy is pointed towards progress with health equity, helping patients, removing stigma and disparities. She believes sustained progress will come only with requirements and measured change
- 2022 **Equity in Medicine: The Path of a Physician Scientist**
Acting on SDoH: Diversity in Clinical Trial Design & Research
W!LD/ Close Concerns Taking Advancing Women’s’ Leadership in Diabetes
 In our fall 2022 Women Leaders in Diabetes (W!LD) Network gathering, featuring Dr. Fatima Cody Stanford, a moderated panel discussion with multiple key leaders, and an interactive audience Q&A - and excellent breakout opportunities.
- 2022 **WebMD/Medscape Patient Podcast Series on Obesity**
Episode 3: How Much Weight Should You Lose
 In this six-episode series, we address issues of concern in patients with obesity in the US.

2022

**In the Bubble with Andy Slavitt
How Hunger Drives the Obesity Epidemic**

<https://podcasts.apple.com/us/podcast/how-hunger-in-america-drives-the-obesity-epidemic/id1504128553?i=1000581365090>

At its first hunger summit in 50 years, the White House announced a plan last week to end hunger and reduce obesity by 2030. Is that really possible, and what will it take to get there? Andy speaks with Dr. Fatima Cody Stanford, who specializes in obesity medicine, about the link between obesity and hunger plus how race, stress, and poverty play a role. Using examples from her life and her practice, she explains why obesity should be viewed and treated as the disease it is, using methods like medicine and surgery in tandem with diet and exercise.

Educational Material for Patients and the Lay Community

Books, monographs, articles, and presentations in other media

Books

Delano-Oriaran O, Penick MW, Arki S, Michael A, Swindell O, Moore, Jr. E. Teaching Beautiful Brilliant Black Girls. Corwin: Thousand Oaks, CA. Chapter 1. Black “Girls” Are Different, Not Different
Stanford, FC. Vignette- It Takes a Village: Black Girl Physician, Black Girl Scientist

O’Connor MI and Haq KL. Taking Care of You: The Empowered Woman’s Guide to Better Health
Paperback

2002 Sex & Violence: Straight Interviewee
Talk with Teens
WSB ABC
Atlanta, GA

2009 “My Voice”- American Author <http://www.ama-assn.org/ama1/pub/upload/mm/453/2009-fall-voice-resident-fellows.pdf>
Medical Association
Resident and Fellow
Section Voice

2011 Staying Active During Author http://thetandd.com/lifestyles/health-med-fit/article_6e0ac7e0-2816-11e0-af2d-001cc4c03286.html
Winter”
The Times and Democrat

2011 Midlands school fights Interviewee <http://www.midlandsconnect.com/news/story.aspx?id=617196>
childhood obesity with <http://www.youtube.com/watch?v=2x0vplF2Xg8>
diet and exercise
WACH FOX Columbia,
SC

2011 Importance of optimal Interviewee <http://www.youtube.com/watch?v=f7DBA-Gcqk0>
childhood nutrition
WOLO ABC
Columbia, SC

2011	Break the couch potato habit: instill the love for exercise at an early age Palmetto Parent Magazine (6/11)	Interviewee	http://ipubviewer.com/publication/?i=71170&p=13
2011	Pumpkins and Munchkins: Halloween Safety WIS NBC Columbia, SC	Interviewee	http://www.youtube.com/watch?v=002QnN_ZoK8
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2013	American College of Physicians- My Kind of Internist	Interviewee	http://www.acponline.org/medical_students/impact/archives/2013/05/mykind/
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2013	Questions and answers on obesity with Dr. Fatima Cody Stanford	Interviewee	http://m.baystatebanner.com/news/2013/oct/10/questions-and-answers-obesity-dr-fatima-cody-stanf/
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2014	PBS-Arthur Family Health Fitness Expert Q&A	Interviewee	http://pbskids.org/arthur/health/fitness/expert-video.html

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2015	ConscienHealth: Potential Breakthrough in Understanding the Obesity Gene	Interviewee	http://conscienhealth.org/2015/08/potential-breakthrough-in-understanding-the-obesity-gene/
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2016	ACP Internist- Weighing the Options for Bariatric Surgery	Interviewee	http://www.acpinternist.org/archives/2016/01/obesity.htm
2016	Time Magazine- How to Help Your Kids Stay Fit Even in They're not Athletic	Interviewee	http://time.com/4193105/how-to-help-your-kids-stay-fit-even-if-theyre-not-athletic/
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2016	In Moderation, Artificial Sweeteners are Not Harmful, Doctor Says	Interviewee	http://boston.cbslocal.com/2016/04/18/artificial-sweeteners-health-obesity/
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2016	Healio Internal Med: FDA finalizes improved Nutrition Facts label for packaged foods- Perspective	Author	ow.ly/W0lj300wPis
2016	WBZ Radio: Local obesity expert shares take on new weight loss plan by Dr. Michael Mosley	Interviewee	http://cbsloc.al/29CmBBR
2016	Conscienhealth: Weight Bias in Paso del Norte	Interviewee	http://conscienhealth.org/2016/08/weight-bias-border-mexico/
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2016	El Paso Times: Patients with obesity face difficulty in hiring	Interviewee	http://www.elpasotimes.com/story/news/health/2016/08/03/panel-obese-face-bias-jobs-health-care/88031236/
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- 2016 Conscienhealth: Watching Costs Pile Up for Untreated Obesity Interviewee <http://conscienhealth.org/2016/12/watching-costs-pile-untreated-obesity/>
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2016	Women's Health: 3 Weight Loss Struggles from the Show 'This is Us' that we can all relate to	Interviewee	http://www.womenshealthmag.com/weight-loss/this-is-us-wegiht-loss
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2016	US News & World Report: 9 Ways to Boost Your Immune System	Interviewee	http://health.usnews.com/wellness/slideshows/9-ways-to-boost-your-immune-system
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2017	Healio Endocrine Today: Consumers Perceive Low Coverage for Obesity Treatment, Despite Workplace Wellness Programs	Interviewee	http://www.healio.com/endocrinology/obesity/news/in-the-journals/%7B632fda13-3d8d-4f90-98c2-b53b2d0901dd%7D/consumers-perceive-low-coverage-for-obesity-treatment-despite-workplace-wellness-programs
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| 2017 | AMAWire: The Moment I Knew Medicine was My Calling | Interviewee | https://wire.ama-assn.org/life-career/dr-stanford-moment-i-knew-medicine-was-my-calling |
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2017	Women's Health: The Disturbing Reason Why Americans Are Eating, Drinking, And Smoking More	Interviewee	http://www.womenshealthmag.com/weight-loss/stress-eating-weight-gain
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2017	Women's Health: How Long it Takes People to Lose 10 Pounds	Interviewee	http://www.womenshealthmag.com/weight-loss/how-long-it-takes-people-to-lose-10-pounds
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2017	MGHfC Childhood Obesity Awareness Month: Keeping a healthy Weight	Interviewee	https://app.vidscrip.com/vidscrip/59bff15495fa5e0007626646?qs=1&q=1
2017	Markets Insider: Obesity Uncovered: How Well Do North Americans Understand Their Health Insurance?	Interviewee	http://read.bi/2hcaVJR
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2017	Harvard Health: Your Complete Guide to Choosing a Yogurt to Meet Your Needs	Interviewee	http://bit.ly/2Agnpb6
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2017	AHA: Joining AHA allows obesity specialist to contribute, learn	Interviewee	http://www.ahasessionsdailynews.org/joining-aha-allows-obesity-specialist-to-contribute-learn/
2017	Medpage Today: Majority of Kids Today Will be Obese Adults	Interviewee	https://www.medpagetoday.com/pediatrics/obesity/69550
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2017	Women’s Health: The 5 Ground Rules You Must Follow If You Want to Lose Weight	Interviewee	https://www.womenshealthmag.com/weight-loss/weight-loss-rules
2018	Expose Ireland: From Cabbage Soup to Lots of Pineapple: A Look Back at the Weirdest Fad Diets in History	Interviewee	https://www.tv3.ie/xpose/article/lifestyle/258587/From-cabbage-soup-to-lots-of-pineapple-A-look-back-at-the-weirdest-fad-diets-in-history
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2018	Boston Herald: Fitness Apps Don’t Stave Off Obesity	Interviewee	http://www.bostonherald.com/news/columnists/lindsay_kalter/2018/01/kalter_fitness_apps_don_t_stave_off_obesity
2018	NBC 10 Boston: Intermittent Fasting Diets for Health	Interviewee	https://www.youtube.com/watch?v=PJSrZYdgsKY
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2018	Healio: Intermittent Fasting: What PCPs Need to Know	Interviewee	https://www.healio.com/internal-medicine/nutrition-and-fitness/news/online/%7B1ea93439-c304-46d3-8e5a-69846fae2ee6%7D/intermittent-fasting-what-pcps-need-to-know
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2018	Bloomberg: Female Doctors Make \$105,000 Less than Male Peers, Review Finds	Interviewee	https://www.bloomberg.com/news/articles/2018-03-14/female-doctors-make-105-000-less-than-male-peers-review-finds

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2021	USA Today: States with high obesity rates nearly doubled in two years. Here's why.	Interviewee	https://www.usatoday.com/story/news/health/2021/09/15/cdc-report-states-high-obesity-rates-nearly-double-two-years/8348219002/
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2021	Harvard Health Blog: Surprising Findings About Metabolism and Age	Author	https://www.health.harvard.edu/blog/surprising-findings-about-metabolism-and-age-202110082613
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2022	WCVB: Massachusetts Experts: Don’t Wait to Tackle Pandemic Weight Gain	Interviewee	https://www.wcvb.com/article/massachusetts-experts-dont-wait-to-tackle-pandemic-weight-gain/39165393

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2022	NY Daily News: The language we use influences the way we think	Author	https://www.nydailynews.com/opinion/ny-letter-march-23-20220323-rw6u3np2cfeibi475nkw133ddm-story.html
2022	Healio: Q&A Physicians weigh in as attacks on health care continue in Ukraine	Interviewee	https://bit.ly/3uwyLBk
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2022	Conscienhealth: New Semaglutide Dosing for Diabetes: Value for Obesity?	Interviewee	https://conscienhealth.org/2022/03/new-semaglutide-dose-in-diabetes-value-for-obesity/
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2022	Conscienhealth: Getting to Work on a Global Obesity Knowledge Gap	Interviewee	https://conscienhealth.org/2022/04/getting-to-work-on-a-global-obesity-knowledge-gap/
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2022	Conscienhealth: Race of Hero Spirits Pass Tirzepatide Phase Three Obesity Results: Wow!	Interviewee	https://conscienhealth.org/2022/04/tirzepatide-phase-three-obesity-results-wow/
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2022	NY Times: The Doctor Prescribed an Obesity Drug. Her Insurer Called It ‘Vanity.’	Interviewee	https://www.nytimes.com/2022/05/31/health/obesity-drugs-insurance.html
2022	Harvard Health Policy Review: Obesity Medicine, Stigma, and Health Disparities: A Conversation with Physician-Scientist Dr. Fatima Cody Stanford	Interviewee	http://www.hhpronline.org/articles/2022/5/31/obesity-medicine-stigma-and-health-disparities-a-conversation-with-physician-scientist-dr-fatima-cody-stanford
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2022	Advisory Board: Why are weight-loss drugs so hard to get?	Interviewee	https://www.advisory.com/daily-briefing/2022/06/02/weight-loss-drugs
2022	Self: COVID Vaccine Needle Size Matters—So Why Aren’t We Hearing More About It?	Interviewee	https://www.self.com/story/covid-vaccine-needle-size
2022	WBUR: We talk about weight, health and problematic ideals around 'bikini bodies'	Interviewee	https://www.wbur.org/radioboston/2022/06/15/summer-swimsuit-season-health-body-positive-language
2022	WCVB: Massachusetts Doctor Discusses New Drug leading to Dramatic Weight Loss	Interviewee	https://www.wcvb.com/article/dr-fatima-cody-stanford-new-weight-loss-drug/40332762
2022	Women’s Health: Can You Do Yoga For Weight Loss? This Is How To Use It To Build Muscle And Burn Fat, Per Experts	Interviewee	https://www.womenshealthmag.com/weight-loss/a40266288/how-to-use-yoga-for-weight-loss/

2022	NPR: Medical Bias Against Obesity Is Preventing Patients from Receiving Proper Care	Interviewee	https://www.npr.org/2022/06/23/1107166691/medical-bias-against-obesity-is-preventing-patients-from-receiving-proper-care
2022	Conscienhealth: A Perfect Storm of Bias in Medical Care for Obesity	Interviewee	https://conscienhealth.org/2022/06/a-perfect-storm-of-bias-about-medical-care-for-obesity/
2022	Medpage Today: Demand Rising for 'Bootlegged' Weight-Loss Drug	Interviewee	https://www.medpagetoday.com/special-reports/exclusives/99625
2022	Drug Discovery News: Trailblazing scientist changes the view of obesity	Interviewee	https://www.drugdiscoverynews.com/trailblazing-scientist-changes-the-view-of-obesity-15460
2022	Endocrine Today: Genetics and racism contribute to racial-ethnic disparities in obesity and comorbidities	Interviewee	https://www.healio.com/news/endocrinology/20220707/genetics-and-racism-contribute-to-raciaethnic-disparities-in-obesity-and-comorbidities
2022	USA Today: Obesity was long considered a personal failing. Science shows it's not.	Interviewee	https://www.usatoday.com/in-depth/news/health/2022/07/26/america-obesity-rate-not-personal-failing/9479046002/
2022	USA Today: New weight loss drugs, like Wegovy, can work. But at what cost?	Interviewee	https://www.usatoday.com/in-depth/news/health/2022/07/26/pricey-new-weight-loss-medications-work/9548831002/
2022	Texas Public Radio: Patients report that weight stigma has led to difficulties getting treatment, and avoidance of seeking future healthcare	Interviewee	https://kstx.prod.npr.psdops.com/_preview?_cms.db.previewId=00000182-8433-d826-add2-fc7b69e80000&_date=
2022	Healio: Video: Stigma Hampers Care for People	Interviewee	https://www.healio.com/news/endocrinology/20220813/video-stigma-hampers-care-for-people-with-excess-weight-and-diabetes

with Excess Weight and Diabetes

- 2022 Endocrinology Network: GSA Releases New Toolkit for Obesity Management in Older Adults Interviewee <https://www.endocrinologynetwork.com/view/gerontological-society-of-america-releases-new-toolkit-for-obesity-management-in-older-adults>
- 2022 Medscape: A Better Way to Help Patients Drop Excess Weight Interviewee <https://www.medscape.com/viewarticle/976327>
- 2022 Healio: Racial and Ethnic Disparities in Women's Cardiometabolic Health Must Be Reduced Interviewee <https://www.healio.com/news/cardiology/20220912/video-racial-ethnic-disparities-in-womens-cardiometabolic-health-must-be-reduced>
- 2022 MD Edge: Weight gain during pregnancy may play role in child ADHD risk Interviewee <https://www.mdedge.com/obgyn/article/257814/obstetrics/weight-gain-during-pregnancy-may-play-role-child-adhd-risk?channel=39313>
- 2022 GQ: Is the World Ready for Extremely Effective Weight-Loss Drugs? Interviewee <https://www.gq.com/story/weight-loss-drugs>
- 2022 American Thinker: This may be the silliest lawsuit filed against McDonald's Interviewee https://www.americanthinker.com/blog/2022/09/this_may_be_the_silliest_lawsuit_every_filed_against_mcdonalds.html
- 2022 American Medical Association: 5 ways to help patients with obesity make lifestyle changes Interviewee <https://www.ama-assn.org/delivering-care/public-health/5-ways-help-patients-obesity-make-lifestyle-changes>
- 2022 Healio: SARS-CoV-2 infects fat tissue, possibly explaining obesity risk factor Interviewee <https://www.healio.com/news/infectious-disease/20220929/sarscov2-infects-fat-tissue-possibly-explaining-obesity-risk-factor>
- 2022 Business Insider: One of the most popular ways of telling if you're a healthy weight is bogus — here's Interviewee <https://www.businessinsider.com/bmi-is-bogus-best-way-to-tell-if-youre-a-healthy-weight-2016-9>

what you should do instead

- 2022 Verywell Health: Researchers Say Waist-to-Hip Ratio Should Replace BMI—Here's Why Interviewee <https://www.verywellhealth.com/could-waist-hip-ratio-replace-bmi-6745714>
- 2022 NBC News: How an overreliance on BMI can stand between patients and treatment Interviewee <https://www.nbcnews.com/health/health-news/overreliance-bmi-can-stand-patients-treatment-rcna51228>
- 2022 DocWire- Cardionerds: Racial and Gender Disparities in Obesity Interviewee <https://www.docwirenews.com/cardionerds/racial-and-gender-disparities-in-obesity/>
- 2022 Insider: I'm an expert in obesity, a condition that is rampantly misunderstood. Here is why I'm very comfortable with a patient weighing 300 pounds. Interviewee <https://www.insider.com/obesity-expert-says-why-ok-patient-weighing-300-pounds-2022-10>
- 2022 KHN: BMI: The Mismeasure of Weight and the Mistreatment of Obesity Interviewee <https://khn.org/news/article/bmi-obesity-treatment-prescription-weight-loss-drugs-wegovy-insurance-coverage/>
- 2022 CBS: New generation of weight loss medications offer promise — but at a price Interviewee <https://www.cbsnews.com/news/weight-loss-medications-wegovy-price/>
- 2022 Forbes: These Are Easiest Diets To Follow (According To Experts) Interviewee <https://www.forbes.com/health/body/easiest-diets-to-follow/>
- 2022 The Root: The Body Mass Index (BMI) Is A Flawed System Interviewee <https://www.theroot.com/the-body-mass-index-bmi-is-a-flawed-system-1849659269>

Interviewee

2022	Yahoo: Obesity risk in middle-aged women linked to air pollution in new study		https://www.yahoo.com/lifestyle/middle-aged-women-obesity-air-pollution-study-191355839.html
2022	USA Today: New guidelines expand eligibility for weight loss surgery. Will insurance coverage follow?	Interviewee	https://www.usatoday.com/story/news/health/2022/10/21/weight-loss-surgery-qualification-guidelines/10540645002/
2022	American Physiological Society: TPM Examines the Shortcomings of BMI, Allyship in Science + More	Interviewee	https://www.newswise.com/faseb/tpm-examines-the-shortcomings-of-bmi-allyship-in-science-more/&ta=home
2022	Washington Post: New Weight-Loss Drugs Work, But Who's Paying?	Interviewee	https://www.washingtonpost.com/business/new-weight-loss-drugs-work-but-whos-paying/2022/11/09/ccea6bca-603b-11ed-a131-e900e4a6336b_story.html
2022	Just Jenny Podcast: Ep 3. Weight Wednesday with Dr. Fatima Cody Stanford	Interviewee	https://podcasts.apple.com/us/podcast/just-jenny/id1653198439?i=1000586405064
2022	Everyday Health: 'Protein Hunger' Drives Overeating of Processed Foods, According to a New Study	Interviewee	https://www.everydayhealth.com/diet-nutrition/protein-hunger-drives-overeating-of-processed-foods/
2022	Proto: Prescription- Thin	Interviewee	https://protomag.com/clinical-research/prescription-thin/
2022	Prevention: What Is Ozempic, the Diabetes Medication That's Being Used Off-Label for Weight Loss?	Interviewee	https://www.prevention.com/food-nutrition/a41994246/ozempic-weight-loss/
2022	Prevention: What Is Ozempic, the Diabetes Medication That's Being Used Off-Label for Weight Loss?	Interviewee	https://www.prevention.com/food-nutrition/a41994246/ozempic-weight-loss/

2022	Healio: Unhealthy food advertising disproportionately targets Black, Hispanic consumers	Author	https://www.healio.com/news/primary-care/20221117/unhealthy-food-advertising-disproportionately-targets-black-hispanic-consumers
2022	Financial Times: Big Pharma targets \$50bn obesity drugs market as demand booms	Interviewee	https://enterprise-sharing.ft.com/redeem/8454ee17-148c-4854-a55b-8987f4853f7e
2022	MedPage Today: Hollywood's Newest Weight-Loss Drug and the Obesity Epidemic	Interviewee	https://www.medpagetoday.com/opinion/faustfiles/102008
2022	Conscienhealth: Ineffective Obesity Policies Anchored to Stigma	Interviewee	https://conscienhealth.org/2022/11/ineffective-obesity-policies-anchored-to-stigma/
2022	USA Today: Weight loss treatment is on the verge of transformation. It's not there yet. Here's why.	Interviewee	https://www.usatoday.com/story/news/health/2022/12/04/weight-loss-treatment-medication-availability/10794568002/
2022	Yahoo Finance: Women and the Obesity Epidemic: Time for Action	Interviewee	https://finance.yahoo.com/news/women-obesity-epidemic-time-action-135400260.html
2022	Harvard Alumni in Healthcare: Fatima Cody Stanford MPA' 15 MD, MPH, MBA	Interviewee	https://harvardalumnihealthcare.com/people-of-haih/fatima-cody-stanford
2022	Endpoints News: Novo Nordisk addresses off-label Ozempic use as it grapples with multiple shortages	Interviewee	https://endpts.com/novo-nordisk-addresses-off-label-ozempic-use-as-it-grapples-with-multiple-shortages/
2022	Science News: Medical racism persists 50 years after the syphilis study at Tuskegee	Interviewee	https://www.sciencenews.org/article/tuskegee-syphilis-study-medical-racism

2022 Forbes: Ozempic for Weight Loss: Risks, Side Effects, and More	Interviewee	https://www.forbes.com/health/body/ozempic-for-weight-loss/
2022 Conscienhealth: Throwing People with Obesity Under the Bus	Interviewee	https://conscienhealth.org/2022/12/throwing-people-with-obesity-under-the-bus/
2022 Stat News: Wegovy may help teens with obesity lose weight but isn't a magic bullet	Interviewee	https://www.statnews.com/2022/12/30/wegovy-approved-help-obese-teens-lose-weight/

Recognition

2000	Who's Who in American Colleges and Universities	Who's Who
2010	Who's Who among Executives and Professionals in the field of research, medicine, and healthcare	Cambridge Who's Who Registry
2011	Patient's Choice Award Compassionate Doctor Award	Vitals.com
2011,2014-2017	Who's Who in America	Marquis Who's Who
2017-Present	Albert Nelson Marquis Lifetime Achievement Award	Marquis Who's Who
2018-Present	Who's Who in the World	Marquis Who's Who
2015	Top 40 Under 40 Healthcare Innovators	Medtech Boston
2016	Top Physician	Leading Physicians of the World
2016	Certified Sentinel of Science Award Top 10% of researchers contributing to peer review in Medicine	Publons
2017-2020	Doximity Leader/ Leadership Conference Participant	Doximity
2017	America's Top Physicians	Consumer Research Council of America
2022-2023	US Best Diets Expert	US News and World Report

Report of Scholarship

Publications

Peer reviewed publications in print or other media

Original Research Investigations

1. Lane CG, Warren RF, **Stanford FC**, Kendoff D, Pearle AD. In vivo analysis of the pivot shift phenomenon during computer navigated ACL reconstruction. *Knee Surg Sports Traumatol Arthrosc.* 2008 May; 16 (5): 487-492. PMID: 18311485
2. **Stanford FC**, Kendoff D, Warren RF, Pearle AD. Native ACL obliquity versus ACL graft obliquity: an observational study utilizing navigated measurements. *Am J Sports Med.* 2009 Jan; 37(1):114-119. PMID: 18815237
3. Robinson J, **Stanford FC**, Kendoff D, Stüber V, Pearle AD. Replication of the range of native anterior cruciate ligament fiber length change behavior achieved by different grafts: measurement using computer-assisted navigation. *Am J Sports Med.* 2009 Jul; 37(7):1406-1411. PMID: 19369575
4. Lee DC, Sui X, Artero EG, Lee IM, Church TS, McAuley PA, **Stanford FC**, Kohl III, HW, Blair SN. Long-term effects of changes in cardiorespiratory fitness and body mass index on all-cause mortality in men: The Aerobics Center Longitudinal Study. *Circulation.* 2011; 124(23): 2483-2490. PMID: 22144631
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6. **Stanford FC**, Durkin MW, Stallworth JR, Blair SN. Comparison of physical activity levels in physicians and medical Students to the general adult population in the US. *Phys Sportsmed.* 2013; 41 (4): 86-92. PMID: 24231600
7. Vann LH, **Stanford FC**, Durkin MW, Hanna A, Knight LM, Stallworth JR. "Moving and Losing": a pilot study incorporating physical activity to decrease obesity in the pediatric population. *J S C Med Assoc.* 2013; 109 (4):116-120. PMID: 24908910
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9. **Stanford FC**, Kyle TK, Claridy MD, Nadglowski JF, Apovian CM. The influence of an individual's weight perception on the acceptance of bariatric surgery. *Obesity (Silver Spring).* 2015; 23 (2): 277-281. PMID: 25546377
10. **Stanford FC**, Jones DB, Schneider BE, Blackburn GL, Apovian CM, Hess DT, Chiodi S, Robert S, Bourland AC, Wee CC. Patient race and the likelihood of undergoing bariatric surgery among patients seeking surgery. *Surg Endosc.* 2015; 29(9):2794-9. PMID: 25492453
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Family Med. 2015; 2015:841249. doi: 10.1155/2015/841249. Epub 2015 Aug 3. PMID: 26339506

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13. Kyle TK, Nadglowski JF, Claridy MD, **Stanford FC**. U.S. employee wellness programs and access to obesity treatment in employer-sponsored health insurance. *Am J Manag Care.* 2015; Nov 21 (15 Spec No): SP513-15. <http://bit.ly/1N1PyxR>
14. Misra M, Ackerman KE, Bredella MA, **Stanford FC**, Faje AT, Nordberg A, Derrico NP, Bouxsein ML. Racial differences in bone microarchitecture and estimated strength at the distal radius and distal tibia in older adolescent girls: a cross-sectional study. *J Racial Ethn Health Disparities.* 2016 Jul 7. Epub ahead of print PMID: 27387309
15. Maffazioli GD, **Stanford FC**, Campoverde Reyes KJ, Stanley TK, Singhal V, Corey KE, Pratt JS, Bredella MA, Misra M. Comparing outcomes of two types of bariatric surgery in an adolescent obese population: roux-en-y gastric bypass versus sleeve gastrectomy. *Front Pediatr.* 2016 July 26; 4:78. PMID:27508205
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38. Czepiel KS, Perez NP, Campoverde Reyes KJ, Sabharwal S, **Stanford FC**. Pharmacotherapy for the Treatment of Overweight and Obesity in Children, Adolescents, and Young Adults in a large health system in the US. *Front Endocrinol (Lausanne)*. 11:290. PMID: 32477270.
39. Campoverde Reyes KJ, ***Stanford FC**, Singhal V, Animashaun AO, Bose A, Gleeson EL, Bredella MA, Misra M. Bone density, microarchitecture and strength estimates in white versus African American youth with obesity. *Bone*. 2020 Jul 1;138: 115514. doi: 10.1016/j.bone.2020.115514. PMID: 32622072 ***denotes co-first author**
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Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses
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Audience: Physicians, medical students, physician assistants, nurse practitioners, nurses
16. American College of Physicians Obesity Medicine Learning Series
Obesity Management 1: Lifestyle Modification, Editor
<https://www.acponline.org/cme-moc/online-learning-center/obesity-management-1-lifestyle-modification>
Updated: January 15, 2021. Accessed April 21, 2021
Audience: Physicians, medical students
17. American College of Physicians Obesity Medicine Learning Series
Obesity Management 2: Pharmacotherapy, Editor
<https://www.acponline.org/cme-moc/online-learning-center/obesity-management-2-pharmacotherapy>
Updated: January 15, 2021. Accessed April 21, 2021
Audience: Physicians, medical students
18. American College of Physicians Obesity Medicine Learning Series

Obesity Management 2: Pharmacotherapy, Editor
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Updated: January 15, 2021. Accessed April 21, 2021
Audience: Physicians, medical students

19. American College of Physicians Obesity Medicine Learning Series
Obesity Management 3: Bariatric Surgery, Editor
<https://www.acponline.org/cme-moc/online-learning-center/obesity-management-3-bariatric-surgery>
Updated: January 15, 2021. Accessed April 21, 2021
Audience: Physicians, medical students
20. American College of Physicians Obesity Medicine Learning Hub
The DEI Shift Obesity Mini-Series, Episode 1: Defining Obesity, Challenging Weight Bias
<https://www.acponline.org/clinical-information/clinical-resources-products/obesity-management-learning-hub/the-dei-shift-obesity-mini-series-episode-1-defining-obesity-challenging-weight-bias>
Released: April 15, 2021. Accessed April 21, 2021.
Audience: Physicians, medical students
21. American College of Physicians Obesity Medicine Learning Hub
The DEI Shift Obesity Mini-Series, Episode 2: Defining Obesity, Challenging Weight Bias
<https://www.acponline.org/cme-moc/online-learning-center/the-dei-shift-obesity-mini-series-episode-2-weight-and-cultural-considerations>
Released: April 15, 2021. Accessed April 21, 2021.
Audience: Physicians, medical students

Clinical Guidelines and Reports

Weight Loss Pharmacotherapy Protocol (2012-Present)

Work as member of the MGH Weight Center committee to standardize the use of weight loss medications for patients with overweight or obesity. Helped develop pilot program and determine cost/benefits of medication in certain patient groups (e.g. type 2 diabetes mellitus, psychotropic-induced weight gain).

Pediatric Program Protocol (2012-Present)

Work as member of an MGH Weight Center committee to standardize the care of pediatric patients with overweight or obesity. Helped determine appropriate clinical contact with physicians, psychologist, and dietitians, length of program, and supporting clinical activities.

Inadequate Weight Loss and Weight Regain Protocol for Patients who Have Undergone Metabolic and Bariatric Surgery

Published largest retrospective multi-center study on the use of weight loss medications as an adjunct to metabolic and bariatric surgery and associated clinical guideline on how to prescribe medications in post-bariatric surgery patients- both published in *Surgery for Obesity and Related Diseases (SOARD)*.

Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings

Stanford FC, Bertrand S, Gunderson T, Pellett J, Wenger KH. Remodeling of transplanted fascia in developmental joint reconstruction.

(2005, April) 46th Annual National Student Research Forum, Galveston, TX- Best Orthopaedic Poster

(2005, March) 21st Annual Wilbert C. Jordan Research Competition of the Student National Medical Association, St. Louis, MO- Best Clinical Research

(2005, February) 31st Annual Eastern Atlantic Student Research Forum, Miami, FL- Best Overall Clinical Research

Stanford FC, Durkin MW, Poston MB, Powell CK, Stallworth JR and Blair SN. Determining Levels of Physical Activity in Attending Physicians, Resident and Fellow Physicians, and Medical Students in the United States.

(2010, November) 8th Annual AMA MSS & RFS Research Symposium, San Diego, CA- Best Health Policy Poster

(2010, October) Annual SC ACP Associates Research Competition, Hilton Head, SC- Best Clinical Research Poster

Stanford FC, Yarlagadda S, Palad CJ. Coverage of Obesity on American Board of Medical Specialty (ABMS) Examinations

(2019, November) The Obesity Society, ObesityWeek- Las Vegas, NV

Gudzune K, Wickham E, Schmidt S, **Stanford FC**. Provision and Variation of Obesity Services by American Board of Obesity Medicine Diplomates

(2019, November) The Obesity Society, ObesityWeek- Las Vegas, NV

Czepiel, KS, Perez, NP, Campoverde Reyes, KJ., Sabharwal, S. and **Stanford, FC**.

(2020, October). "Pharmacotherapy for Weight Loss in Children, Adolescents, and Young Adults: An Evaluation of Current On- and Off-Label Usage." American Academy of Pediatrics Virtual National Conference & Exhibition Innovations in Obesity Prevention, Assessment, and Treatment Forum.

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Townsend MT, Kyle TK, Cready G, Zervios J, **Stanford FC**. Perceptions of Obesity, Weight Bias, and Weight-Based Discrimination Laws by Race/Ethnicity

(2022, June) American Society for Metabolic and Bariatric Surgery- Dallas, TX

Jain B, Bajaj SS, Amen TB, Dee EC, **Stanford FC**. Socioeconomic Disparities in Healthcare Utilization Among Patients with Obesity

(2022, November) The Obesity Society- San Diego, CA

Bajaj SS, Jain B, Amen TB, Dee EC, **Stanford FC**. Contemporary Patterns of Financial Toxicity Among Patients with Obesity

(2022, November) The Obesity Society- San Diego, CA

Zhou M, Bialonczyk D, Kyle T, Pash E, Naadglowski J, Broffman L, Golden A, **Stanford FC**, Tzvi D, Manalac R. Experiences of Stigma Among People Seeking Care for Obesity Compared to Other Stigmatized Conditions
(2022, November) The Obesity Society- San Diego, CA

Narrative Report

Introduction

I am one of the first fellowship-trained obesity medicine physician-scientists and educators, and I specialize in the care of adults, adolescents, and children with overweight and obesity. After completing my fellowship in obesity medicine & nutrition at MGH and HMS, and a Zuckerman fellowship as a mid-career Master of Public Administration student at the Harvard Kennedy School of Government in 2015, I joined the faculty at MGH and HMS, where I provide clinical care, supervise trainees, and conduct research on obesity, health policy, and health disparities to enhance our knowledge and quality of patient care in the United States and throughout the world. I am one of the most highly cited obesity medicine researchers ranking in the top 1% cited individuals in obesity worldwide.

Area of Excellence: Clinical Expertise and Innovation

My clinical interests and expertise focus on the practice of obesity medicine and nutrition. Since 2007, I have been actively involved in clinical work, providing and innovating treatment for patients with obesity; I receive referrals from colleagues locally, regionally, nationally, and internationally.

In the MGH Weight Center, I have evaluated and treated more than two thousand patients; and I have taught more than 50 HMS medical students, residents, and fellows each year in this setting. I have helped to develop both a standardized approach for the use of weight loss pharmacotherapy for adults and the pediatric treatment program for the MGH Weight Center. I am the only pediatrician on the Pediatric Guidelines Committee of the American Society of Metabolic and Bariatric Surgery (ASMBS) for the treatment of pediatric severe obesity (published 2018). I have developed a protocol for inadequate weight loss and weight regain which is utilized throughout the US and internationally as published in *Surgery for Obesity and Related Diseases*. I have given more than 200 invited presentations on the topic of obesity at local, regional, national, and international meetings. I have published over 170 peer-reviewed articles on which I serve as first author on 30 and senior author on 90 in the areas of obesity and health disparities. I serve as the Deputy Editor of *Contemporary Clinical Trials* and Associate Editor for *Frontiers in Pediatrics*. I serve as a peer reviewer for more than 60 medical journals on the topics of obesity, nutrition, physical activity, public health, health disparities, and health policy, and I serve as a member of grant review committees in obesity for the American Heart Association (AHA) and for the governments of Romania and Kazakhstan. I also currently serve as a clinical expert on obesity for the United States Department of Health and Human Services Office of Women's Health, the American Academy of Nutrition and Dietetics, the American College of Physicians (ACP), Dynamed/ Ebsco, and the Robert Wood Johnson Foundation (RWJF).

I have conducted clinical research across a broad spectrum of topics in clinical and policy in obesity medicine for pediatric and adult patients, and I have received funding which includes an NIH NIDDK Diversity Supplement, the MGH Physician Scientist Development Award, a Harvard Catalyst pilot award, and a sponsor-initiated research project with Amazon. My research has been published in high-impact journals, which include *Circulation*, *British Journal of Sports Medicine*, *JAMA Pediatrics*, *Mayo Clinic Proceedings*, and *International Journal of Obesity*. My research on anti-obesity medications (AOM) as an adjunct to metabolic and bariatric surgery (MBS) for inadequate weight loss or weight regain in patients has influenced the use of pharmacotherapy after MBS in patients around the world. This research was the first of its kind to demonstrate that AOM may be used across the age spectrum to garner additional weight loss and positive metabolic benefits in patients, and it has set the stage for other studies which support my original work in this area. These results have been published in *Surgery for Obesity and Related Diseases (SOARD)*, *Children*, and *Bariatric Surgical Practice and Patient Care*. From this work, I was able to develop an algorithm on how to utilize AOM after MBS which has been published in *SOARD* and utilized in weight management centers throughout the US and around the world. In addition, my research in disparities in obesity has served as a change agent for patients with obesity, especially in those from disenfranchised groups. My work was the first to evaluate coverage of AOM under the

Affordable Care Act, and it serves as current guide for work to improve AOM access for the US Department of Health and Human Services as published in the International Journal of Obesity. I have also demonstrated disparities in care with regards to access to metabolic and bariatric surgery for racial and ethnic minority patients throughout the life course, regardless of insurance status. I have also served as one of the primary advocates for “people first” language in obesity as demonstrated by work published in JAMA Pediatrics and the American Journal of Clinical Nutrition in which I advocate to ensure that nonbiased language in obesity, and I served as one of the primary authors on resolutions to support this which has been adopted by the American Medical Association and Massachusetts Medical Society. I was the invited keynote speaker to acknowledge obesity as a disease before their landmark vote to ensure its recognition by the American Medical Association. I have received national awards for my research which include the American Medical Association Health Policy Research Award.

I have been active in organized medicine, and I have been elected to leadership positions in the World Medical Association (WMA), the American Medical Association (AMA), the American College of Physicians (ACP), the American Academy of Pediatrics (AAP), The Obesity Society (TOS), Massachusetts Medical Society (MMS), Times Up Healthcare, and the American Heart Association (AHA). I am the immediate past chair to the Minority Affairs Section (MAS) of the AMA, Advocacy, Public Affairs and Regulatory Councilor for TOS, Immediate Past Chair of the MMS Nutrition and Physical Activity Committee, Founding Obesity Advisory Committee Chair and on the Publications Committee for ACP, Communications Chair for the AAP Section on Obesity, founding member of Times Up Healthcare and past representative to the National Academy of Sciences, and AHA Lifestyle and Cardiometabolic Health Obesity Committee Member.

I have received several awards for leadership. Upon completion of my MPH, I received the Gold Congressional Award, the highest honor that Congress bestows upon America’s youth. An American Medical Association (AMA) Foundation Leadership Award recipient in 2005, an AMA Paul Ambrose Award for national leadership among resident physicians in 2009, I was selected for the AMA Inspirational Physician Award in 2015. The American College of Physicians (ACP) selected me as the 2013 recipient of the Joseph E. Johnson Leadership Award and the Massachusetts ACP selected me for the Young Leadership Award in 2015. In 2020, I was named TOS Clinician of the Year. The AMA selected me for the AMA Pride of the Profession Award in 2021. I was the Distinguished Alumni Recipient for the Emory Rollins School of Public Health in 2021.

Teaching

I have been actively involved in teaching and supervision of medical students and residents since I began as a fellow at MGH/HMS. I lecture annually in the HMS Pathway course in Health Policy and taught nutrition in the second year for 5 years. I received a Certificate for Excellence in Tutoring in the HMS Health Policy New Pathway course, and I was a 2016 nominee for the HMS Donald O’Hara Faculty Prize for Excellence in Teaching (Years I & II). I serve as the Obesity Medicine Subspecialty Elective Director for students who rotate in Internal Medicine for MGH. I serve as a core educator for board preparation and serve on the outreach team for the American Board of Obesity Medicine (ABOM). In 2021, I was awarded the Harvard Medical School Young Mentor Award and the Massachusetts Medical Society Grant V. Rodkey Award for Outstanding Commitment to Medical Education. The Nutrition Obesity Research at Harvard (NORCH) awarded the Mentoring for Diversity and Inclusion Award in 2021 for my commitment to mentoring those from underrepresented groups in obesity and nutrition.

Supporting Activity: Education of Patients and Service to the Community

I have written for, and been featured in, numerous national news broadcasts, magazines, newspapers, and websites on issues related to obesity, and I speak frequently to lay populations to educate them about this disease. I have given more than 400 interviews for entities such as CNN, NY Times, Time, US News, and international outlets. I serve on the board of Common Threads, a national nonprofit which provides children and families with cooking and nutrition education to improve wellness and have

served as a key educator on obesity for the Academy of Breastfeeding Medicine and California WIC Association. I mentor pre-professional students through the Boston Area Health Education Center (BAHEC), the Health Professions Recruitment and Exposure Program (HPREP) at Harvard Medical School, and the New England Science Symposium. I am the 2017 recipient of the HMS Diversity Award and Massachusetts Medical Society (MMS) Women's Health Award. In 2019, I was selected as recipient of the MMS Suffolk District Community Clinician of the Year and Reducing Health Disparities Award.

Summary

I am a fellowship-trained obesity medicine physician scientist at Massachusetts General Hospital (MGH)/ Harvard Medical School (HMS). I have an international and national presence as an expert in obesity medicine and hold leadership positions which reflect this expertise. I have influenced clinical practice by helping to draft the current guidelines for metabolic and bariatric surgery in the pediatric population and the use of pharmacotherapy as an adjunct to bariatric surgery for inadequate weight loss or weight regain for the American Society for Metabolic and Bariatric Surgery. I regularly receive national and international invitations to speak to professional and lay audiences on obesity and diversity and inclusion. I currently hold leadership positions in the American Medical Association, American College of Physicians, American Academy of Pediatrics, American Heart Association, The Obesity Society, and the Massachusetts Medical Society. I have published more than 170 peer-reviewed articles on which I serve as first author on 30 and senior author on 90 in the areas of obesity and health disparities. I serve on the editorial boards for the International Journal of Obesity and Health Equity, and I serve as a peer reviewer for more than 60 medical journals including the New England Journal of Medicine, the Journal of the American Medical Association, the Annals of Internal Medicine, and Pediatrics. I have received leadership awards from the AMA, ACP, The Obesity Society, and Massachusetts Medical Society amongst others for my leadership in obesity medicine and diversity.